

i.safe MOBILE



MENU GUIDE

IS-SW1.1

MODEL MSW1A01

Document No. 1062MM04REV01

Version: 2023-03-08

(c) 2023 i.safe MOBILE GmbH

i.safe MOBILE GmbH

i_Park Tauberfranken 10

97922 Lauda-Koenigshofen

Germany

Tel. +49 9343 60148-0

info@isafe-mobile.com

www.isafe-mobile.com

Template: TEMPMM01REV10

CONTENTS

English	4
Deutsch	24
Česky	46
Dansk	68
Español	90
Suomi	112
Français	134
Magyar	156
Italiano	178
Nederlands	200
Norsk	222
Polski	244
Português	266
Português (BR)	288
Русский	310
Svenska	332
Hrvatski	354
Slovenská	376
Српски	398
한국어	420
日本語	442
中国	464
العربية	486

ENGLISH

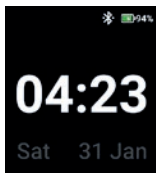
» SCREEN OVERVIEW



» Depending on where you are in the menu, press the Power key (1) to enter the start screen/ watch face or to enter the menu.

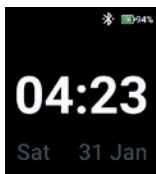
» Press the Side key right (2) to go back to previous screen.

» START SCREEN/WATCH FACE

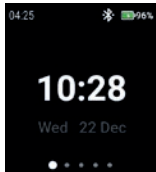


» Press the Power key to enter the start screen/watch face.

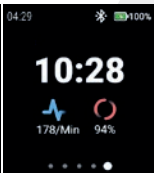
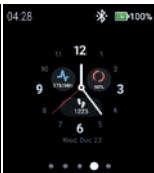
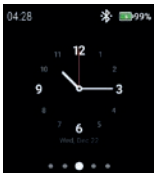
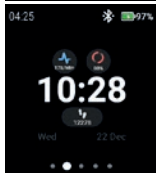
» CHANGE WATCH FACES



» Tap and hold on touchscreen.

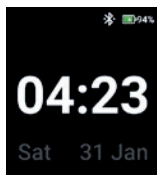


» Swipe from right to left to select an appropriate watch face.

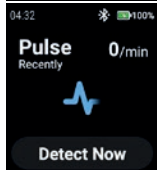


» Tap the watch face to select it.

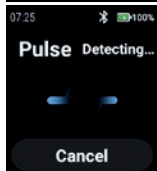
» DETECTING PULSE (MANUALLY)



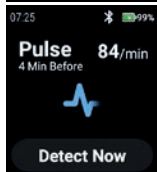
» Swipe from left to right.



» Tap to "Detect now".

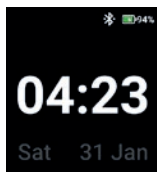


Pulse detecting

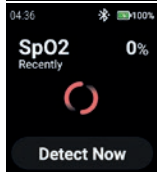


Current value for pulse/min is displayed top right.

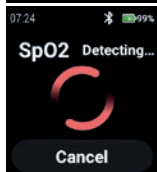
» DETECTING SPO₂ (MANUALLY)



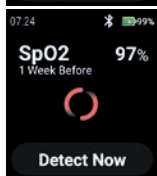
» Swipe from right to left.



» Tap to "Detect Now".



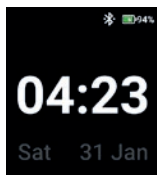
SpO₂ detecting



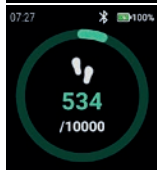
Current value for SpO₂ in % is displayed top right.

(normal case 93 % ... 99 %)

» STEP COUNTER

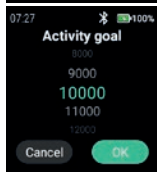


» Swipe 2 x from right to left.

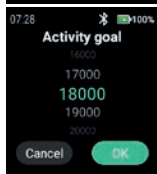


Current steps and current selected activity goal is displayed.

» Tap touchscreen to set/change the activity goal.



» Scroll up/down to select appropriate value.

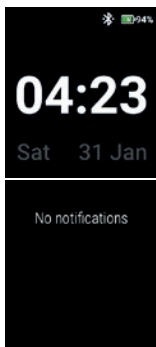


» Confirm with "OK".

NOTE

Counted steps are deleted at midnight automatically!

> NOTIFICATIONS

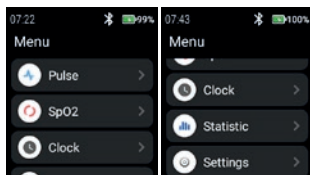


» Swipe from top to bottom.

Notifications are displayed.

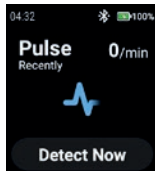
» MENU

» Press the Power key to enter the menu with the following options:



PULSE

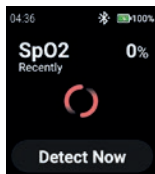
» Tap "Pulse" to enter pulse detection.



See section "Detecting Pulse (manually)".

SPO₂

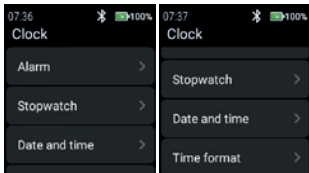
» Tap "SpO₂" to enter SpO₂ detection.



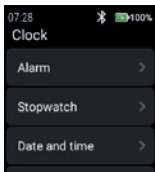
See section "Detecting SpO₂ (manually)".

CLOCK

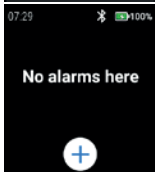
» Tap "Clock" to enter the clock menu to set alarm, to start stopwatch, to set date and time and to change the time format.



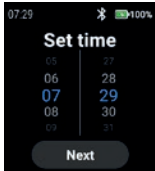
Alarm



» Tap "Alarm" to set an alarm.

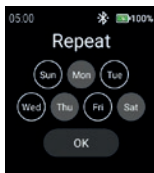


» Tap "+" to set a new alarm.

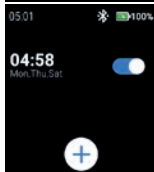


» Scroll up/down hours and minutes to set an appropriate alarm time.

» Confirm with "Next".

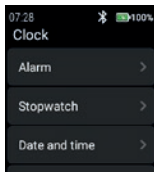


- » Select day(s) to repeat the alarm.
- » Confirm with "OK".

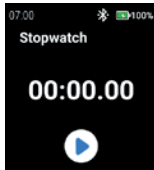


- » Enable/disable the alarm.

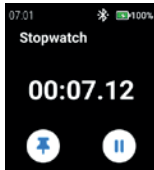
Stopwatch



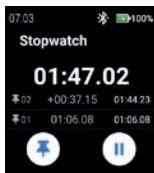
- » Tap "Stopwatch" to open the stopwatch.



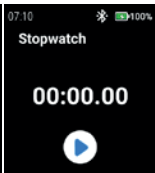
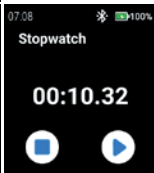
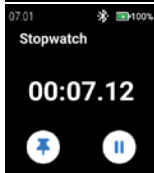
- » Tap the "arrow"-symbol to start the time measurement.



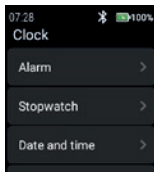
- » Tap "pause"-symbol to interrupt the time measurement.



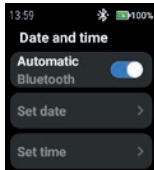
» Tap "pin needle"-symbol to get split times.



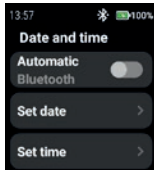
Date and time



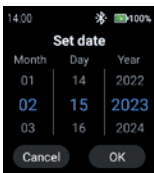
» Tap "Date and time" to set the date and time.



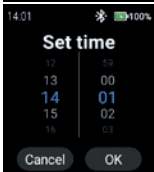
» Enable "Automatic" to use network provided time stamp (WiFi (stand alone)). Also in connection to a 2nd device (smartphone).



» To enter the date and time manually, disable the "Automatic"-mode and tap "Set date"/"Set time".

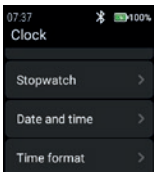


- » Scroll up/down to enter date.
- » Confirm with "OK".

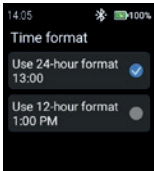


- » Scroll up/down to enter time.
- » Confirm with "OK".

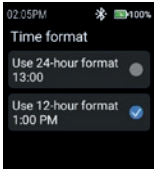
Time format



- » Tap "Time format" to select between 24-hour and 12-hour format.



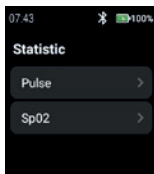
24-hour format



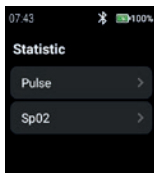
12-hour format

STATISTIC

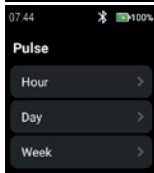
» Tap "Statistic" to enter the statistic menu.



Pulse



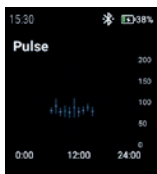
» Tap "Pulse" to select "Hour", "Day" or "Week".



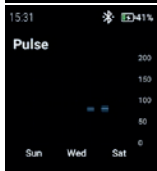
» Select "Hour", "Day" or "Week" to display appropriate records.



Pulse Hour

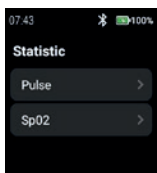


Pulse Day

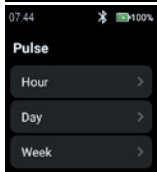


Pulse Week

SpO₂



» Tap "SpO₂" to select "Hour", "Day" or "Week".



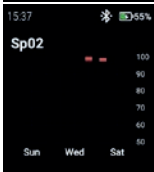
» Select "Hour", "Day" or "Week" to display appropriate records.



SpO₂ Hour



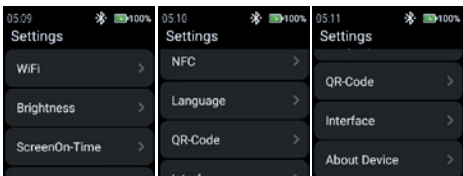
SpO₂ Day



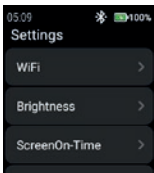
SpO₂ Week

SETTINGS

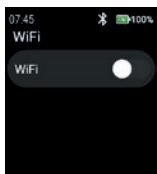
» Tap "Settings" to enter the settings menu.



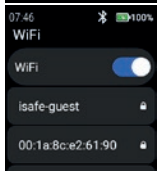
WiFi



» Tap "WiFi" to set up WiFi connection.



» Enable WiFi.



All available WiFi networks are displayed.

» Select appropriate network and enter the password when prompted.

NOTE

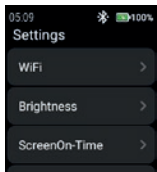
It's possible to use NFC feature to enter WiFi while using a programmed NFC-TAG!



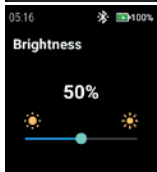
» Enter password for WiFi.

» Confirm with "Checkmark"-symbol.

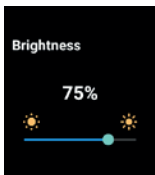
Brightness



» Tap "Brightness" to change the level of touchscreen brightness.



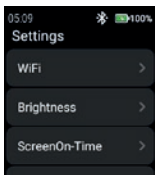
» To change the level of touchscreen brightness slide to left or right.



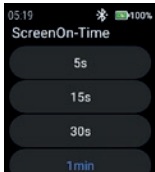
NOTE

Higher touchscreen brightness imply higher battery consumption!

ScreenOn-Time



» Tap "ScreenOn-Time" to set the ScreenOn-Time.

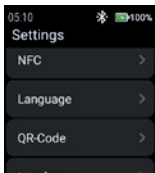


» Select appropriate screen on time (5 s ... 5 min).

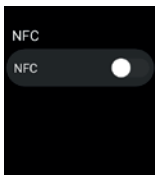
NOTE

Higher screen on time imply higher battery consumption!

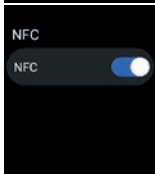
NFC



» Tap "NFC" to turn on/off NFC feature.

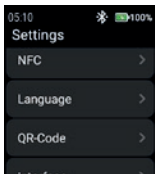


» Enable "NFC".

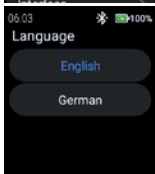


NFC is turned on.

Language



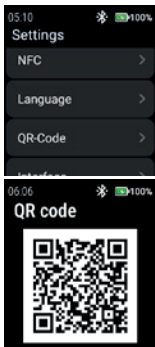
» Tap "Language" to select the language.



The smartwatch provides 2 language settings.

» Select between "English" or "German".

QR-Code



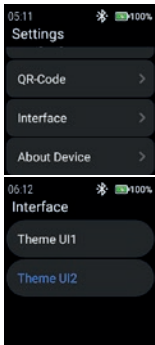
» Tap "QR-Code" to display the QR code.

QR code belonging to the watch for pairing with smartphone is displayed.

NOTE

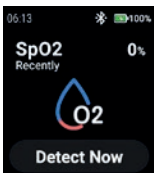
For pairing with smartphone install the i.safe CONNECT app (available on Google Play Store) on your smartphone.

Interface

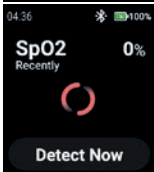


» Tap "Interface" to change the look of watch menu icons.

» Select between "Theme UI1" and "Theme UI2".



Theme UI1



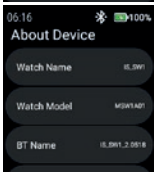
Theme UI2

About Device



» Tap "About device" to show info about the watch name, model, Bluetooth name, software version, serial number, Bluetooth & WiFi MAC-address and the possibility to set the watch back to factory.

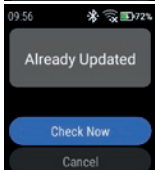
Selectable options: "SW Version" and "Factory reset"



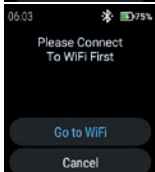
SW Version



» Tap "SW Version" to check for updates.



» Tap "Check Now" to start check for updates.



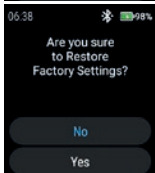
If the watch is not connected to the WiFi network, you are prompted to connect to WiFi.

» Tap "Go to WiFi" and proceed as described in section "Settings>WiFi".

Factory reset



» Tap "Factory reset" to set the watch back to factory.



» Tap "Yes" to t reset the watch to factory.

The watch will perform a factory reset.

DEUTSCH

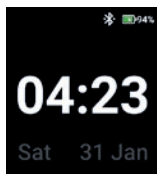
BILDSCHIRMÜBERSICHT



» Je nachdem, wo Sie sich im Menü befinden, drücken Sie die An-/Aus-Taste (1), um den Startbildschirm/das Zifferblatt aufzurufen oder um das Menü aufzurufen.

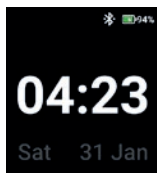
» Drücken Sie die Seitentaste rechts (2), um zum vorherigen Bildschirm zurückzukehren.

» STARTBILDSCHIRM/ZIFFERBLATT

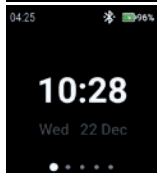


» Drücken Sie die An-/Aus-Taste, um den Startbildschirm/das Zifferblatt aufzurufen.

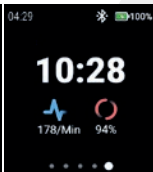
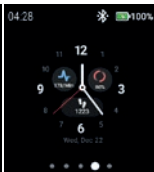
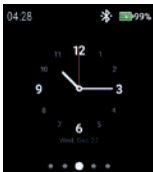
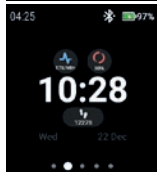
» ZIFFERBLATT WECHSELN



» Tippen und halten Sie auf dem Touchscreen.

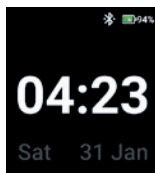


» Wischen Sie von rechts nach links, um ein passendes Zifferblatt auszuwählen.

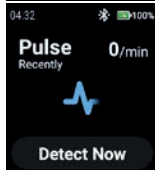


» Tippen Sie auf das Zifferblatt, um es auszuwählen.

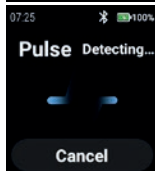
» PULSERFASSUNG (MANUELL)



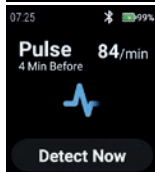
» Wischen Sie von links nach rechts.



» Tippen Sie auf „Jetzt suchen“.

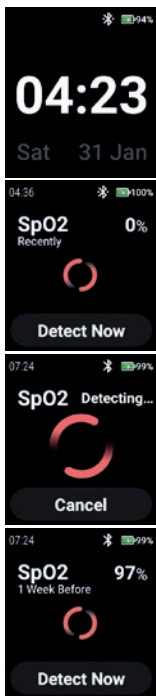


Pulserfassung



Der aktuelle Wert für Puls/Min wird oben rechts angezeigt..

› SPO₂-ERFASSUNG (MANUELL)



› Wischen Sie von rechts nach links.

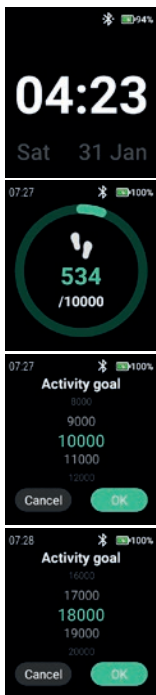
› Tippen Sie auf „Jetzt suchen“.

SpO₂-Erfassung

Der aktuelle Wert für SpO₂ in % wird oben rechts angezeigt.

(Normalfall 93 % ... 99 %)

» SCHRITZÄHLER



» Wischen Sie 2 x von rechts nach links.

Die aktuellen Schritte und das aktuell ausgewählte Aktivitätsziel werden angezeigt.

» Tippen Sie auf den Touchscreen, um das Aktivitätsziel einzustellen/ zu ändern.

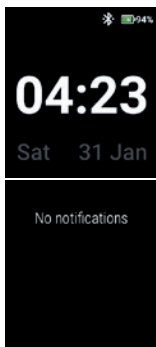
» Blättern Sie nach oben/unten, um den entsprechenden Wert auszuwählen.

» Bestätigen Sie mit „OK“.

HINWEIS

Gezählte Schritte werden um Mitternacht automatisch gelöscht!

> BENACHRICHTIGUNGEN

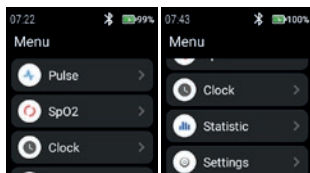


>> Wischen Sie von oben nach unten.

Benachrichtigungen werden angezeigt.

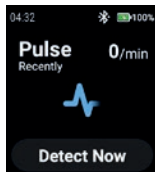
» MENÜ

» Drücken Sie die An-/Aus-Taste, um das Menü mit den folgenden Optionen aufzurufen:



PULS

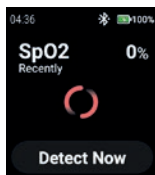
» Tippen Sie auf „Puls“, um die Pulserfassung aufzurufen.



Siehe Abschnitt „Pulserfassung (manuell)“.

SPO₂

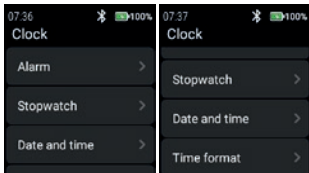
» Tippen Sie auf „SpO2“, um die SpO2-Erkennung aufzurufen.



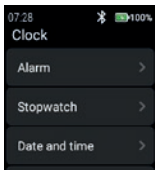
Siehe Abschnitt „SpO2-Erfassung (manuell)“.

UHR

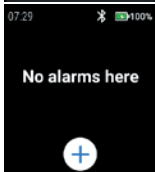
» Tippen Sie auf „Uhr“, um das Menü „Uhr“ aufzurufen, um den Alarm einzustellen, die Stoppuhr zu starten, Datum und Uhrzeit einzustellen und das Zeitformat zu ändern.



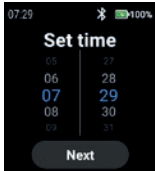
Alarm



» Tippen Sie auf „Alarm“, um einen Alarm einzustellen.

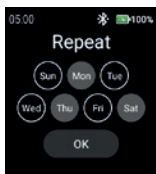


» Tippen Sie auf „+“, um einen neuen Alarm einzustellen.

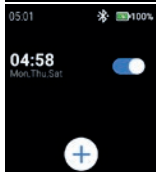


» Blättern Sie die Stunden und Minuten nach oben/unten, um eine geeignete Weckzeit einzustellen.

» Bestätigen Sie mit „Nächster“.

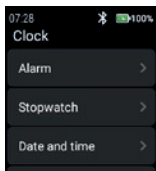


- » Wählen Sie den Tag/die Tage, an dem/denen der Alarm wiederholt werden soll.
- » Bestätigen Sie mit „OK“.

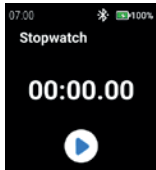


- » Aktivieren/Deaktivieren Sie den Alarm.

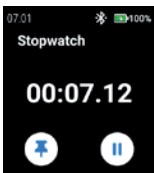
Stoppuhr



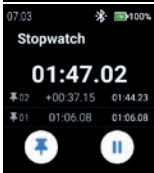
- » Tippen Sie auf „Stoppuhr“, um die Stoppuhr zu öffnen.



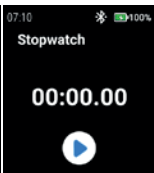
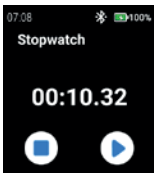
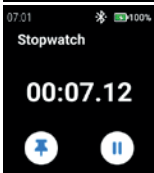
- » Tippen Sie auf das „Pfeil“-Symbol, um die Zeitmessung zu starten.



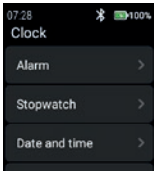
» Tippen Sie auf das „Pause“-Symbol, um die Zeitmessung zu unterbrechen.



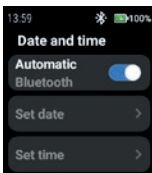
» Tippen Sie auf das „Nadel“-Symbol, um Zwischenzeiten zu erhalten.



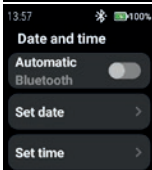
Datum und Uhrzeit



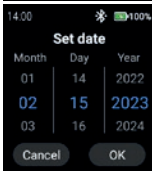
» Tippen Sie auf „Datum und Uhrzeit“, um das Datum und die Uhrzeit einzustellen.



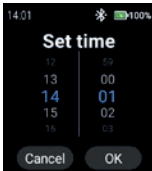
» Aktivieren Sie „Automatisch“, um den vom Netzwerk bereitgestellten Zeitstempel zu verwenden (WiFi (stand alone)). Auch in Verbindung mit einem zweiten Gerät (Smartphone).



» Um das Datum und die Uhrzeit manuell einzugeben, deaktivieren Sie den „Automatisch“-Modus und tippen Sie auf „Datum einstellen“/„Zeit einstellen“.

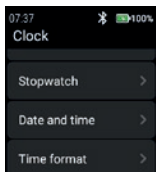


» Blättern Sie nach oben/unten, um das Datum einzugeben.
» Bestätigen Sie mit „OK“.

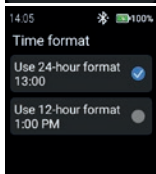


» Blättern Sie nach oben/unten, um die Uhrzeit einzugeben.
» Bestätigen Sie mit „OK“.

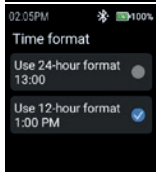
Zeitformat



» Tippen Sie auf „Zeitformat“, um zwischen dem 24-Stunden- und dem 12-Stunden-Format zu wählen.



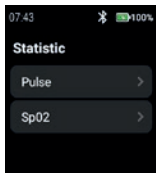
24-Stunden-Format



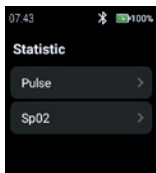
12-Stunden-Format

STATISTIKEN

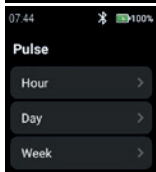
» Tippen Sie auf „Statistiken“, um das Menü „Statistiken“ aufzurufen.



Pulse



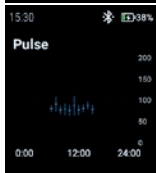
» Tippen Sie auf „Puls“, um „Stunde“, „Tag“ oder „Woche“ zu wählen.



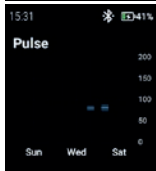
» Wählen Sie „Stunde“, „Tag“ oder „Woche“, um die entsprechenden Datensätze anzuzeigen.



Puls Stunde

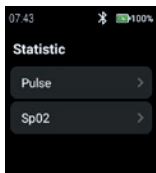


Puls Tag

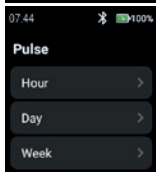


Puls Woche

SpO₂



» Tippen Sie auf „SpO₂“, um „Stunde“, „Tag“ oder „Woche“ auszuwählen.



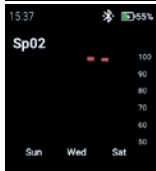
» Wählen Sie „Stunde“, „Tag“ oder „Woche“, um die entsprechenden Datensätze anzuzeigen.



SpO₂ Stunde



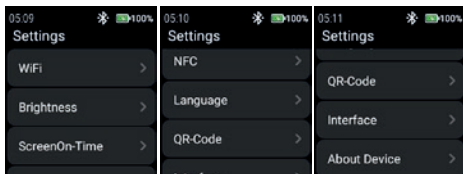
SpO₂ Tag



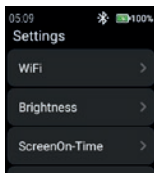
SpO₂ Woche

EINSTELLUNGEN

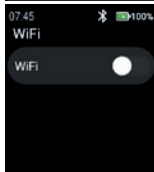
» Tippen Sie auf „Einstellungen“, um das Einstellungsmenü aufzurufen.



WLAN



» Tippen Sie auf „WLAN“, um die WLAN-Verbindung einzurichten.



» Aktivieren Sie „WLAN“.

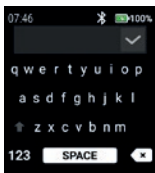


Alle verfügbaren WLAN-Netzwerke werden angezeigt.

» Wählen Sie ein geeignetes Netzwerk aus und geben Sie das Passwort ein, wenn Sie dazu aufgefordert werden.

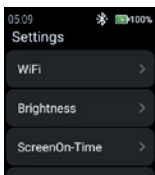
HINWEIS

Um das WLAN einzurichten, können Sie auch die NFC-Funktion nutzen und einen programmierten NFC-TAG verwenden!

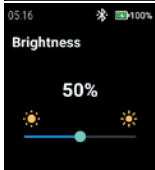


- » Geben Sie das Passwort für das WLAN-Netzwerk ein.
- » Bestätigen Sie mit dem „Häkchen“-Symbol.

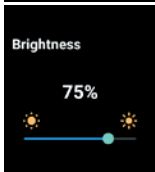
Helligkeit



- » Tippen Sie auf „Helligkeit“, um die Helligkeit des Displays zu ändern.



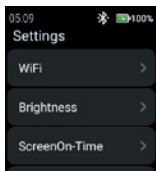
- » Um die Helligkeit des Displays zu ändern, schieben Sie nach links oder rechts.



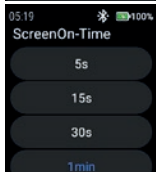
HINWEIS

Eine höhere Display-Helligkeit bedeutet einen höheren Batterieverbrauch!

Display timeout



» Tippen Sie auf „Display timeout“, um die Display-Einschaltdauer einzustellen.

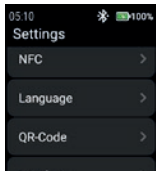


» Wählen Sie eine geeignete Einschaltdauer (5 s ... 5 min).

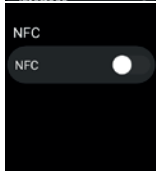
HINWEIS

Eine höhere Einschaltdauer bedeutet einen höheren Batterieverbrauch!

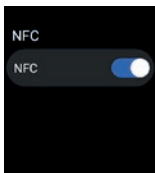
NFC



» Tippen Sie auf „NFC“, um die NFC-Funktion ein-/auszuschalten.

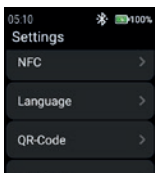


» Aktivieren Sie „NFC“.

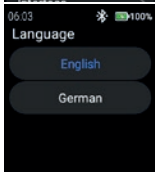


NFC ist eingeschaltet.

Sprache



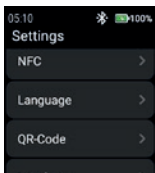
» Tippen Sie auf „Sprache“, um die Sprache auszuwählen.



Die Smartwatch bietet 2 Spracheinstellungen.

» Wählen Sie zwischen „Englisch“ und „Deutsch“.

QR-Code



» Tippen Sie auf „QR-Code“, um den QR-Code anzuzeigen.

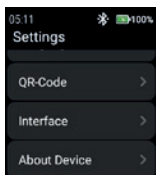


Der zur Uhr gehörende QR-Code für die Kopplung mit dem Smartphone wird angezeigt.

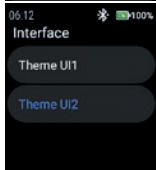
HINWEIS

Für die Kopplung mit dem Smartphone installieren Sie die i.safe CONNECT App (erhältlich im Google Play Store) auf Ihrem Smartphone.

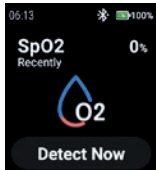
Schnittstelle



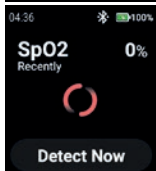
» Tippen Sie auf „Schnittstelle“, um das Aussehen der Menüsymbole der Uhr zu ändern.



» Wählen Sie zwischen „Theme UI1“ und „Theme UI2“.

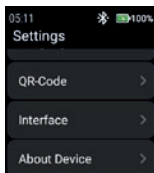


Thema UI1



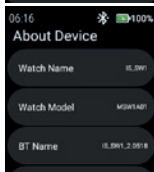
Thema UI2

Über das Gerät



» Tippen Sie auf „Über das Gerät“, um Informationen über den Namen der Uhr, das Modell, den Bluetooth-Namen, die Softwareversion (SW-Version), die Seriennummer, die Bluetooth- und WLAN-MAC-Adresse und die Möglichkeit, die Uhr auf die Werkseinstellungen (Factory reset) zurückzusetzen, anzuzeigen.

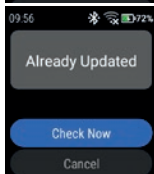
Wählbare Optionen: „SW Version“ und „Factory reset“



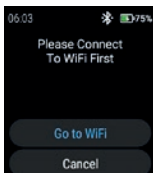
SW Version



» Tippen Sie auf „SW Version“, um nach Updates zu suchen.



» Tippen Sie auf „Jetzt prüfen“, um die Prüfung auf Updates zu starten.



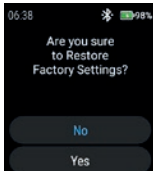
Wenn die Uhr nicht mit dem WLAN-Netzwerk verbunden ist, werden Sie aufgefordert, eine Verbindung zum WLAN herzustellen.

» Tippen Sie auf „Go to WiFi“ und fahren Sie fort wie im Abschnitt „Einstellungen>WLAN“ beschrieben.

Factory reset



» Tippen Sie auf „Factory reset“, um die Uhr auf die Werkseinstellungen zurückzusetzen.



» Tippen Sie auf „Ja“, um die Uhr auf die Werkseinstellungen zurückzusetzen.

Die Uhr führt einen Werksreset durch.

ČESKY

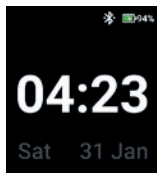
» PŘEHLED OBRAZOVEK



» V závislosti na tom, kde se v nabídce nacházíte, stiskněte tlačítko napájení (1) pro vstup na úvodní obrazovku/čelní plochu hodinek nebo pro vstup do nabídky.

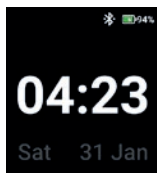
» Stisknutím bočního tlačítka vpravo (2) se vrátíte na předchozí obrazovku.

» ÚVODNÍ OBRAZOVKA/OBLIČEJ HODINEK

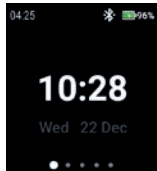


» Stisknutím klávesy Napájení vstoupíte na úvodní obrazovku/čelní plochu hodinek.

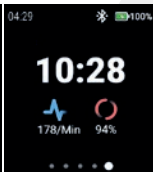
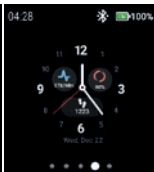
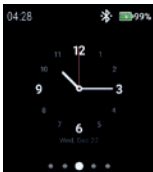
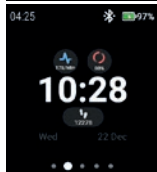
» ZMĚNA CIFERNÍKŮ HODINEK



» Klepněte na displej a podržte jej.

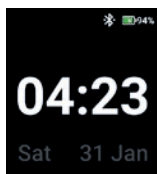


» Přejetím zprava doleva vyberte vhodný ciferník hodinek.

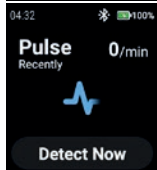


» Klepnutím na ciferník hodinek jej vyberte.

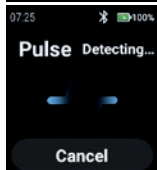
» DETEKCE PULSU (RUČNĚ)



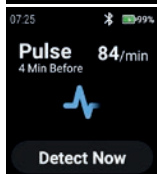
» Přejeďte prstem zleva doprava.



» Klepnutím na položku „Detect now“ (Zjistit nyní).

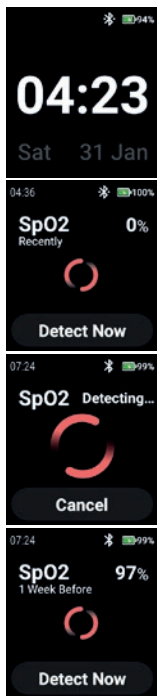


Detekce pulsu



Aktuální hodnota pulsu/min se zobrazí vpravo nahoře.

» DETEKCE SPO2 (RUČNĚ)



» Přejeďte prstem zprava doleva.

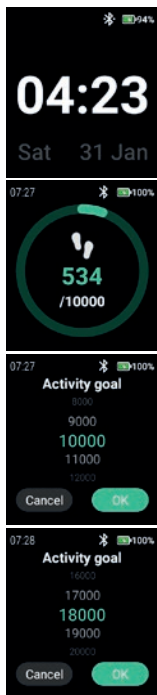
» Klepnutím na položku „Detect Now“ (Zjistit nyní).

Detekce SpO₂

Aktuální hodnota pro SpO₂ v % se zobrazuje vpravo nahoře.

(v normálním případě 93 % ... 99 %).

» POČÍTADLO KROKŮ



» Přejeďte 2 x zprava doleva.

Zobrazí se aktuální počet kroků a aktuálně zvolený cíl aktivity.

» Klepnutím na displej nastavíte/změníte cíl aktivity.

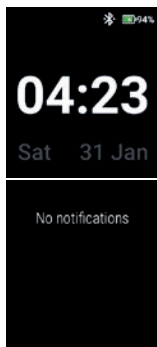
» Posunutím nahoru/dolů vyberte příslušnou hodnotu.

» Potvrďte stisknutím tlačítka „OK“.

POZNÁMKA:

Počítané kroky se o půlnoci automaticky vymažou!

> OZNÁMENÍ

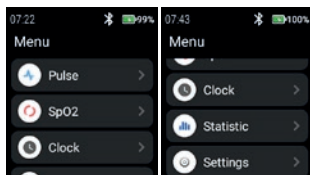


>> Přejeďte prstem shora dolů.

Zobrazí se oznámení.

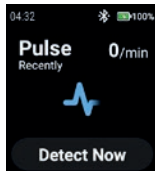
» MENU

» Stisknutím tlačítka Power vstupte do nabídky s následujícími možnostmi:



PULSE

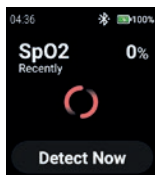
» Klepnutím na „Pulse“ (Puls) vstoupíte do detekce pulsu.



Viz část „Detekce pulsu (ručně)“.

SPO₂

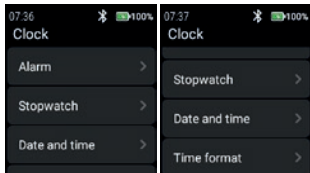
» Klepnutím na „SpO₂“ vstoupíte do detekce SpO₂.



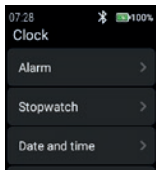
Viz část „Detekce SpO₂ (ručně)“.

CLOCK

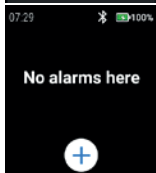
» Klepnutím na „Clock“ (Hodiny) vstupte do nabídky Clock (Hodiny) pro nastavení budíku, spuštění stopek, nastavení data a času a změnu formátu času.



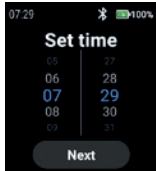
Alarm



» Klepnutím na „Alarm“ nastavíte budík.

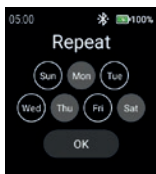


» Klepnutím na „+“ nastavíte nový budík.



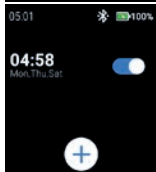
» Posouváním nahoru/dolů po hodinách a minutách nastavte vhodný čas budíku.

» Potvrďte tlačítkem „Next“.



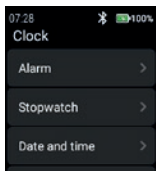
» Zvolte den (dny) pro opakování budíku.

» Potvrďte tlačítkem „OK“.

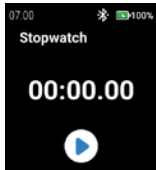


» Povolte/zakázać budík.

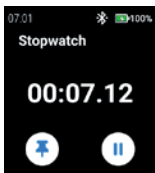
Stopwatch



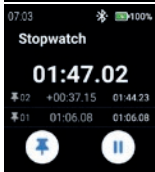
» Klepnutím na „Stopwatch“ otevřete stopky.



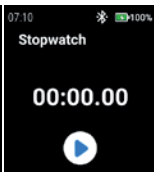
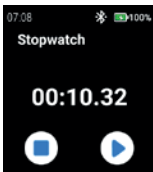
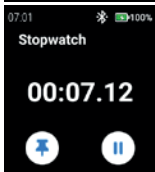
» Klepnutím na symbol „šipky“ spustíte měření času.



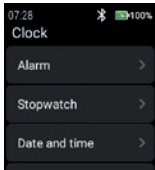
» Klepnutím na symbol „pauza“ přerušíte měření času.



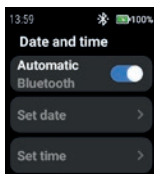
» Klepnutím na symbol „jehla“ získáte rozdělené časy.



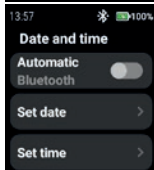
Date and time



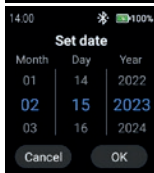
» Klepnutím na „Date and time“ (Datum a čas) nastavíte datum a čas.



» Povolte „Automatic“ pro použití časového razítka poskytovaného sítí (WiFi (samostatně)). Také při připojení k 2. zařízení (chytrý telefon).

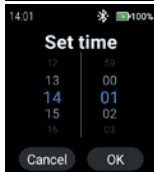


» Chcete-li zadat datum a čas ručně, vypněte režim „Automatic“ a klepněte na „Set date“/„Set time“.



» Posunutím nahoru/dolů zadejte datum.

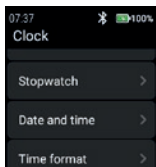
» Potvrďte tlačítkem „OK“.



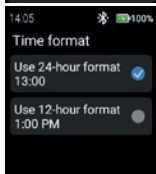
» Pro zadání času přejděte nahoru/dolů.

» Potvrďte tlačítkem „OK“.

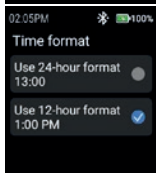
Time format



» Klepnutím na „Time format“ (Formát času) vyberte mezi 24hodinovým a 12hodinovým formátem.



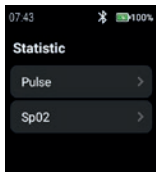
24hodinový formát



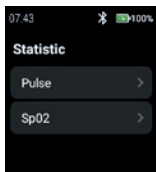
12hodinový formát

STATISTIC

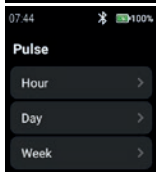
» Klepnutím na „Statistic“ (Statistika) vstupte do nabídky statistik.



Pulse



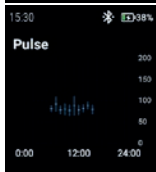
» Klepnutím na „Pulse“ vyberte „Hour“, „Day“ nebo „Week“.



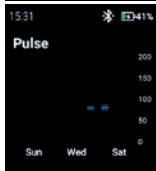
» Výběrem „Hour“ (Hodina), „Day“ (Den) nebo „Week“ (Týden) zobrazíte příslušné záznamy.



Pulse Hour (Hodina)

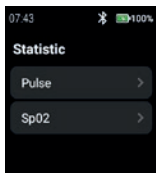


Pulse Day (Pulsní den)

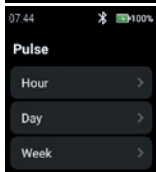


Pulse Week (Týden)

SpO₂



» Klepnutím na „SpO₂“ vyberte „Hour“ (Hodina), „Day“ (Den) nebo „Week“ (Týden).



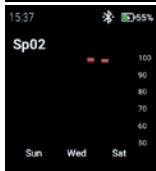
» Výběrem „Hour“ (Hodina), „Day“ (Den) nebo „Week“ (Týden) zobrazíte příslušné záznamy.



SpO₂ Hour (Hodina)



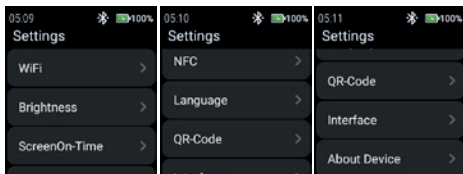
SpO₂ Day (Pulsní den)



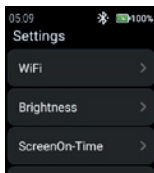
SpO₂ Week (Týden)

SETTINGS

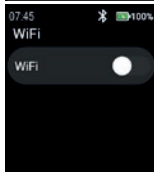
» Klepnutím na „Settings“ (Nastavení) vstupte do nabídky nastavení.



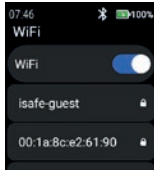
WiFi



» Klepnutím na „WiFi“ nastavte připojení WiFi.



» Povolte „WiFi“.

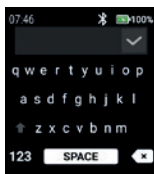


Zobrazí se všechny dostupné sítě WiFi.

» Vyberte vhodnou z nich a po výzvě zadejte heslo.

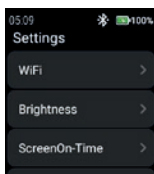
POZNÁMKA:

Pro vstup do sítě WiFi je možné použít funkci NFC a zároveň použít naprogramovaný NFC-TAG!

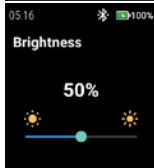


- » Zadejte heslo pro WiFi.
- » Potvrďte zaškrtnutím „Checkmark“.

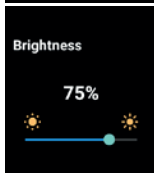
Brightness



- » Klepnutím na „Brightness“ (Jas) změníte úroveň jasu displeje.



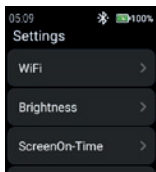
- » Úroveň jasu displeje změníte posunutím doleva nebo doprava.



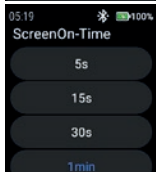
POZNÁMKA:

Vyšší jas displeje znamená vyšší spotřebu baterie!

ScreenOn-Time



» Klepnutím na „ScreenOn-Time“ nastavíte čas zapnutí obrazovky.

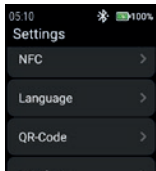


» Vyberte vhodnou dobu zapnutí obrazovky (5 s ... 5 min).

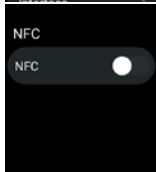
POZNÁMKA:

Vyšší doba zapnutí obrazovky znamená vyšší spotřebu baterie!

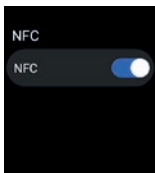
NFC



» Klepnutím na „NFC“ zapnete/vypnete funkci NFC.

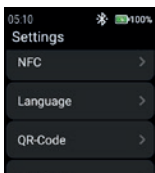


» Zapněte funkci „NFC“.

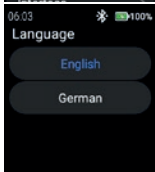


Funkce NFC je zapnutá.

Language



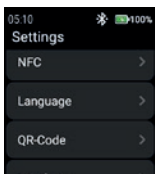
» Klepnutím na „Language“ vyberte jazyk.



Chytré hodinky poskytují 2 nastavení jazyka.

» Vyberte mezi „English“ a „German“.

QR-Code



» Klepnutím na „QR-Code“ zobrazíte QR kód.

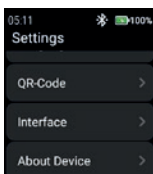


Zobrazí se QR kód náležející hodinkám pro spárování s chytrým telefonem.

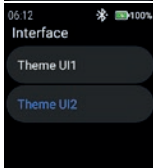
POZNÁMKA:

Pro spárování s chytrým telefonem nainstalujte do chytrého telefonu aplikaci i.safe CONNECT (dostupná v obchodě Google Play).

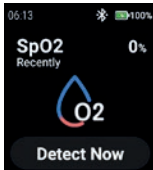
Interface



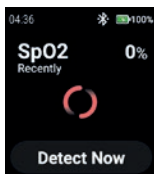
» Klepnutím na „Interface“ (Rozhraní) změníte vzhled ikon nabídky hodinek.



» Vybete mezi „Theme UI1“ a „Theme UI2“.

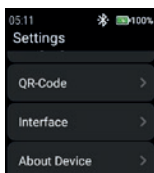


Theme UI1



Theme UI2

About device



» Klepnutím na „About device“ (O zařízení) zobrazíte informace o názvu hodinek, modelu, názvu Bluetooth, verzi softwaru, sériovém čísle, MAC-adrese Bluetooth a WiFi a možnost nastavení hodinek zpět do továrního nastavení.

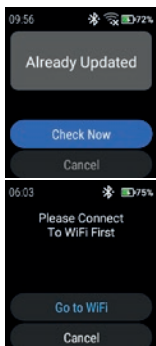
Vybrané možnosti: „SW Version“ a „Factory reset“.



SW Version



» Klepnutím na „SW Version“ zkontrolujte, zda nejsou k dispozici aktualizace.

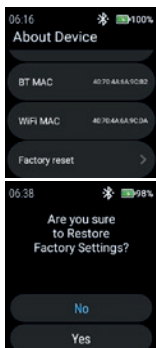


» Klepnutím na „Check Now“ zahájíte kontrolu aktualizací.

Pokud hodinky nejsou připojeny k síti WiFi, zobrazí se výzva k připojení k WiFi.

» Klepněte na „Go to WiFi“ (Přejít na WiFi) a postupujte podle popisu v části „Settings>WiFi“ (Nastavení>WiFi).

Factory reset



» Klepnutím na „Factory reset“ (Obnovení továrního nastavení) uvedete hodinky do továrního nastavení.

» Klepnutím na „Yes“ (Ano) obnovíte tovární nastavení hodinek.

Hodinky provedou obnovení továrního nastavení.

DANSK

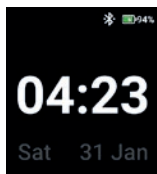
» SKÆRMOVERSIGT



» Afhængigt af hvor du befinder dig i menuen, skal du trykke på tænd/sluk-tasten (1) for at komme ind på startskærmen/urskiven eller for at gå ind i menuen.

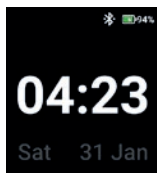
» Tryk på sidetasten til højre (2) for at gå tilbage til den forrige skærm.

» STARTSKÆRM/URSKIVE

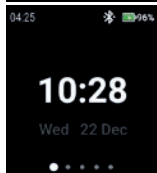


» Tryk på Power-tasten for at åbne startskærmen/urskiven.

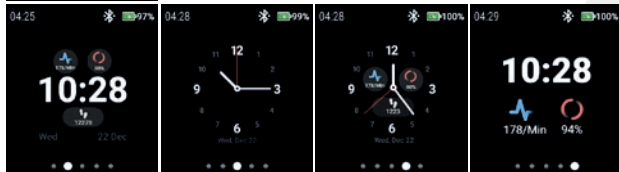
» ÆNDRING AF URSKIVER



» Tryk og hold på displayet.

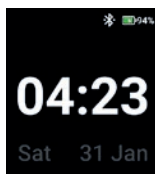


» Stryg fra højre til venstre for at vælge en passende urskive.

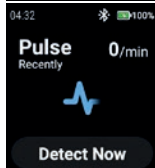


» Tryk på urskiven for at vælge den.

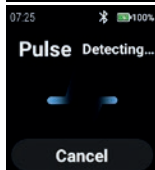
» DETEKTERING AF PULS (MANUELT)



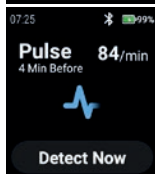
» Stryg fra venstre til højre.



» Tryk på for at „Detect now“.

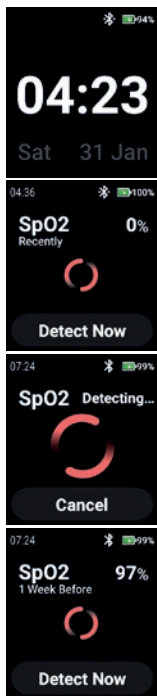


Puls detektering



Den aktuelle værdi for puls/min vises øverst til højre.

» DETEKTERING AF SPO2 (MANUELT)



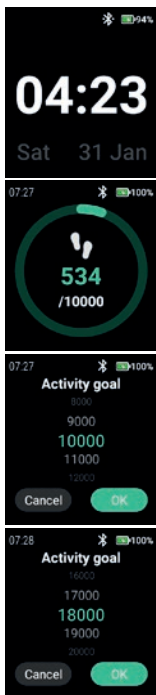
» Stryg fra højre til venstre.

» Tryk på for at „Detect now“.

SpO₂ detekteringDen aktuelle værdi for SpO₂ i % vises øverst til højre.

(normaltilfælde 93 % ... 99 %)

» STEP COUNTER



» Stryg 2 x fra højre til venstre.

Aktuelle skridt og det aktuelle valgte aktivitetsmål vises.

» Tryk på displayet for at indstille/ændre aktivitetsmålet.

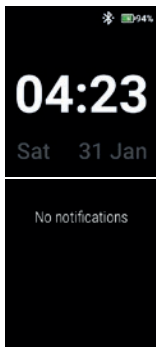
» Rul op/ned for at vælge passende værdi.

» Bekræft med „OK“.

BEMÆRK

Optællede skridt slettes automatisk ved midnat!

> NOTIFICATIONS

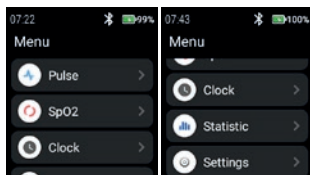


» Stryg fra top til bund.

Meddelelser vises.

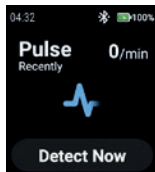
» MENU

» Tryk på Power-tasten for at få adgang til menuen med følgende muligheder:



PULSE

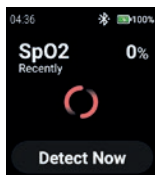
» Tryk på „Pulse“ for at gå ind i pulseringsregistrering.



Se afsnittet „Detektering af puls (manuelt)“.

SPO₂

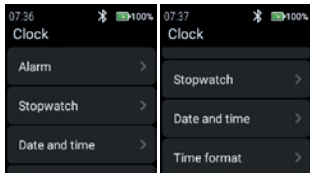
» Tryk på „SpO2“ for at åbne SpO2-detektion.



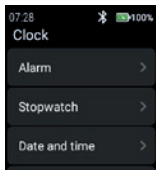
Se afsnittet „Detektering af SpO2 (manuelt)“.

CLOCK

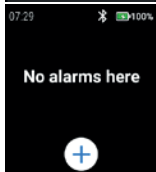
» Tryk på „Clock“ for at åbne menuen Clock (Ur) for at indstille alarm, starte stopur, indstille dato og klokkeslæt og ændre tidsformatet.



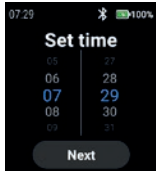
Alarm



» Tryk på „Alarm“ for at indstille en alarm.

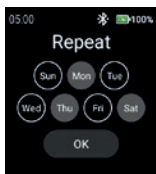


» Tryk på „+“ for at indstille en ny alarm.



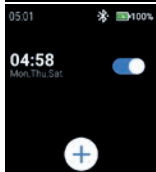
» Rul op/ned i timer og minutter for at indstille et passende alarm-tidspunkt.

» Bekræft med „Next“ (Næste).



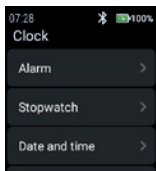
» Vælg dag(e) for at gentage alarmen.

» Bekræft med „OK“.

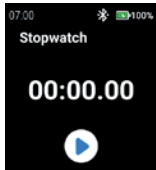


» Aktiver/deaktiver alarmen.

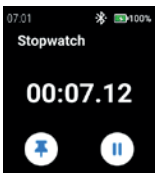
Stopwatch



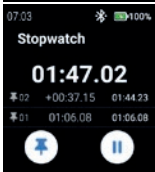
» Tryk på „Stopwatch“ for at åbne stopuret.



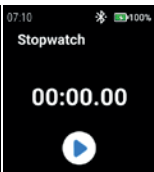
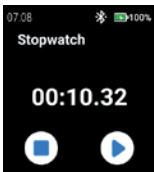
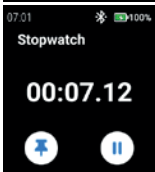
» Tryk på „pil“-symbolet for at starte tidsmåling.



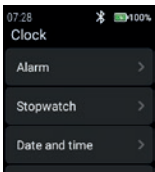
» Tryk på „pause“-symbolet for at afbryde tidsmålingen.



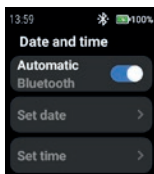
» Tryk på „pin needle“-symbolet for at få opdelt tider.



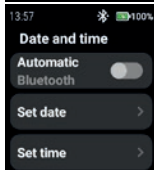
Date and time



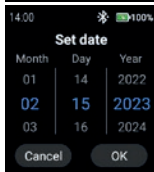
» Tryk på „Date and time“ for at indstille dato og klokkeslæt.



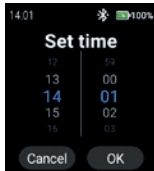
» Hvis du vil indtaste dato og klokkeslæt manuelt, skal du deaktivere „Automatic“-tilstanden og trykke på „Set date“/„Set time“.



» Hvis du vil indtaste dato og klokkeslæt manuelt, skal du deaktivere „Automatic“-tilstanden og trykke på „Set date“/„Set time“.

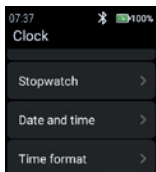


» Rul op/ned for at indtaste dato.
» Bekræft med „OK“.

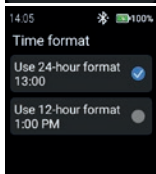


» Rul op/ned for at indtaste klokkeslæt.
» Bekræft med „OK“.

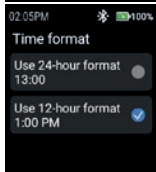
Time format



» Tryk på „Time format“ for at vælge mellem 24-timers- og 12-timersformat.



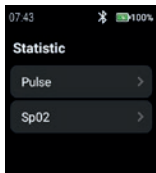
24-timers format



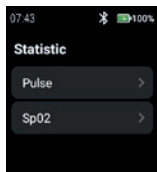
12-timers format

STATISTIC

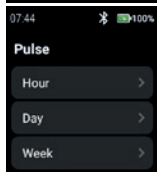
» Tryk på „Statistic“ for at åbne statistikmenuen.



Pulse



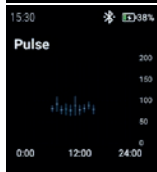
» Tryk på „Pulse“ for at vælge „Hour“, „Day“ eller „Week“.



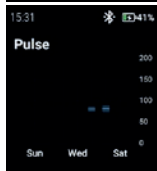
» Vælg „Hour“, „Day“ eller „Week“ for at få vist de relevante registreringer.



Pulse Hour

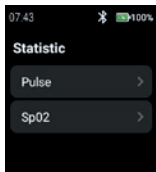


Pulse Day

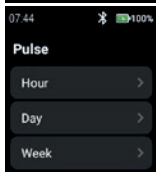


Pulse Week

SpO₂



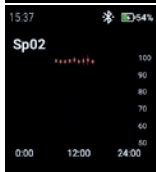
» Tryk på „SpO₂“ for at vælge „Hour“, „Day“ eller „Week“.



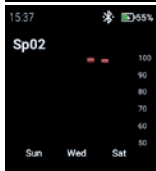
» Vælg „Hour“, „Day“ eller „Week“ for at få vist de relevante registreringer.



SpO₂ Hour



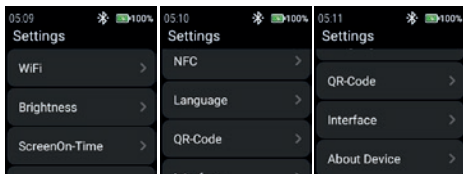
SpO₂ Day



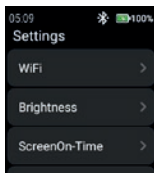
SpO₂ Week

SETTINGS

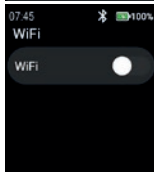
» Tryk på „WiFi“ for at oprette en WiFi-forbindelse.



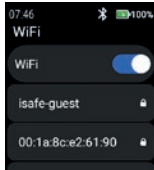
WiFi



» Tryk på „WiFi“ for at oprette en WiFi-forbindelse.



» Aktiver „WiFi“.

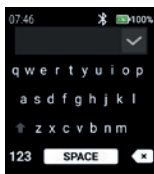


Alle tilgængelige WiFi-netværk vises.

» Vælg det passende, og indtast adgangskoden, når du bliver bedt om det.

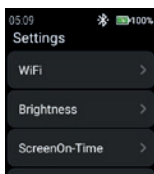
BEMÆRK

Det er muligt at bruge NFC-funktionen til at gå ind på WiFi, mens du bruger en programmeret NFC-TAG!

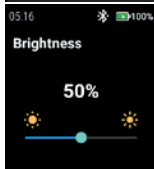


- » Indtast adgangskode til WiFi.
- » Bekræft med „Checkmark“.

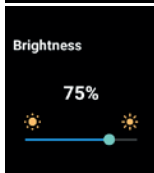
Brightness



- » Tryk på „Brightness“ (Lysstyrke) for at ændre niveauet for skærmens lysstyrke.



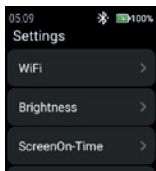
- » For at ændre niveauet for skærmens lysstyrke skubbes til venstre eller højre.



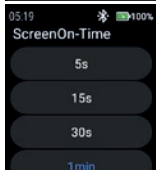
BEMÆRK

Højere lysstyrke på skærmen indebærer et højere batteriforbrug!

ScreenOn-Time



» Tryk på „ScreenOn-Time“ for at indstille ScreenOn-Time.

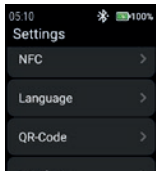


» Vælg passende skærm på-tid (5 s ... 5 min).

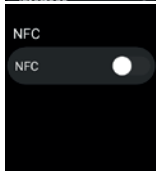
BEMÆRK

Højere skærm på tid indebærer højere batteriforbrug!

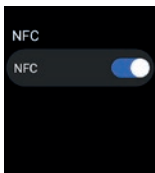
NFC



» Tryk på „NFC“ for at slå NFC-funktionen til/fra.

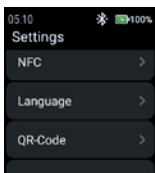


» Aktiver „NFC“.

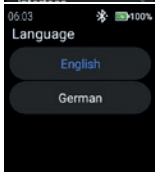


NFC er slået til.

Language

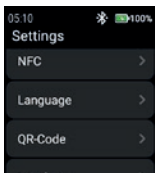


» Tryk på „Language“ for at vælge sprog.



Smartwatchet har 2 sprogindstillinger.
» Vælg mellem „English“ eller „German“.

QR-Code



» Tryk på „QR-kode“ for at få vist QR-koden.

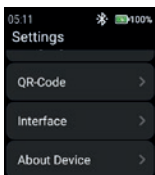


QR-koden, der hører til uret til paring med smartphone, vises.

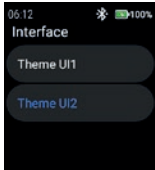
BEMÆRK

For paring med smartphone skal du installere i.safe CONNECT-ap-
pen (tilgængelig i Google Play Store) på din smartphone.

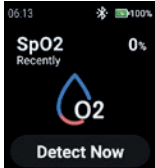
Interface



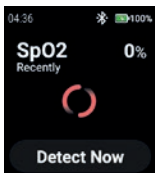
» Tryk på „Interface“ for at ændre udseendet af urets menuikoner.



» Vælg mellem „Theme UI1“ og „Theme UI2“.

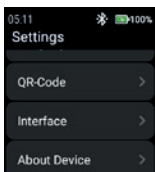


Theme UI1



Theme UI2

About Device



» Tryk på „About device“ for at få vist oplysninger om urets navn, model, Bluetooth-navn, softwareversion, serienummer, Bluetooth- og WiFi- MAC-adresse og muligheden for at indstille uret tilbage til fabriksindstillingerne.

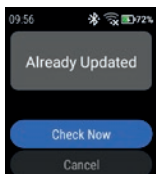
Valgmuligheder: „SW Version“ og „Factory reset“



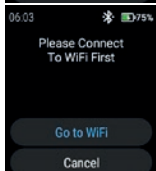
SW Version



» Tryk på „SW Version“ for at kontrollere, om der er opdateringer.



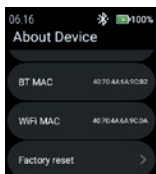
» Tryk på „Check Now“ for at starte kontrollen efter opdateringer.



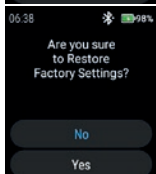
Hvis uret ikke er forbundet til WiFi-netværket, bliver du bedt om at oprette forbindelse til WiFi.

» Tryk på „Go to WiFi“, og fortsæt som beskrevet i afsnittet „Settings>WiFi“.

Factory reset



» Tryk på „Factory reset“ for at indstille uret tilbage til fabriksindstillingerne.



» Tryk på „Yes“ for at nulstille uret til fabriksindstillingerne.

Uret udfører en fabriksnulstilling.

ESPAÑOL

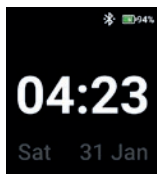
» RESUMEN DE PANTALLAS



» Dependiendo de dónde se encuentre en el menú, pulse la tecla Encendido (1) para acceder a la pantalla de inicio/cara del reloj o para entrar en el menú.

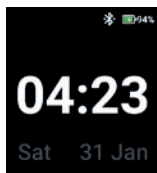
» Pulse la tecla lateral derecha (2) para volver a la pantalla anterior.

» PANTALLA DE INICIO/RELOJ

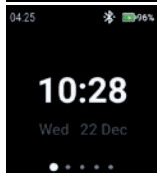


» Pulse la tecla de encendido para acceder a la pantalla de inicio o a la esfera del reloj.

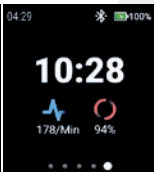
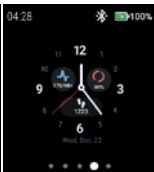
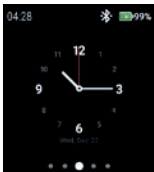
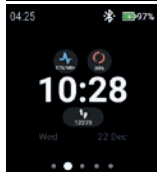
» CAMBIAR ESFERAS DEL RELOJ



» Mantenga pulsada la pantalla.

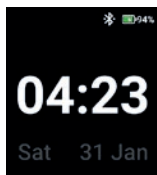


» Deslícese de derecha a izquierda para seleccionar una esfera de reloj adecuada.

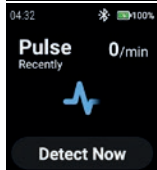


» Pulse la esfera del reloj para seleccionarla.

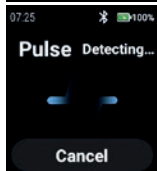
» DETECCIÓN DEL PULSO (MANUALMENTE)



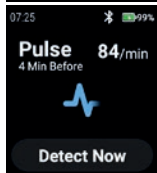
» Deslícese de izquierda a derecha.



» Pulse para „Detect now“.

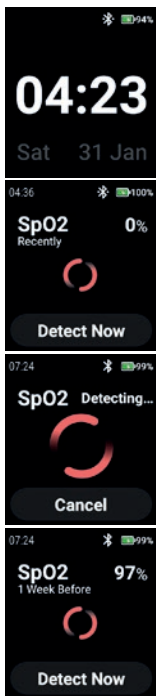


Detección del pulso



El valor actual de pulso/min se muestra en la parte superior derecha.

» DETECCIÓN DE SPO2 (MANUALMENTE)



» Deslice el dedo de derecha a izquierda.

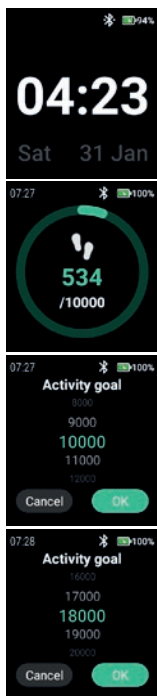
» Pulse para „Detect Now“.

Detección de SpO2

El valor actual de SpO2 en % se muestra arriba a la derecha.

(caso normal 93 % ... 99 %)

» STEP COUNTER



» Deslice el dedo 2 veces de derecha a izquierda.

Se muestran los pasos actuales y el objetivo de actividad seleccionado.

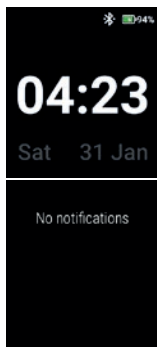
» Pulse la pantalla para establecer/cambiar el objetivo de actividad.

» Desplácese hacia arriba/abajo para seleccionar el valor adecuado.

» Confirme con „OK“.

NOTA

Los pasos contados se borran automáticamente a medianoche.

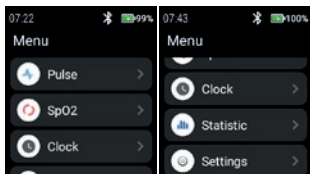
> NOTIFICATIONS

» Desliza el dedo de arriba a abajo.

Aparecerán las notificaciones.

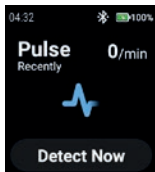
» MENU

» Pulse la tecla Encendido para acceder al menú con las siguientes opciones:



PULSE

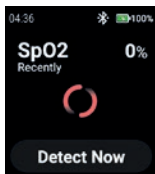
» Pulse „Pulse“ para entrar en la detección de pulso.



Consulte el apartado „Detección del pulso (manualmente)“.

SPO₂

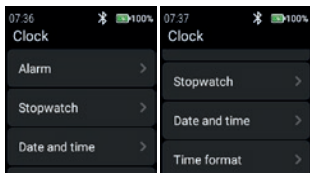
» Pulse „SpO₂“ para acceder a la detección de SpO₂.



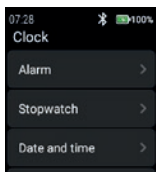
Consulte la sección „Detección de SpO₂ (manualmente)“.

CLOCK

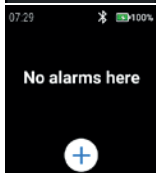
» Pulse „Clock” para acceder al menú Reloj y ajustar la alarma, iniciar el cronómetro, ajustar la fecha y la hora y cambiar el formato de la hora.



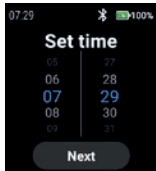
Alarm



» Pulse „Alarm” para ajustar una alarma.

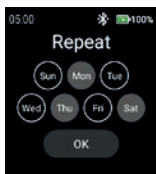


» Pulse „+” para establecer una nueva alarma.

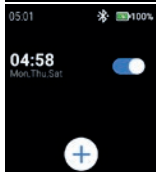


» Desplácese hacia arriba/abajo por las horas y los minutos para ajustar una hora de alarma adecuada.

» Confirme con „Next”.

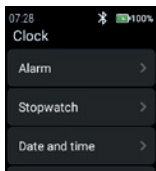


- » Seleccione los días en los que desea repetir la alarma.
- » Confirme con „OK“.

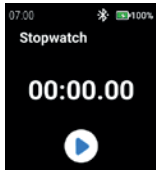


- » Active/desactive la alarma.

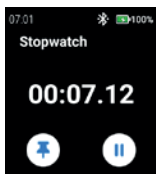
Stopwatch



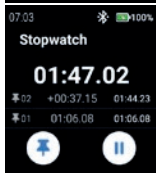
- » Pulse „Stopwatch“ para abrir el cronómetro.



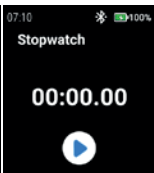
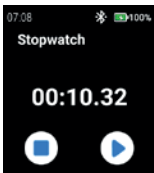
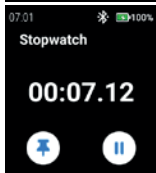
- » Pulse el símbolo de la „flecha“ para iniciar la medición del tiempo.



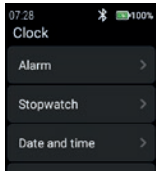
» Pulse el símbolo „pausa” para interrumpir la medición del tiempo.



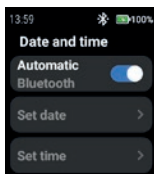
» Pulse el símbolo de la aguja para obtener los tiempos parciales.



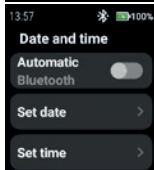
Date and time



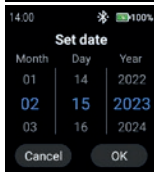
» Pulse „Date and time” para ajustar la fecha y la hora.



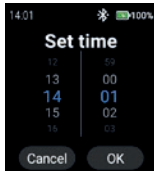
» Active „Automatic“ para utilizar el sello de tiempo proporcionado por la red (WiFi (autónomo)). También en conexión con un 2º dispositivo (smartphone).



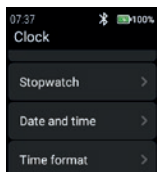
» Para introducir la fecha y la hora manualmente, desactive el modo „Automatic“ y pulse „Set date“/„Set time“.



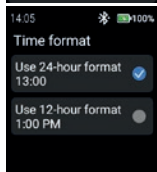
» Desplácese hacia arriba/abajo para introducir la fecha.
» Confirme con „OK“.



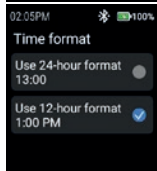
» Desplácese hacia arriba/abajo para introducir la hora.
» Confirme con „OK“.

Time format

» Pulse „Time format“ para seleccionar entre el formato de 24 y 12 horas.



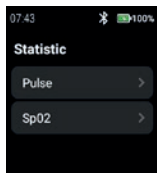
Formato de 24 horas



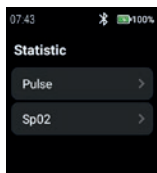
Formato de 12 horas

STATISTIC

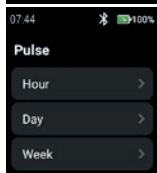
» Pulse „Statistic“ para acceder al menú de estadísticas.



Pulse



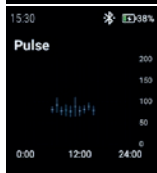
» Pulse „Pulse“ para seleccionar „Hour“, „Day“ o „Week“.



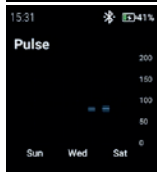
» Seleccione „Hour“, „Day“ o „Week“ para visualizar los registros correspondientes.



Pulse Hour

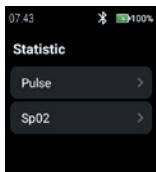


Pulse Day

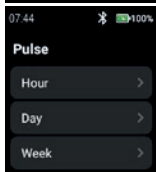


Pulse Week

SpO₂



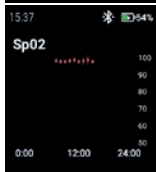
» Pulse „SpO₂“ para seleccionar „Hour“, „Day“ o „Week“.



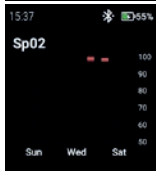
» Seleccione „Hour“, „Day“ o „Week“ para visualizar los registros correspondientes.



SpO₂ Hour



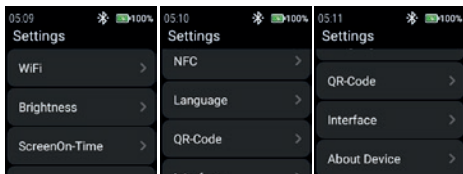
SpO₂ Day



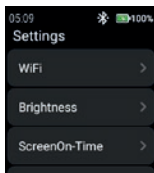
SpO₂ Week

SETTINGS

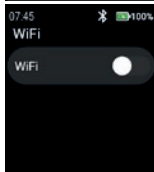
» Toca „Settings” para entrar en el menú de ajustes.



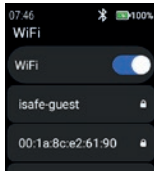
WiFi



» Pulse „WiFi” para configurar la conexión WiFi.



» Active „WiFi”.



Se mostrarán todas las redes WiFi disponibles.

» Seleccione la adecuada e introduzca la contraseña cuando se le solicite.

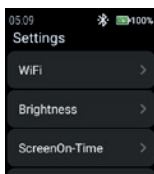
NOTA

Es posible utilizar la función NFC para entrar en WiFi mientras se utiliza un NFC-TAG programado.

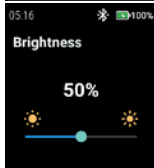


- » Introduzca la contraseña para WiFi.
- » Confirme con „Marca de verificación“.

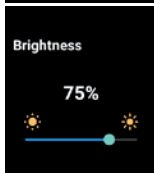
Brightness



- » Pulse „Brightness“ para cambiar el nivel de brillo de la pantalla.



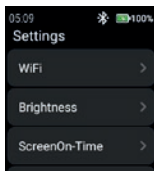
- » Para cambiar el nivel de brillo de la pantalla, deslice hacia la izquierda o hacia la derecha.



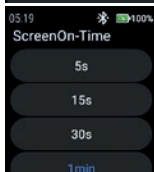
NOTA

Un mayor brillo de pantalla implica un mayor consumo de batería.

ScreenOn-Time



» Pulse „ScreenOn-Time“ para ajustar el tiempo de pantalla encendida.

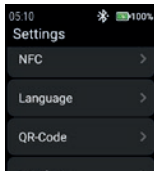


» Seleccione el tiempo de pantalla adecuado (5 s ... 5 min).

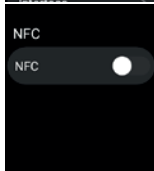
NOTA

Un mayor tiempo de pantalla activada implica un mayor consumo de batería.

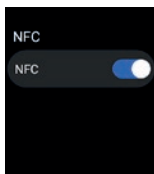
NFC



» Pulse „NFC“ para activar/desactivar la función NFC.

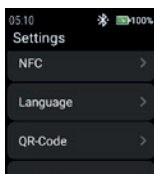


» Active „NFC“.

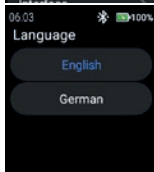


NFC está activado.

Language



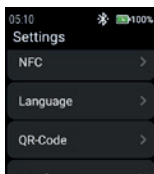
» Pulse „Language” para seleccionar el idioma.



El reloj inteligente ofrece 2 ajustes de idioma.

» Seleccione entre „English” o „German”.

QR-Code



» Pulse „QR-Code” para mostrar el código QR.

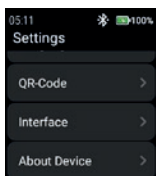


Se muestra el código QR perteneciente al reloj para el emparejamiento con el smartphone.

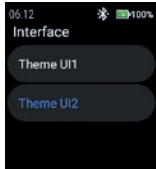
NOTA

Para el emparejamiento con el smartphone, instale la aplicación i. safe CONNECT (disponible en Google Play Store) en su smartphone.

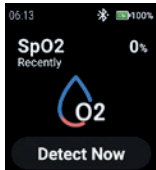
Interface



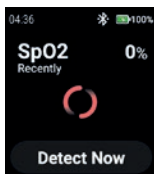
» Pulse „Interface“ para cambiar el aspecto de los iconos del menú del reloj.



» Seleccione entre „Theme UI1“ y „Theme UI2“.

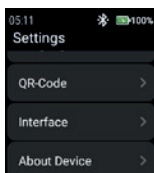


Theme UI1



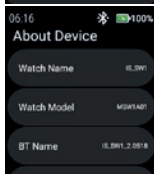
Theme UI2

About Device



» Pulse „About device“ para mostrar información sobre el nombre del reloj, el modelo, el nombre de Bluetooth, la versión del software, el número de serie, la dirección MAC de Bluetooth y WiFi y la posibilidad de restablecer el reloj a los valores de fábrica.

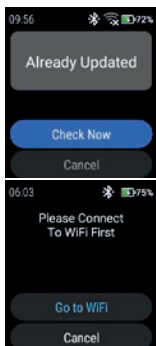
Opciones seleccionables: „SW Version“ y „Factory reset“.



SW Version



» Pulse „SW Version“ para buscar actualizaciones.

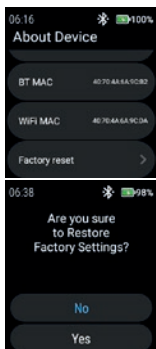


» Pulse „Check Now“ para iniciar la comprobación de actualizaciones.

Si el reloj no está conectado a la red WiFi, se le pedirá que se conecte a WiFi.

» Pulse „Go to WiFi“ y proceda como se describe en la sección „Settings>WiFi“.

Factory reset



» Pulse „Factory reset“ para restablecer el reloj a los valores de fábrica.

» Pulse „Yes“ para restablecer el reloj a los valores de fábrica.

El reloj realizará un restablecimiento de fábrica.

SUOMI

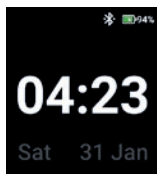
» NÄYTÖN YLEISKATSAUS



» Paina virtanäppäintä (1) sen mukaan, missä vaiheessa valikkoa olet, siirtyäksesi aloitusnäyttöön/kellotauluun tai siirtyäksesi valikkoon.

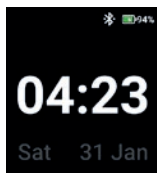
» Palaa edelliseen näyttöön painamalla sivunäppäintä oikealle (2).

ALOITUSNÄYTTÖ/KELLOTAULU

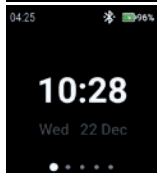


» Paina virtanäppäintä siirtyäksesi aloitusnäyttöön/kellotauluun.

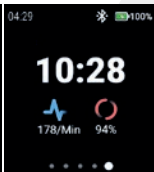
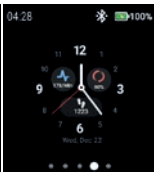
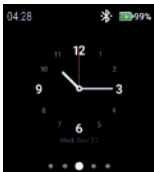
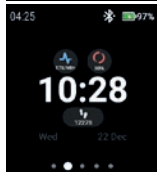
KELLOTAULUJEN VAIHTAMINEN



» Kosketa ja pidä näyttöä painettuna.

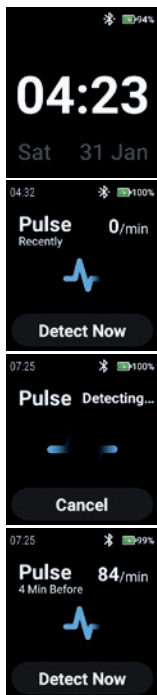


» Valitse sopiva kellotaulu pyyhkäisemällä oikealta vasemmalle.



» Valitse kellotaulu napauttamalla sitä.

» PULSSIN HAVAITSEMINEN (MANUAALISESTI)



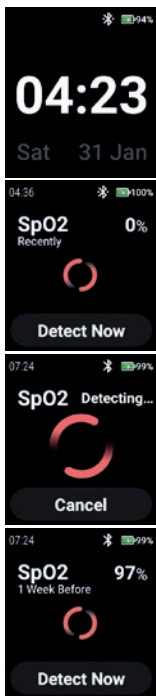
» Pyyhkäise vasemmalta oikealle.

» Napauta kohtaa „Detect now“.

Pulssin havaitseminen

Nykyinen arvo pulssi/min näytetään oikealla ylhäällä.

» SPO2:N HAVAITSEMINEN (MANUAALISESTI)



» Pyyhkäise oikealta vasemmalle.

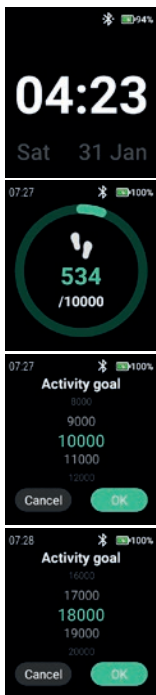
» Napauta kohtaa „Detect now“.

SpO₂ havaitseminen

SpO₂:n nykyinen arvo prosentteina näkyy oikealla ylhäällä.

(Normaalitapauksessa 93 % ... 99 %)

» STEP COUNTER



» Pyyhkäise 2 x oikealta vasemmalle.

Nykyiset askeleet ja nykyinen valittu toimintatavoite näytetään.

» Aseta/muuta aktiivisuustavoite napauttamalla näyttöä.

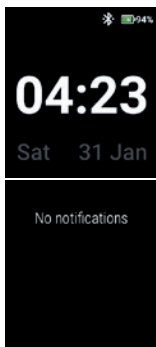
» Valitse sopiva arvo selaamalla ylös/alas.

» Vahvista „OK”.

HUOMAUTUS

Lasketut askeleet poistetaan keskiyöllä automaattisesti!

> NOTIFICATIONS

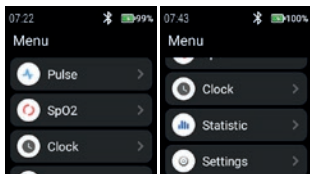


>> Pyyhkäise ylhäältä alaspäin.

Ilmoitukset tulevat näkyviin.

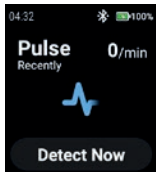
» MENU

» Paina virtanäppäintä päästäksesi valikkoon, jossa on seuraavat vaihtoehdot:



PULSE

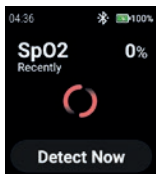
» Napauta „Pulse” siirtyäksesi pulssintunnistukseen.



Katso kohta „Pulssin havaitseminen (manuaalisesti)”.

SPO₂

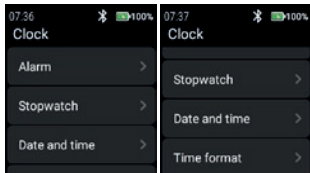
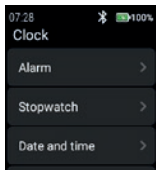
» Napauta „SpO₂” siirtyäksesi SpO₂-tunnistukseen.



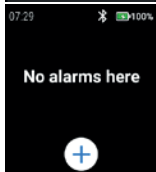
Katso kohta „SpO₂:n havaitseminen (manuaalisesti)”.

CLOCK

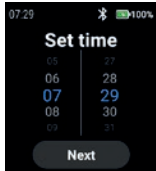
» Napauta „Clock” (Kello) siirtyäksesi Kello-valikkoon, jossa voit asettaa hälytyksen, käynnistää sekuntikellon, asettaa päivämäärän ja kellonajan sekä vaihtaa aikaformaattia.

**Alarm**

» Napauta „Alarm” asettaaksesi hälytyksen.

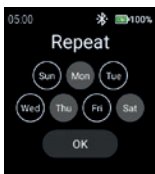


» Napauta „+” asettaaksesi uuden hälytyksen.

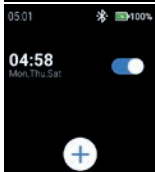


» Aseta sopiva hälytysaika selaamalla ylös/alas tunteja ja minuuotteja.

» Vahvista painamalla „Next”.

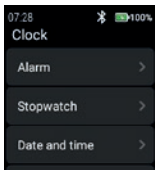


- » Valitse päivä(t), jolloin hälytys toistetaan.
- » Vahvista painamalla „OK“.

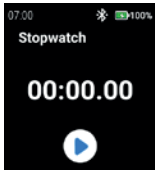


- » Ota hälytys käyttöön/pois käytöstä.

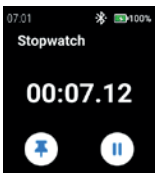
Stopwatch



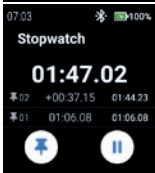
- » Avaa sekuntikello napauttamalla „Stopwatch“.



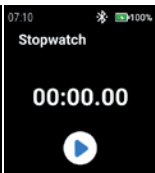
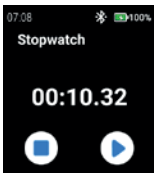
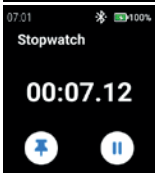
- » Aloita ajanmittaus napauttamalla „nuoli“-symbolia.



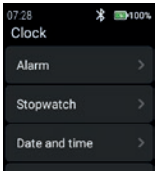
» Keskeytä ajanmittaus napauttamalla „pause“-symbolia.



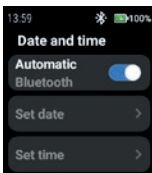
» Napauta „pin neula“-symbolia saadaksesi jaetut ajat.



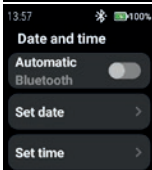
Date and time



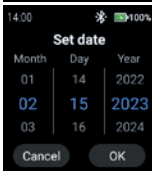
» Aseta päivämäärä ja kellonaika napauttamalla „Date and time“.



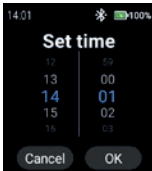
» Ota „Automatic“ käyttöön käyttääksesi verkon tarjoamaa aikaleimaa (Wi-Fi (stand alone)). Myös yhteydessä 2. laitteeseen (älypuhelin).



» Jos haluat syöttää päivämäärän ja kellonajan manuaalisesti, poista „Automatic“-tila käytöstä ja napauta „Set date“/„Set time“.

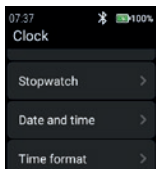


» Syötä päivämäärä selaamalla ylös/alas.
» Vahvista „OK“.

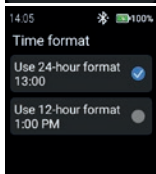


» Syötä aika selaamalla ylös/alas.
» Vahvista painamalla „OK“.

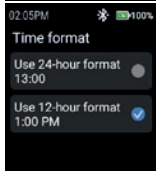
Time format



» Napauta „Time format“ (Aikaformaatti) valitaksesi 24-tunnin ja 12-tunnin formaatin välillä.



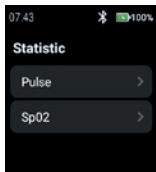
24-tuntinen muoto



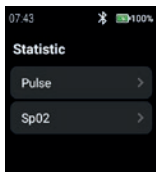
12-tuntinen muoto

STATISTIC

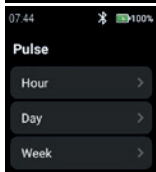
» Siirry tilastovalikkoon napauttamalla „Statistic“.



Pulse



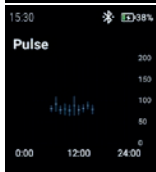
» Napauta „Pulse“ valitaksesi „Hour“, „Day“ tai „Week“.



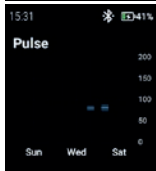
» Valitse „Hour“, „Day“ tai „Week“ näyttääksesi asianmukaiset tiedut.



Pulse Hour

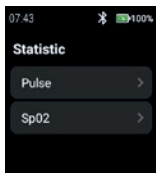


Pulse Day

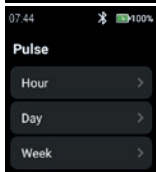


Pulse Week

SpO₂



» Napauta „SpO₂” valitaksesi „Hour”, „Day” tai „Week”.



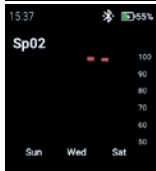
» Valitse „Hour”, „Day” tai „Week” näyttääksesi asianmukaiset tiedut.



SpO₂ Hour



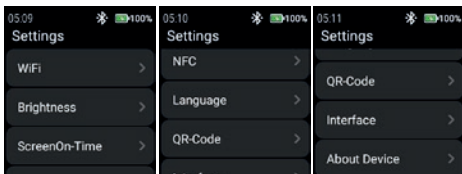
SpO₂ Day



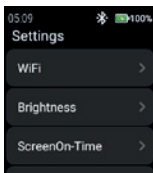
SpO₂ Week

SETTINGS

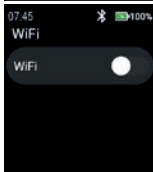
» Siirry asetusvalikkoon napauttamalla „Settings“.



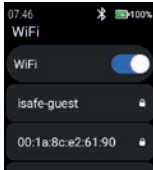
WiFi



» Napauta „WiFi“ asettaaksesi WiFi-yhteyden.



» Ota „WiFi“ käyttöön.



Kaikki käytettävissä olevat WiFi-verkot tulevat näkyviin.

» Valitse sopiva verkko ja anna salasana pyydettyessä.

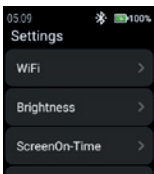
HUOMAUTUS

On mahdollista käyttää NFC-ominaisuutta WiFi-yhteyden muodostamiseen, kun käytät ohjelmoitua NFC-TAGia!

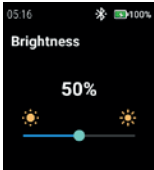


- » Syötä WiFi-verkon salasana.
- » Vahvista „Checkmark“.

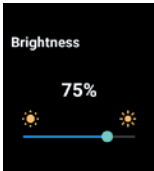
Brightness



- » Napauta „Brightness“ muuttaaksesi näytön kirkkaustasoa.



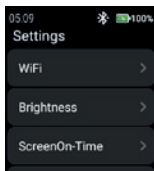
- » Voit muuttaa näytön kirkkaustasoa liu'uttamalla vasemmalle tai oikealle.



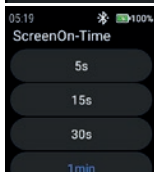
HUOMAUTUS

Suurempi näytön kirkkaus merkitsee suurempaa akun kulutusta!

ScreenOn-Time



» Napauta „ScreenOn-Time” asettaaksesi ScreenOn-Time.

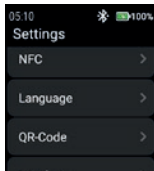


» Valitse sopiva näytön päälläoloaika (5 s ... 5 min).

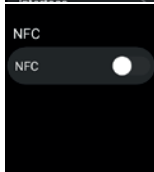
HUOMAUTUS

Suurempi näytön päälläoloaika merkitsee suurempaa akun kulutusta!

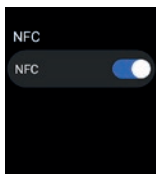
NFC



» Napauta „NFC” kytkeäksesi NFC-ominaisuuden päälle/pois.

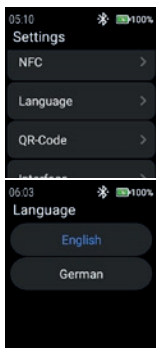


» Ota „NFC” käyttöön.



NFC on päällä.

Language

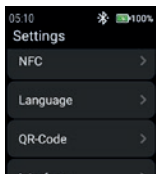


» Valitse kieli napauttamalla „Language“.

Älykellossa on 2 kieliasetusta.

» Valitse joko „English“ tai „German“.

QR-Code



» Näytä QR-koodi napauttamalla „QR-koodi“.



Kellolle kuuluva QR-koodi pariliitosta älypuhelimien kanssa näytetään.

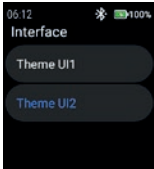
HUOMAUTUS

Pariliitoksen muodostamiseksi älypuhelimien kanssa asenna i.safe CONNECT -sovellus (saatavilla Google Play Storesta) älypuheliin.

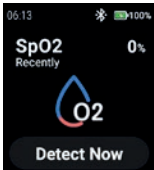
Interface



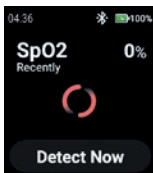
» Napauta „Interface” vaihtaaksesi kellon valikkokuvakkeiden ulkoasua.



» Valitse „Theme UI1” ja „Theme UI2” välillä.

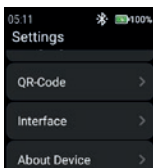


Theme UI1



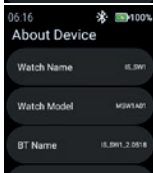
Theme UI2

About Device



» Napauta „About device” näyttääksesi tietoja kellon nimestä, mallista, Bluetooth-nimestä, ohjelmistoversiosta, sarjanumerosta, Bluetooth- ja WiFi- MAC-osoitteesta ja mahdollisuudesta palauttaa kello tehdasasetuksiin.

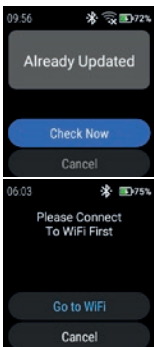
Valittavissa olevat vaihtoehdot: „SW Version” ja „Factory reset”.



SW Version



» Tarkista päivitykset napauttamalla „SW Version”.



» Napauta „Check Now“ aloittaaksesi päivitysten tarkistamisen.

Jos kelloa ei ole yhdistetty WiFi-verkkoon, sinua kehoitetaan muodostamaan yhteys WiFi-verkkoon.

» Napauta „Go to WiFi“ ja jatka kohdassa „Settings>WiFi“ kuvatulla tavalla.

Factory reset



» Napauta „Factory reset“ asettaaksesi kellon takaisin tehdasasetuksiin.

» Napauta „Yes“, jos haluat t palauttaa kellon tehdasasetuksiin.

Kello suorittaa tehdasasetusten palautuksen.

FRANÇAIS

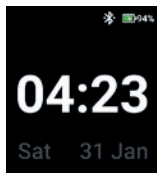
» APERÇU DE L'ÉCRAN



» Selon l'endroit où vous vous trouvez dans le menu, appuyez sur la touche Marche/Arrêt (1) pour accéder à l'écran de démarrage/visage de la montre ou pour accéder au menu.

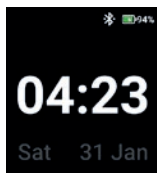
» Appuyez sur la touche latérale droite (2) pour revenir à l'écran précédent.

» ÉCRAN DE DÉMARRAGE/VISAGE DE MONTRE

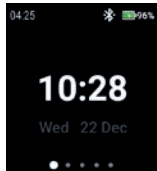


» Appuyez sur la touche Marche/Arrêt pour accéder à l'écran de démarrage/visage de montre.

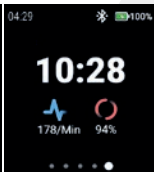
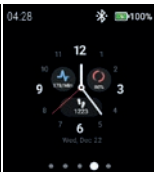
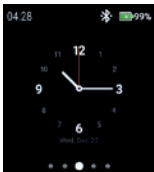
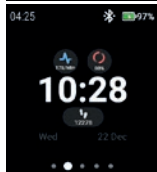
» CHANGER DE VISAGE DE MONTRE



» Appuyez et maintenez sur l'écran.

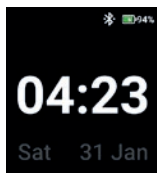


» Balayez de droite à gauche pour sélectionner un visage de montre approprié.

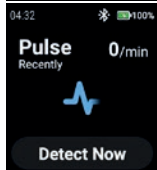


» Appuyez sur le visage de la montre pour le sélectionner.

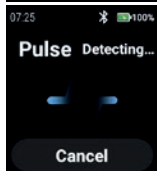
» DÉTECTION DU POULS (MANUELLEMENT)



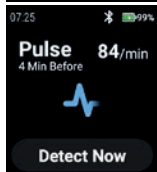
» Balayez de gauche à droite.



» Touchez pour „Detect now“.

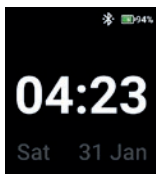


Détection du pouls

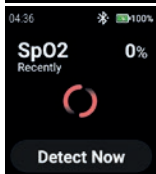


La valeur actuelle du pouls/min s'affiche en haut à droite.

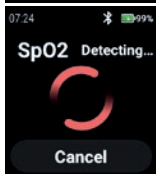
» DÉTECTION DE LA SPO2 (MANUELLEMENT)



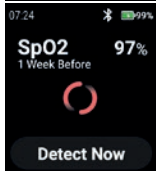
» Balayez de droite à gauche.



» Touchez pour „Detect now“.



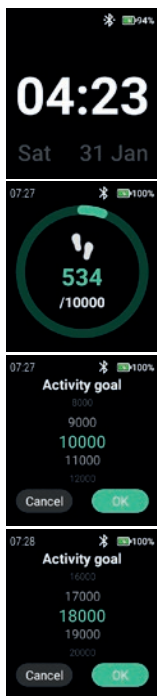
Détection de la SpO2



La valeur actuelle de la SpO2 en % est affichée en haut à droite.

(cas normal 93 % ... 99 %)

» STEP COUNTER



» Balayez 2 fois de droite à gauche.

Les étapes actuelles et l'objectif d'activité sélectionné s'affichent.

» Touchez l'écran pour définir/modifier l'objectif d'activité.

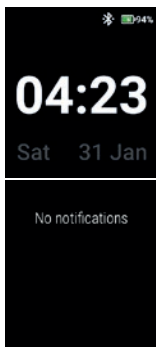
» Faites défiler vers le haut/bas pour sélectionner la valeur appropriée.

» Confirmez avec „OK“.

REMARQUE

Les pas comptés sont automatiquement supprimés à minuit !

> NOTIFICATIONS

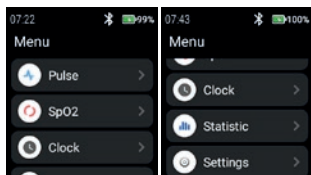


>> Balayez de haut en bas.

Les notifications s'affichent.

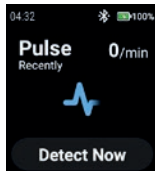
» MENU

» Appuyez sur la touche Power pour accéder au menu avec les options suivantes :



PULSE

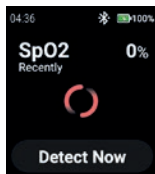
» Appuyez sur „Pulse“ pour accéder à la détection du pouls.



Voir la section „Détection du pouls (manuellement)“.

SpO₂

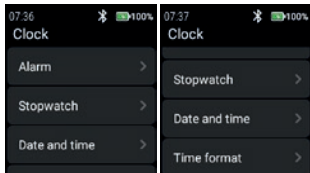
» Appuyez sur „SpO₂“ pour accéder à la détection de la SpO₂.



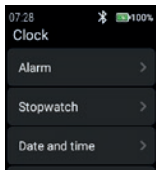
Voir la section „Détection de la SpO₂ (manuellement)“.

CLOCK

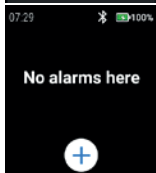
» Appuyez sur „Clock” pour accéder au menu Horloge afin de régler l’alarme, de lancer le chronomètre, de régler la date et l’heure et de modifier le format de l’heure.



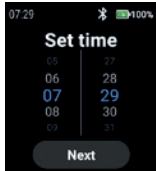
Alarm



» Appuyez sur „Alarm” pour régler une alarme.

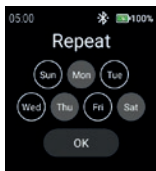


» Appuyez sur „+” pour régler une nouvelle alarme.

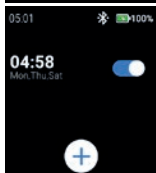


» Faites défiler les heures et les minutes vers le haut/bas pour régler une heure d’alarme appropriée.

» Confirmez avec „Next”.

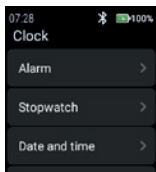


- » Sélectionnez le(s) jour(s) pour répéter l'alarme.
- » Confirmez avec „OK“.

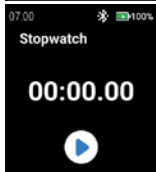


- » Activez/désactivez l'alarme.

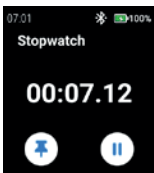
Stopwatch



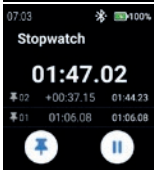
- » Appuyez sur „Stopwatch“ pour ouvrir le chronomètre.



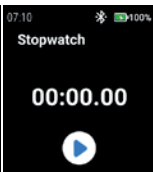
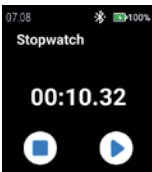
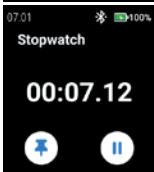
- » Appuyez sur l'icône „flèche“ pour démarrer la mesure du temps.



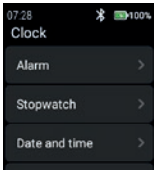
» Appuyez sur le symbole „pause” pour interrompre la mesure du temps.



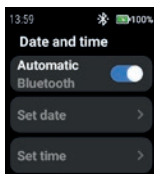
» Appuyez sur l'icône „aiguille” pour obtenir les temps intermédiaires.



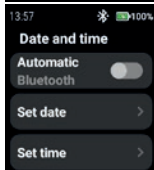
Date and time



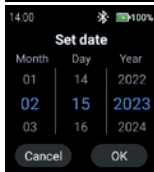
» Appuyez sur „Date and time” pour régler la date et l'heure.



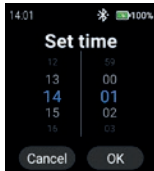
» Activez „Automatic“ pour utiliser l’horodatage fourni par le réseau (Wi-Fi (autonome)). Également en connexion avec un 2e appareil (smartphone).



» Pour entrer la date et l’heure manuellement, désactivez le mode „Automatic“ et appuyez sur „Set date“/„Set time“.

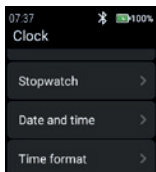


» Faites défiler vers le haut/bas pour saisir la date.
» Confirmez avec „OK“.

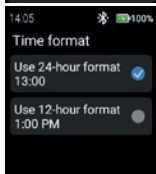


» Faites défiler vers le haut/bas pour entrer l’heure.
» Confirmez avec „OK“.

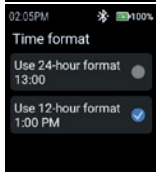
Time format



» Appuyez sur „Time format“ pour choisir entre le format 24 heures et le format 12 heures.



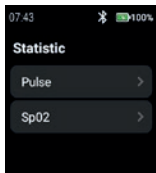
Format 24 heures



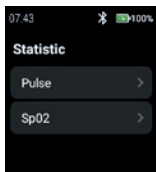
Format 12 heures

STATISTIC

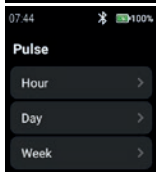
» Appuyez sur „Statistic“ pour accéder au menu des statistiques.



Pulse



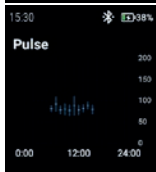
» Appuyez sur „Pulse“ pour sélectionner „Hour“, „Day“ ou „Week“.



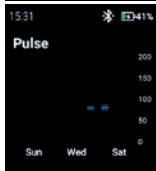
» Sélectionnez „Hour“, „Day“ ou „Week“ pour afficher les enregistrements appropriés.



Pulse Hour

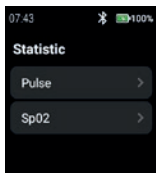


Pulse Day

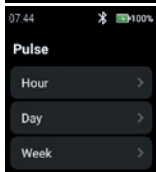


Pulse Week

SpO₂



» Appuyez sur „SpO₂” pour sélectionner „Hour”, „Day” ou „Week”.



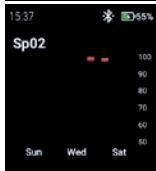
» Sélectionnez „Hour”, „Day” ou „Week” pour afficher les enregistrements appropriés.



SpO₂ Hour



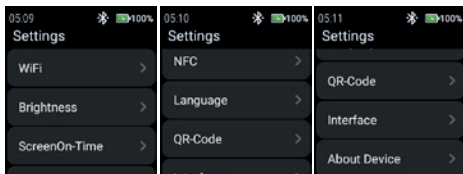
SpO₂ Day



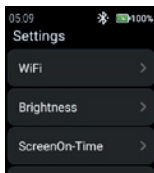
SpO₂ Week

SETTINGS

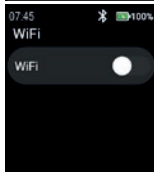
» Appuyez sur „Settings“ pour accéder au menu des paramètres.



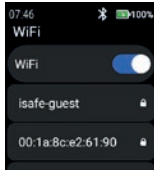
WiFi



» Touchez „WiFi“ pour configurer la connexion WiFi.



» Activez „WiFi“.



Tous les réseaux WiFi disponibles s'affichent.

» Sélectionnez le réseau approprié et saisissez le mot de passe lorsque vous y êtes invité.

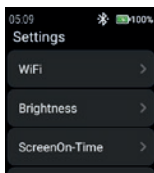
REMARQUE

Il est possible d'utiliser la fonction NFC pour accéder au WiFi tout en utilisant un TAG NFC programmé !

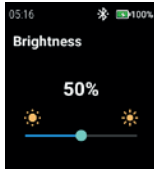


- » Saisissez le mot de passe pour le WiFi.
- » Confirmez en cochant la case.

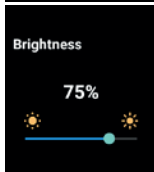
Brightness



- » Appuyez sur „Brightness” pour modifier le niveau de luminosité de l'écran.



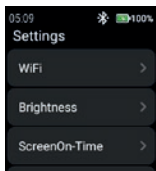
- » Pour modifier le niveau de luminosité de l'écran, faites glisser vers la gauche ou la droite.



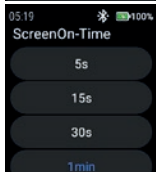
REMARQUE

Une plus grande luminosité de l'écran implique une plus grande consommation de la batterie !

ScreenOn-Time



» Tapez sur „ScreenOn-Time“ pour régler l'heure d'ouverture de l'écran.

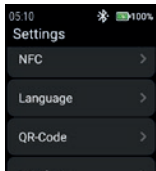


» Sélectionnez la durée d'affichage appropriée (5 s ... 5 min).

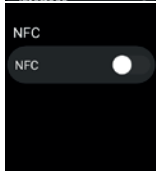
REMARQUE

Une durée d'affichage de l'écran plus élevée implique une consommation de batterie plus importante !

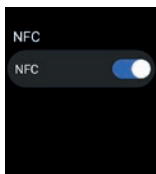
NFC



» Tapez sur „NFC“ pour activer/désactiver la fonction NFC.

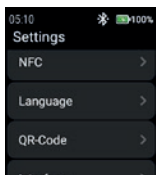


» Activez „NFC“.

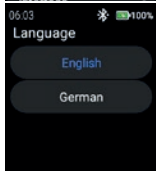


La fonction NFC est activée.

Language



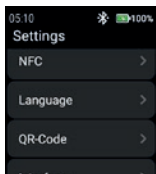
» Touchez „Language” pour sélectionner la langue.



La smartwatch propose deux paramètres de langue.

» Choisissez entre „English” et „German”.

QR-Code



» Appuyez sur „QR-Code” pour afficher le code QR.

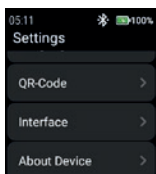


Le code QR appartenant à la montre pour le jumelage avec le smartphone s'affiche.

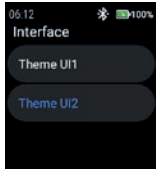
REMARQUE

Pour le couplage avec le smartphone, installez l'application i.safe CONNECT (disponible sur Google Play Store) sur votre smartphone.

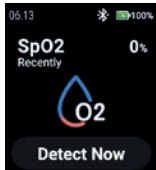
Interface



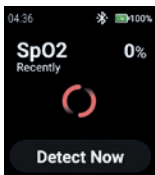
» Appuyez sur „Interface“ pour modifier l'apparence des icônes du menu de la montre.



» Sélectionnez entre „Theme UI1“ et „Theme UI2“.

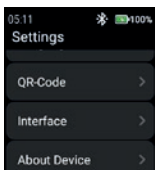


Theme UI1



Theme UI2

About Device



» Appuyez sur „About device“ (A propos de l'appareil) pour afficher des informations sur le nom de la montre, le modèle, le nom Bluetooth, la version du logiciel, le numéro de série, l'adresse MAC Bluetooth et WiFi et la possibilité de réinitialiser la montre en usine.

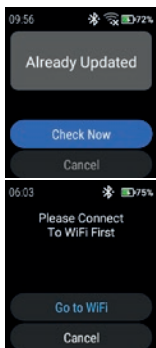
Options sélectionnables : „SW Version“ et „Factory reset“.



SW Version



» Appuyez sur „SW Version“ pour vérifier les mises à jour.

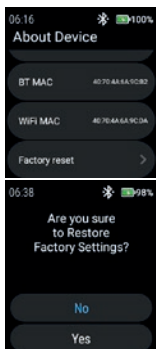


» Appuyez sur „Check Now“ pour lancer la vérification des mises à jour.

Si la montre n'est pas connectée au réseau WiFi, vous êtes invité à vous connecter au WiFi.

» Appuyez sur „Go to WiFi“ et procédez comme décrit dans la section „Settings>WiFi“.

Factory reset



» Appuyez sur „Factory reset“ pour rétablir la configuration d'usine de la montre.

» Appuyez sur „Yes“ pour réinitialiser la montre à l'usine.

La montre effectue une réinitialisation d'usine.

MAGYAR

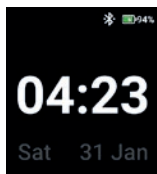
» KÉPERNYŐ ÁTTEKINTÉSE



» Attól függően, hogy hol van a menüben, nyomja meg a bekapcsológombot (1) a kezdőképernyő/órafelület vagy a menü megnyitásához.

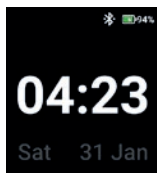
» Nyomja meg a jobb oldali billentyűt (2) az előző képernyőre való visszatéréshez.

» KEZDŐKÉPERNYŐ/ÓRAFELÜLET

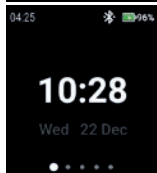


» Nyomja meg a bekapcsoló billentyűt a kezdőképernyő/órafelületre való belépéshez.

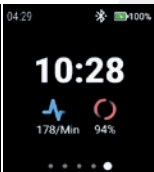
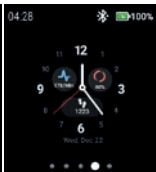
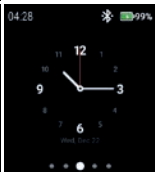
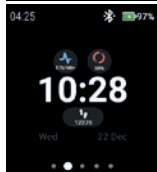
» ÓRALAPOK MÓDOSÍTÁSA



» Koppintson és tartsa lenyomva a kijelzőn.

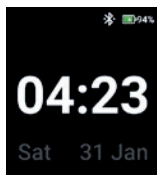


» A megfelelő óralap kiválasztásához lapozunk jobbról balra.

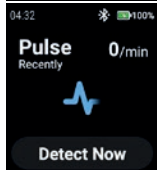


» Érintse meg az óralapot a kiválasztáshoz.

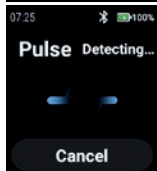
» IMPULZUS ÉRZÉKELÉSE (MANUÁLISAN)



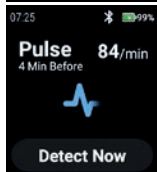
» Lapozz balról jobbra.



» Koppintson a „Detect now” lehetőségre.

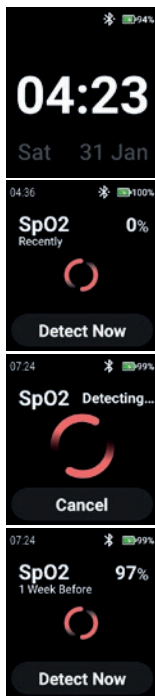


Pulzus érzékelése



A pulzus/perc aktuális értéke jobbra fent jelenik meg.

» SPO2 ÉRZÉKELÉSE (MANUÁLISAN)



» Lapozunk jobbról balra.

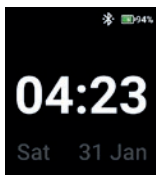
» Koppintson a „Detect now” lehetőségre.

SpO2 érzékelése

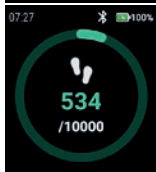
Az SpO2 aktuális értéke %-ban jelenik meg a jobb felső sarokban.

(normál esetben 93 % ... 99 %)

» STEP COUNTER

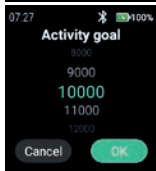


» Lapozunk 2 x jobbról balra.

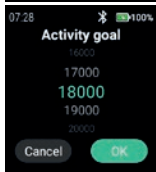


Az aktuális lépések és az aktuálisan kiválasztott aktivitási cél jelenik meg.

» Érintse meg a kijelzőt az aktivitási cél beállításához/megváltoztatásához.



» A megfelelő érték kiválasztásához görgessen felfelé/lefelé.

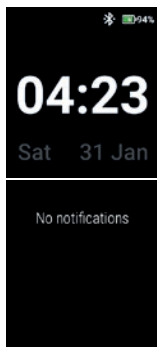


» Erősítse meg az „OK” gomb megnyomásával.

MEGJEGYZÉS

A számlált lépések éjfélkor automatikusan törlődnek!

> NOTIFICATIONS

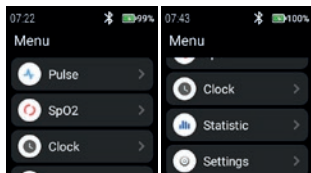


>> Lapozz fentről lefelé.

Megjelennek az értesítések.

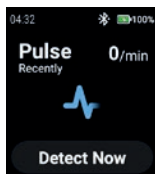
» MENU

» Nyomja meg a bekapcsoló gombot a következő lehetőségeket tartalmazó menübe való belépéshez:



PULSE

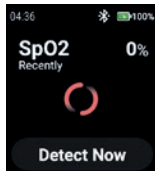
» Érintse meg az „Pulse” gombot a pulzusérzékelésbe való belépéshez.



Lásd a „Impulzus érzékelése (manuálisan)” című részt.

SPO₂

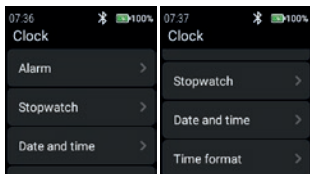
» Érintse meg a „SpO₂” elemet az SpO₂ érzékeléshez.



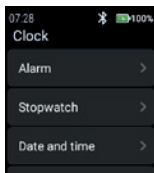
Lásd a „SpO₂ érzékelése (manuálisan)” című részt.

CLOCK

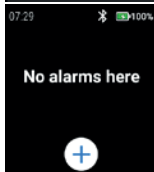
» Érintse meg az „Clock” elemet az Óra menübe való belépéshez az ébresztés beállításához, a stopperóra indításához, a dátum és az idő beállításához és az időformátum megváltoztatásához.



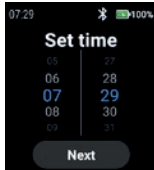
Alarm



» Érintse meg az „Alarm” (Ébresztő) gombot az ébresztő beállításához.

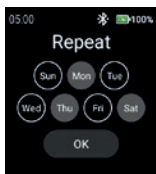


» Érintse meg a „+” gombot egy új ébresztő beállításához.

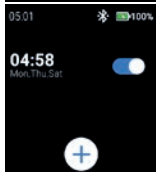


» A megfelelő ébresztési idő beállításához görgessen fel/le órákat és perceket.

» Erősítse meg a „Next” gomb megnyomásával.

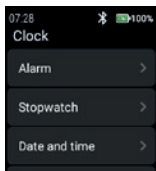


- » Válassza ki a nap(ok)at az ébresztés megismétléséhez.
- » Erősítse meg az „OK” gomb megnyomásával.

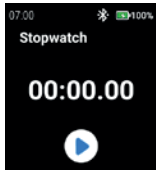


- » Az ébresztés engedélyezése/letiltása.

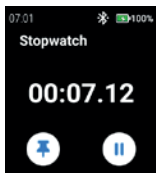
Stopwatch



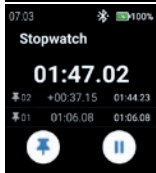
- » Koppintson a „Stopwatch” elemre a stopperóra megnyitásához.



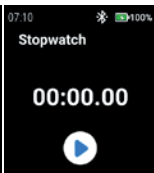
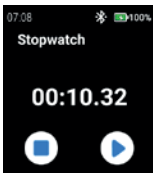
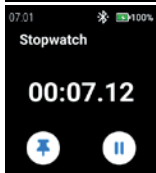
- » Érintse meg a „nyíl”-jelet az időmérés elindításához.



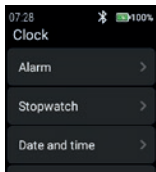
» Az időmérés megszakításához koppintson a „szünet” szimbólumra.



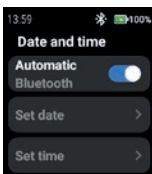
» Érintse meg a „tűtű”-szimbólumot az osztott idők lekérdezéséhez.



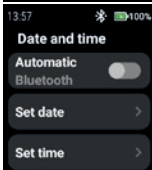
Date and time



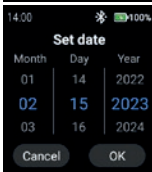
» A dátum és az idő beállításához koppintson a „Date and time” gombra.



» Kapcsolja be az „Automatic” lehetőséget a hálózat által biztosított időbélyegző használatához (Wi-Fi (önállóan)). Egy 2. eszközzel (okostelefon) való kapcsolat esetén is.

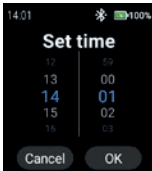


» A dátum és az idő manuális megadásához tiltsa le az „Automatic”-módot, és koppintson a „Set date”/„Set time” lehetőségre.



» A dátum megadásához görgessen felfelé/lefelé.

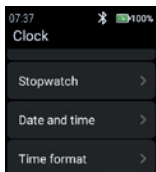
» Erősítse meg az „OK” gomb megnyomásával.



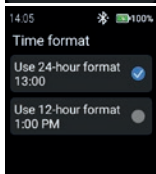
» Az idő megadásához görgessen fel/le.

» Erősítse meg az „OK” gomb megnyomásával.

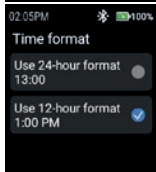
Time format



» Érintse meg az „Time format” gombot a 24 órás és 12 órás formátum közötti választáshoz.



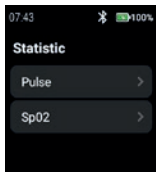
24 órás formátum



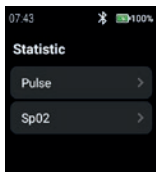
12 órás formátum

STATISTIC

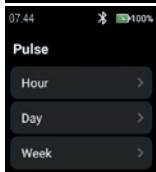
» Érintse meg a „Statistic” (Statisztika) gombot a statisztika menü megnyitásához.



Pulse



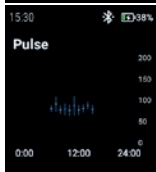
» Érintse meg az „Pulse” gombot az „Hour”, „Day” vagy „Week” kiválasztásához.



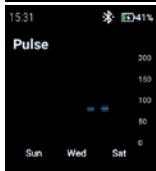
» Válassza az „Hour”, „Day” vagy „Week” lehetőséget a megfelelő rekordok megjelenítéséhez.



Pulse Hour

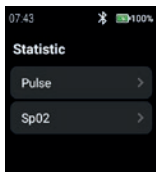


Pulse Day

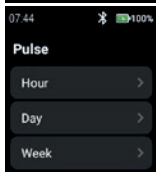


Pulse Week

SpO₂



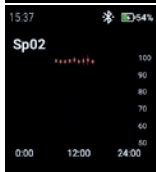
» Érintse meg az „SpO₂” gombot az „Hour”, „Day” vagy „Week” kiválasztásához.



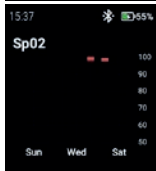
» Válassza az „Hour”, „Day” vagy „Week” lehetőséget a megfelelő rekordok megjelenítéséhez.



SpO₂ Hour



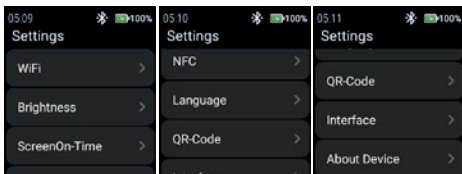
SpO₂ Day



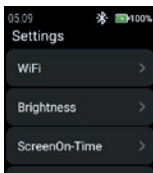
SpO₂ Week

SETTINGS

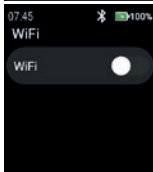
» A beállítások menübe való belépéshez koppintson a „Settings” gombra.



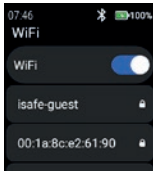
WiFi



» A WiFi kapcsolat beállításához koppintson a „WiFi” elemre.



» Kapcsolja be a „WiFi” lehetőséget.

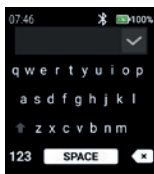


Megjelenik az összes elérhető WiFi hálózat.

» Válassza ki a megfelelőt, és kérésre adja meg a jelszót.

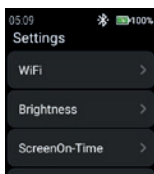
MEGJEGYZÉS

Lehetséges az NFC funkciót használni a WiFi hálózatba való belépéshez, miközben egy programozott NFC-TAG-ot használ!

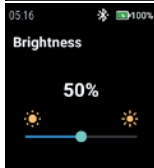


- » Adja meg a WiFi jelszavát.
- » Erősítse meg a „Checkmark“-al.

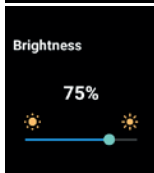
Brightness



- » Érintse meg a „Brightness” lehetőséget a kijelző fényerejének módosításához.



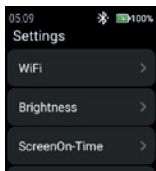
- » A kijelző fényerejének módosításához csúsztassa a gombot balra vagy jobbra.



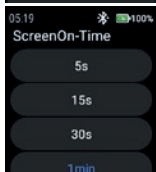
MEGJEGYZÉS

A kijelző nagyobb fényereje nagyobb akkumulátor-fogyasztással jár!

ScreenOn-Time



» A képernyő bekapcsolási idejének beállításához koppintson a „ScreenOn-Time” lehetőségre.

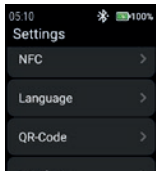


» Válassza ki a megfelelő képernyő bekapcsolási időt (5 s ... 5 perc).

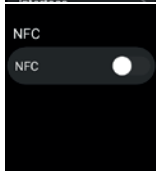
MEGJEGYZÉS

A magasabb képernyő bekapcsolási idő magasabb akkumulátor-fogyasztással jár!

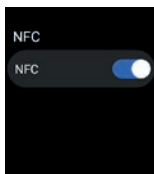
NFC



» Érintse meg az „NFC” lehetőséget az NFC funkció be/ki kapcsolásához.

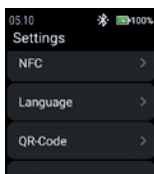


» Kapcsolja be az „NFC” funkciót.

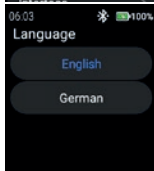


Az NFC be van kapcsolva.

Language



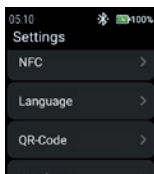
» A nyelv kiválasztásához koppintson a „Language” elemre.



Az okosóra 2 nyelvi beállítást biztosít.

» Válasszon az „English” vagy a „German” közül.

QR-Code



» A QR-kód megjelenítéséhez koppintson a „QR-Code” gombra.

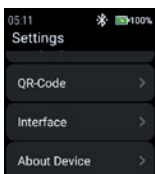


Megjelenik az órához tartozó QR-kód az okostelefonnal való párosításhoz.

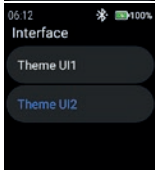
MEGJEGYZÉS

Az okostelefonnal való párosításhoz telepítse az i.safe CONNECT alkalmazást (elérhető a Google Play Store áruházban) az okostelefonjára.

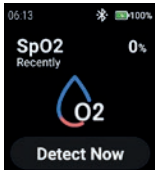
Interface



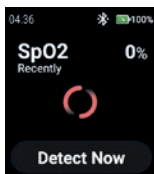
» Érintse meg az „Interface” (Felület) elemet az óra menüikonjainak megjelenésének megváltoztatásához.



» Válasszon a „Theme UI1” és a „Theme UI2” között.

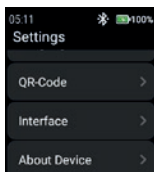


Theme UI1



Theme UI2

About Device



» Koppintson a „About device” (Az eszközről) gombra, hogy megjelenjenek az óra nevére, modelljére, Bluetooth nevére, szoftver verziójára, sorozatszámára, Bluetooth és WiFi MAC-címére vonatkozó információk, valamint az óra gyári állapotba állításának lehetősége.

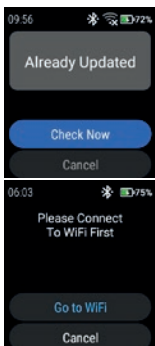
Választható lehetőségek: „SW Version” és „Factory reset”.



SW Version



» Érintse meg az „SW Version” lehetőséget a frissítések kereséséhez.

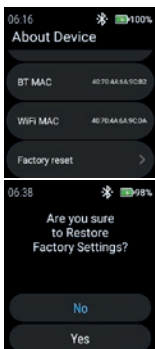


» A frissítések ellenőrzésének megkezdéséhez koppintson a „Check Now” (Most ellenőrizni) lehetőségre.

Ha az óra nincs csatlakoztatva a WiFi hálózathoz, a rendszer felszólítja, hogy csatlakozzon a WiFi hálózathoz.

» Koppintson a „Go to WiFi” lehetőségre, és járjon el a „Settings>WiFi” szakaszban leírtak szerint.

Factory reset



» Koppintson a „Factory reset” (Gyári visszaállítás) lehetőségre az óra gyári állapotba állításához.

» Érintse meg az „Yes” gombot az óra gyári állapotba állításához.

Az óra elvégzi a gyári visszaállítást.

ITALIANO

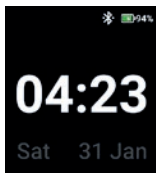
» PANORAMICA DELLE SCHERMATE



» A seconda della posizione nel menu, premere il tasto di accensione (1) per accedere alla schermata iniziale/al quadrante dell'orologio o per accedere al menu.

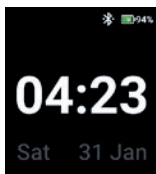
» Premere il tasto laterale destro (2) per tornare alla schermata precedente.

» SCHERMATA INIZIALE/FACCIA DELL'OROLOGIO

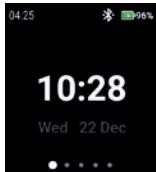


» Premere il tasto di accensione per accedere alla schermata iniziale/faccia dell'orologio.

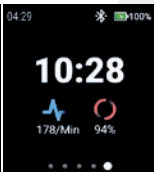
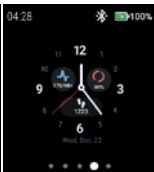
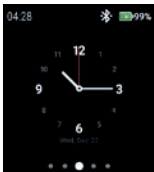
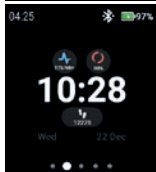
» CAMBIARE I QUADRANTI DELL'OROLOGIO



» Toccare e tenere premuto sul display.

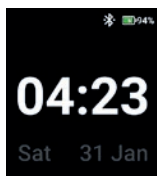


» Scorrere da destra a sinistra per selezionare un quadrante dell'orologio appropriato.

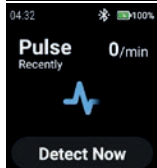


» Toccare il quadrante dell'orologio per selezionarlo.

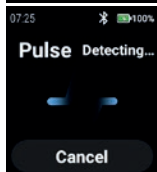
» RILEVAMENTO DEL POLSO (MANUALMENTE)



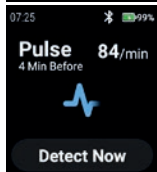
» Scorrere il dito da sinistra a destra.



» Toccare per „Detect now“.

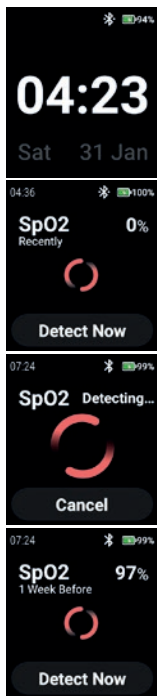


Rilevamento del polso



Il valore attuale delle pulsazioni/min viene visualizzato in alto a destra.

» RILEVAMENTO DELLA SPO2 (MANUALMENTE)



» Passare il dito da destra a sinistra.

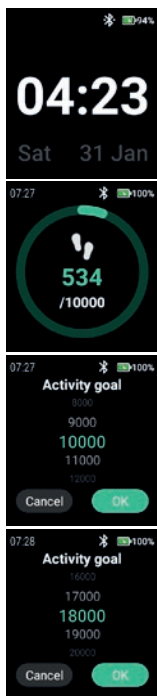
» Toccare per „Detect now“.

Rilevamento SpO2

Il valore attuale della SpO2 in % è visualizzato in alto a destra.

(caso normale 93 % ... 99 %)

» STEP COUNTER



» Scorrere 2 volte da destra a sinistra.

Vengono visualizzati i passi correnti e l'obiettivo di attività correntemente selezionato.

» Toccare il display per impostare/modificare l'obiettivo di attività.

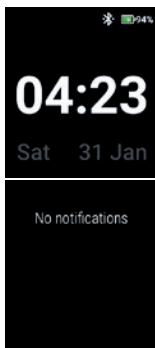
» Scorrere verso l'alto/il basso per selezionare il valore appropriato.

» Confermare con „OK“.

NOTA

I passi contati vengono cancellati automaticamente a mezzanotte!

> NOTIFICATIONS

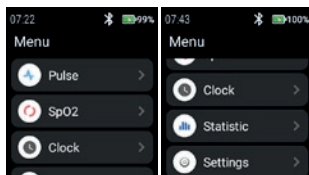


» Scorrere il dito dall'alto verso il basso.

Vengono visualizzate le notifiche.

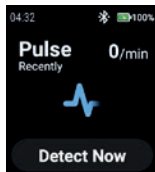
» MENU

» Premere il tasto Power per accedere al menu con le seguenti opzioni:



PULSE

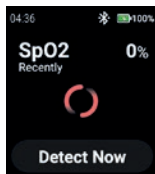
» Toccare „Pulse” per accedere al rilevamento del polso.



Vedere la sezione „Rilevamento del polso (manualmente)”.

SPO₂

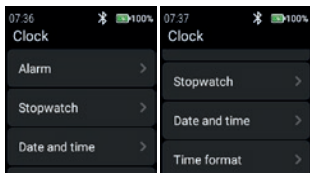
» Toccare „SpO2” per accedere al rilevamento della SpO2.



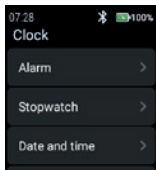
Vedere la sezione „Rilevamento della SpO2 (manualmente)”.

CLOCK

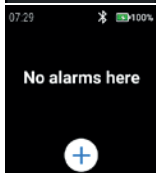
» Toccare „Clock” per accedere al menu Orologio per impostare la sveglia, avviare il cronometro, impostare la data e l'ora e cambiare il formato dell'ora.



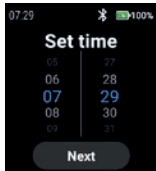
Alarm



» Toccare „Alarm” per impostare una sveglia.

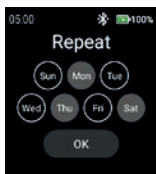


» Toccare „+” per impostare una nuova sveglia.

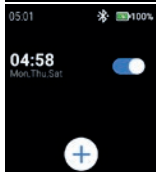


» Scorrere verso l'alto/verso il basso le ore e i minuti per impostare l'ora della sveglia appropriata.

» Confermare con „Next”.

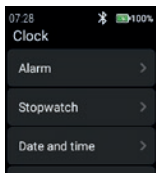


- » Selezionare il giorno o i giorni in cui ripetere la sveglia.
- » Confermare con „OK“.

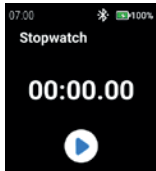


- » Attivare/disattivare la sveglia.

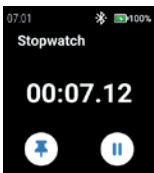
Stopwatch



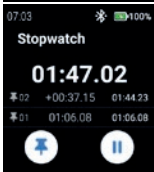
- » Toccare „Stopwatch“ per aprire il cronometro.



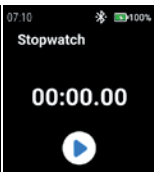
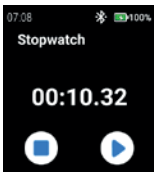
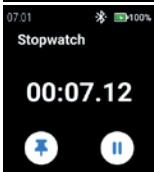
- » Toccare il simbolo „freccia“ per avviare la misurazione del tempo.



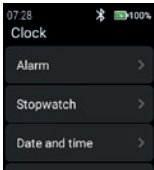
» Toccare il simbolo „pausa” per interrompere la misurazione del tempo.



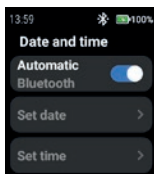
» Toccare il simbolo „ago di spillo” per ottenere tempi intermedi.



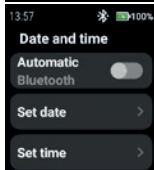
Date and time



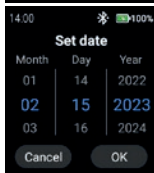
» Toccare „Date and time” per impostare la data e l’ora.



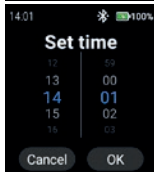
» Attivare „Automatic“ per utilizzare l’orario fornito dalla rete (Wi-Fi (stand alone)). Anche in caso di connessione a un secondo dispositivo (smartphone).



» Per inserire manualmente la data e l’ora, disattivare la modalità „Automatic“ e toccare „Set date“/„Set time“.

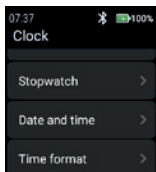


» Scorrere verso l’alto/il basso per inserire la data.
» Confermare con „OK“.

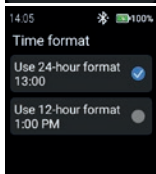


» Scorrere verso l’alto/il basso per inserire l’ora.
» Confermare con „OK“.

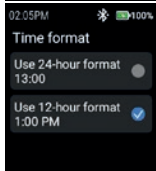
Time format



» Toccare „Time format“ per selezionare il formato 24 ore o 12 ore.



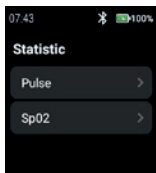
Formato 24 ore



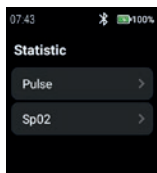
Formato 12 ore

STATISTIC

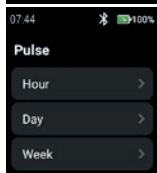
» Toccare „Statistic“ per accedere al menu delle statistiche.



Pulse



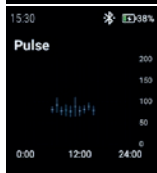
» Toccare „Pulse“ per selezionare „Hour“, „Day“ o „Week“.



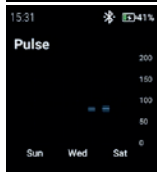
» Selezionare „Hour“, „Day“ o „Week“ per visualizzare i record appropriati.



Pulse Hour

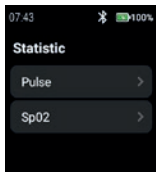


Pulse Day

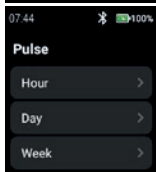


Pulse Week

SpO₂



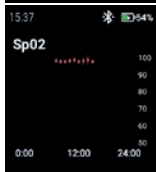
» Toccare „SpO₂” per selezionare „Hour”, „Day” o „Week”.



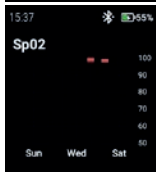
» Selezionare „Hour”, „Day” o „Week” per visualizzare i record appropriati.



SpO₂ Hour



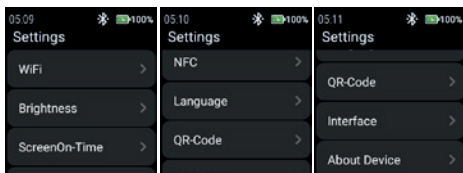
SpO₂ Day



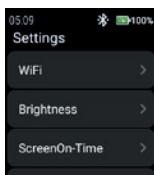
SpO₂ Week

SETTINGS

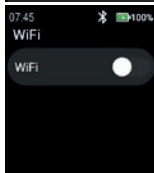
» Toccare „Settings“ per accedere al menu delle impostazioni.



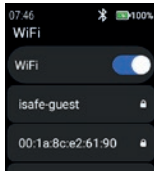
WiFi



» Toccare „WiFi“ per impostare la connessione WiFi.



» Attivare „WiFi“.

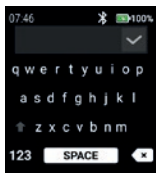


Vengono visualizzate tutte le reti WiFi disponibili.

» Selezionare quella appropriata e inserire la password quando richiesto.

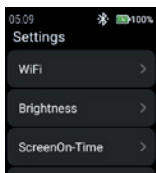
NOTA

È possibile utilizzare la funzione NFC per accedere al WiFi mentre si utilizza un tag NFC programmato!

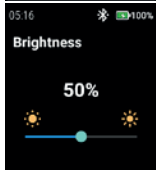


- » Inserire la password per il WiFi.
- » Confermare con il „segno di spunta“.

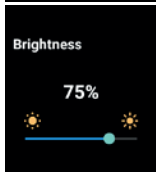
Brightness



- » Toccare „Brightness” per modificare il livello di luminosità del display.



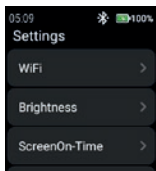
- » Per modificare il livello di luminosità del display, scorrere verso sinistra o verso destra.



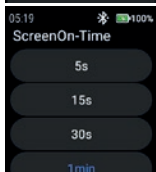
NOTA

Una maggiore luminosità del display comporta un maggiore consumo della batteria!

ScreenOn-Time



» Toccare „ScreenOn-Time“ per impostare il tempo di accensione dello schermo.

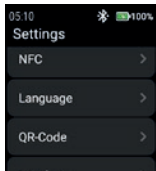


» Selezionare il tempo di accensione dello schermo appropriato (5 s ... 5 min).

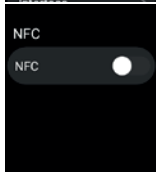
NOTA

Un tempo di accensione dello schermo più elevato comporta un maggiore consumo della batteria!

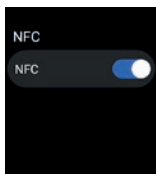
NFC



» Toccare „NFC“ per attivare/disattivare la funzione NFC.

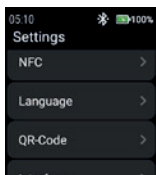


» Attivare „NFC“.

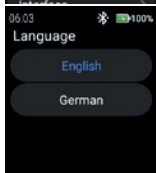


La funzione NFC è attivata.

Language



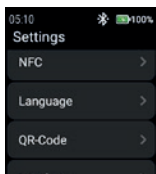
» Toccare „Language“ per selezionare la lingua.



Lo smartwatch offre 2 impostazioni di lingua.

» Scegliere tra „English“ o „German“.

QR-Code



» Toccare „QR-Code“ per visualizzare il codice QR.

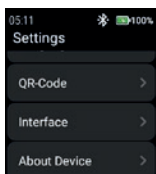


Viene visualizzato il codice QR appartenente all'orologio per l'accoppiamento con lo smartphone.

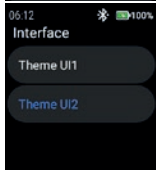
NOTA

Per l'accoppiamento con lo smartphone, installare l'applicazione i. safe CONNECT (disponibile su Google Play Store) sullo smartphone.

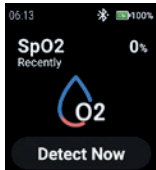
Interface



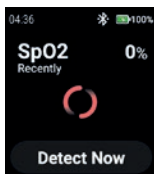
» Toccare „Interface“ per cambiare l'aspetto delle icone del menu dell'orologio.



» Selezionare tra „Theme UI1“ e „Theme UI2“.

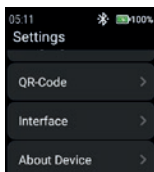


Theme UI1



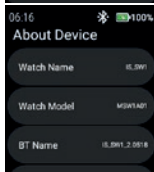
Theme UI2

About Device



» Toccare „About device” per visualizzare informazioni sul nome dell'orologio, il modello, il nome Bluetooth, la versione del software, il numero di serie, l'indirizzo MAC Bluetooth e WiFi e la possibilità di riportare l'orologio ai valori di fabbrica.

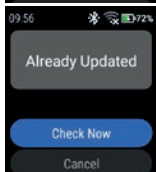
Opzioni selezionabili: „SW Version” e „Reset di fabbrica”



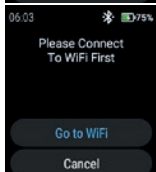
SW Version



» Toccare „SW Version“ per verificare la presenza di aggiornamenti.



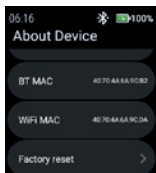
» Toccare „Check Now“ per avviare il controllo degli aggiornamenti.



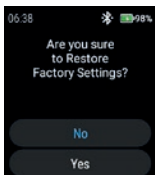
Se l'orologio non è connesso alla rete WiFi, viene richiesto di connettersi alla rete WiFi.

» Toccare „Go to WiFi“ e procedere come descritto nella sezione „Settings>WiFi“.

Factory reset



» Toccare „Factory reset“ per riportare l'orologio alle impostazioni di fabbrica.



» Toccare „Yes“ per ripristinare l'orologio alle condizioni di fabbrica.

L'orologio eseguirà un reset di fabbrica.

NEDERLANDS

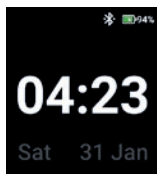
» SCHERMOVERZICHT



» Afhankelijk van waar u zich in het menu bevindt, drukt u op de Aan/uit-toets (1) om naar het startscherm/horlogegezicht of naar het menu te gaan.

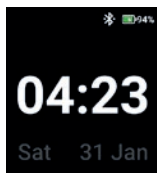
» Druk op de Zijtoets rechts (2) om terug te gaan naar het vorige scherm.

» STARTSCHEM/HORLOGEGEZICHT

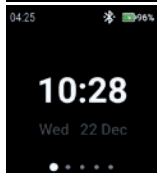


» Druk op de Aan/Uit-toets om het startscherm/horlogegezicht te openen.

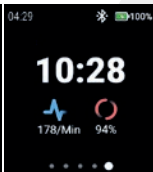
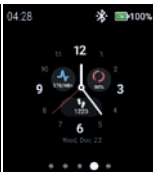
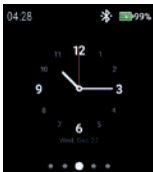
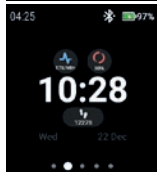
» HORLOGEGEZICHTEN WIJZIGEN



» Blijf op het scherm tikken.

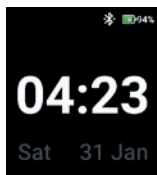


» Veeg van rechts naar links om een geschikte wijzerplaat te selecteren.

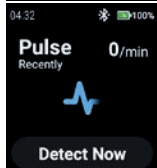


» Tik op de wijzerplaat om deze te selecteren.

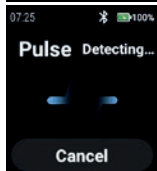
» POLSSLAG DETECTEREN (HANDMATIG)



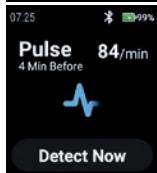
» Veeg van links naar rechts.



» Tik op „Detect now“.

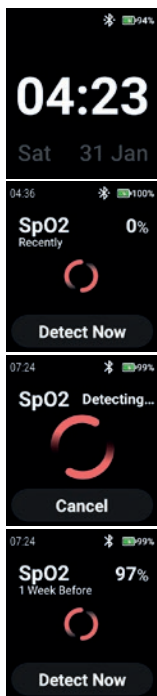


Polsslag detecteren



De huidige waarde voor puls/min wordt rechtsboven weergegeven.

› SPO2 DETECTEREN (HANDMATIG)



›› Veeg van rechts naar links.

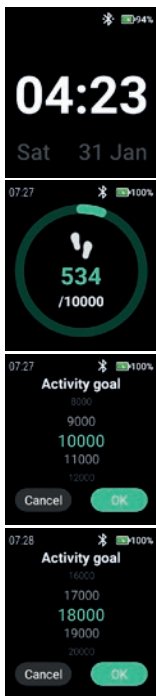
›› Tik op „Detect Now“.

SpO2 detecteren

Huidige waarde voor SpO2 in % wordt rechtsboven weergegeven.

(normaal 93 % ... 99 %)

» STEP COUNTER



» Veeg 2 x van rechts naar links.

Huidige stappen en huidig geselecteerd activiteitsdoel wordt weergegeven.

» Tik op de display om het activiteitsdoel in te stellen/te wijzigen.

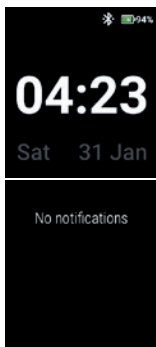
» Scroll omhoog/omlaag om de juiste waarde te selecteren.

» Bevestig met „OK“.

OPMERKING

Getelde stappen worden om middernacht automatisch gewist!

> NOTIFICATIONS

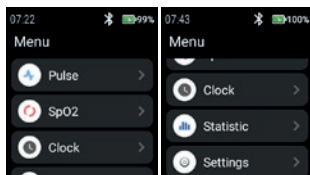


>> Veeg van boven naar beneden.

Meldingen worden weergegeven.

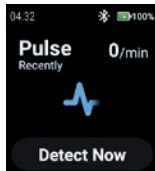
» MENU

» Druk op de aan/uit-toets om het menu met de volgende opties te openen:



PULSE

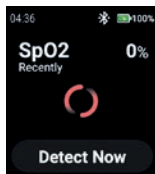
» Tik op „Pulse” om de pulsdetectie te openen.



Zie hoofdstuk „Polsslag detecteren (handmatig)”.

SPO₂

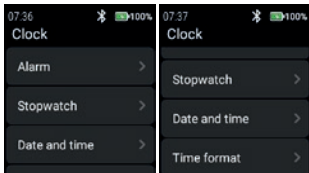
» Tik op „SpO2” om SpO2-detectie te openen.



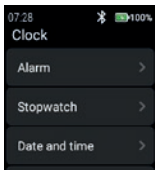
Zie hoofdstuk „SpO2 detecteren (handmatig)”.

CLOCK

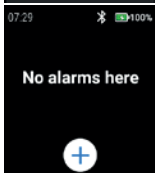
» Tik op „Clock“ om het Klokmenu te openen voor het instellen van het alarm, het starten van de stopwatch, het instellen van datum en tijd en het wijzigen van het tijdformaat.



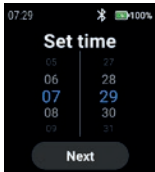
Alarm



» Tik op „Alarm“ om een alarm in te stellen.

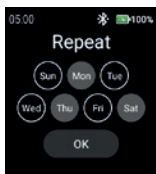


» Tik op „+“ om een nieuw alarm in te stellen.

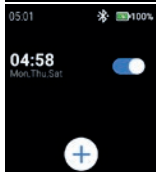


» Scroll omhoog/omlaag in uren en minuten om een geschikte wektijd in te stellen.

» Bevestig met „Next“.

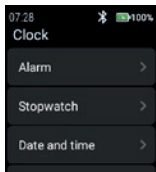


- » Selecteer dag(en) om het alarm te herhalen.
- » Bevestig met „OK“.

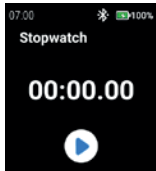


- » Schakel het alarm in/uit.

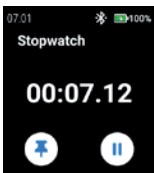
Stopwatch



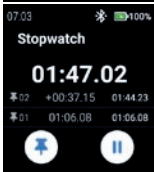
- » Tik op „Stopwatch“ om de stopwatch te openen.



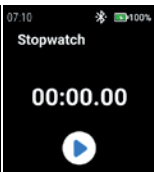
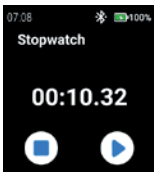
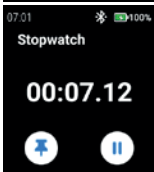
- » Tik op het „pijl“-symbool om de tijdmeting te starten.



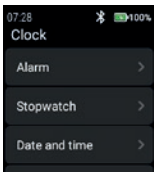
» Tik op het „pauze“-symbool om de tijdmeting te onderbreken.



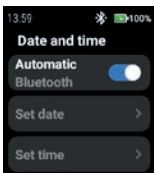
» Tik op het „speldennaald“-symbool om gesplitste tijden te krijgen.



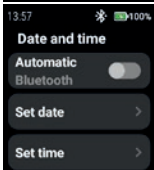
Date and time



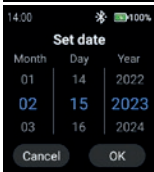
» Tik op „Date and time“ om de datum en tijd in te stellen.



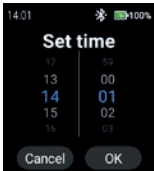
» Schakel „Automatic“ in om de tijdstempel van het netwerk te gebruiken (Wi-Fi (stand alone)). Ook in verbinding met een 2e apparaat (smartphone).



» Om de datum en tijd handmatig in te voeren, schakelt u de „Automatic“-modus uit en tikt u op „Set date“/„Set time“.

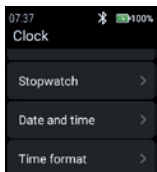


» Scroll omhoog/omlaag om de datum in te voeren.
» Bevestig met „OK“.

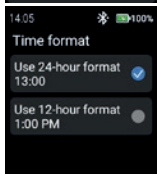


» Scroll omhoog/omlaag om de tijd in te voeren.
» Bevestig met „OK“.

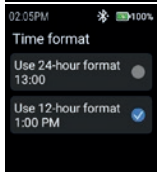
Time format



» Tik op „Time format“ om te kiezen tussen 24-uurs en 12-uurs formaat.



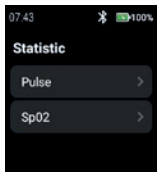
24-uurs formaat



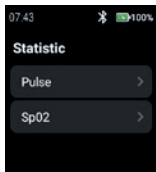
12-uurs formaat

STATISTIC

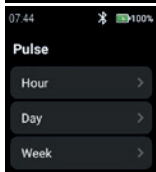
» Tik op „Statistic“ om het statistische menu te openen.



Pulse



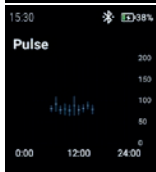
» Tik op „Pulse“ om „Hour“, „Day“ of „Week“ te selecteren.



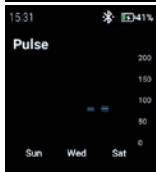
» Selecteer „Hour“, „Day“ of „Week“ om de betreffende records weer te geven.



Pulse Hour

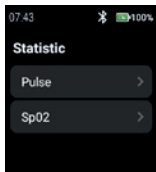


Pulse Day

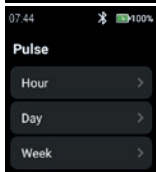


Pulse Week

SpO₂



» Tik op „SpO₂“ om „Hour“, „Day“ of „Week“ te selecteren.



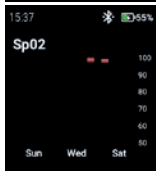
» Selecteer „Hour“, „Day“ of „Week“ om de betreffende records weer te geven.



SpO₂ Hour



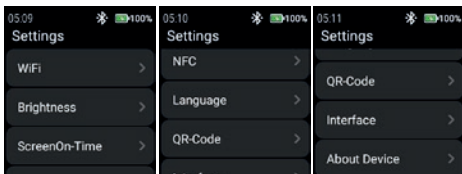
SpO₂ Day



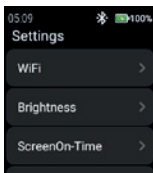
SpO₂ Week

SETTINGS

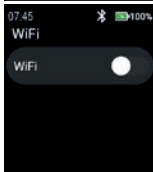
» Tik op „Settings” om het instellingenmenu te openen.



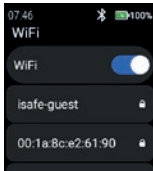
WiFi



» Tik op „WiFi” om een WiFi verbinding in te stellen.



» Schakel „WiFi” in.



Alle beschikbare WiFi-netwerken worden weergegeven.

» Selecteer het juiste netwerk en voer het wachtwoord in wanneer daarom wordt gevraagd.

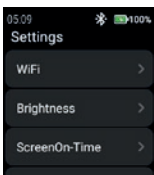
OPMERKING

Het is mogelijk om de NFC-functie te gebruiken om WiFi in te voeren terwijl u een geprogrammeerde NFC-TAG gebruikt!

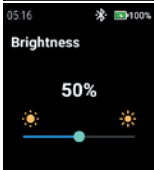


- » Voer het wachtwoord voor WiFi in.
- » Bevestig met „Checkmark“.

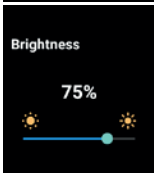
Brightness



- » Tik op „Brightness“ om de helderheid van het scherm te wijzigen.

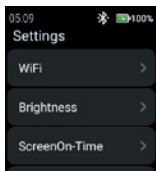


- » Schuif naar links of rechts om de helderheid van het scherm te wijzigen.

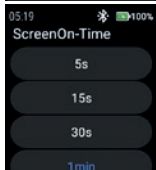


NB
Een hogere schermhelderheid betekent een hoger batterijverbruik!

ScreenOn-Time



» Tik op „ScreenOn-Time“ om de ScreenOn-Time in te stellen.

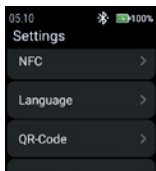


» Selecteer de juiste schermtijd (5 s ... 5 min).

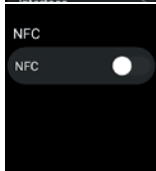
OPMERKING

Een langere schermtijd leidt tot een hoger batterijverbruik!

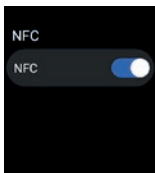
NFC



» Tik op „NFC“ om de NFC-functie in of uit te schakelen.

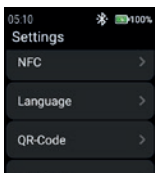


» Schakel „NFC“ in.

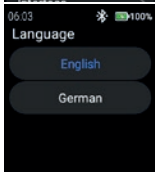


NFC is ingeschakeld.

Language



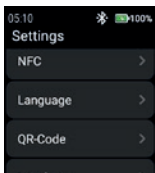
» Tik op „Language” om de taal te selecteren.



De smartwatch biedt 2 taalinstellingen.

» Kies tussen „English” of „German”.

QR-Code



» Tik op „QR-Code” om de QR-code weer te geven.

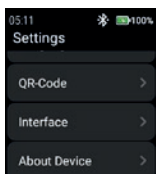


De QR-code die bij het horloge hoort voor het koppelen met de smartphone wordt weergegeven.

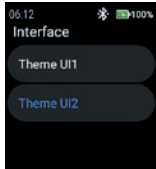
OPMERKING

Voor het koppelen met een smartphone moet u de app i.safe CONNECT (beschikbaar in de Google Play Store) op uw smartphone installeren.

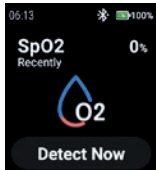
Interface



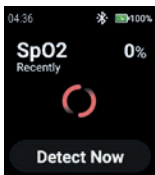
» Tik op „Interface“ om het uiterlijk van de menupictogrammen van het horloge te veranderen.



» Kies tussen „Thema UI1“ en „Thema UI2“.

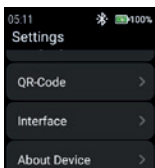


Theme UI1



Theme UI2

About Device



» Tik op „About device“ om informatie te tonen over de naam van het horloge, het model, de Bluetooth-naam, de softwareversie, het serienummer, het Bluetooth & WiFi MAC-adres en de mogelijkheid om het horloge terug te zetten naar de fabriekinstellingen.

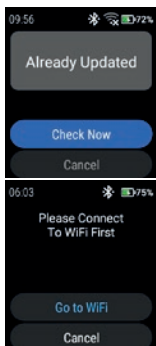
Selecteerbare opties: „SW Version“ en „Factory reset“.



SW Version



» Tik op „SW Version“ om te controleren op updates.

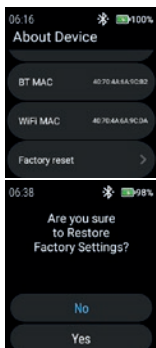


» Tik op „Check Now“ om de controle op updates te starten.

Als het horloge niet is verbonden met het WiFi-netwerk, wordt u gevraagd verbinding te maken met WiFi.

» Tik op „Go to WiFi“ en ga verder zoals beschreven in hoofdstuk „Settings>WiFi“.

Factory reset



» Tik op „Factory reset“ om het horloge terug te zetten naar de fabrieksinstellingen.

» Tik op „Yes“ om het horloge terug te zetten naar de fabrieksinstellingen.

Het horloge voert een fabrieksreset uit.

NORSK

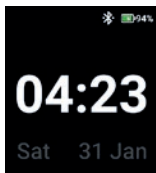
» SKJERMVERSICHT



» Avhengig av hvor du befinner deg i menyen, trykker du på av/på-tasten (1) for å gå til startskjermen/urskiven eller for å gå inn i menyen.

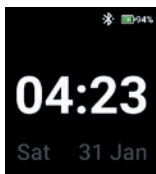
» Trykk på sidetasten til høyre (2) for å gå tilbake til forrige skjermbilde.

» STARTSKJERM/URSKIVE

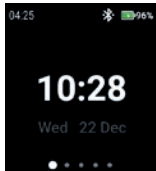


» Trykk på av/på-tasten for å gå til startskjermen/urskiven.

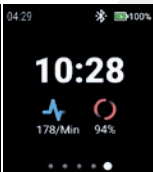
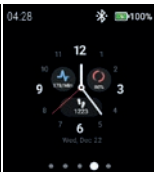
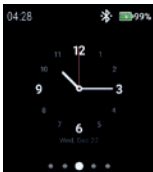
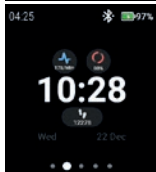
» ENDRE URSKIVER



» Trykk og hold på skjermen.

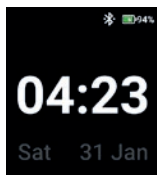


» Sveip fra høyre til venstre for å velge en passende urskive.

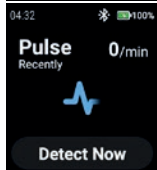


» Trykk på urskiven for å velge den.

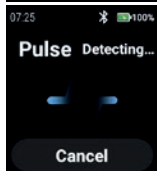
» REGISTRERE PULS (MANUELT)



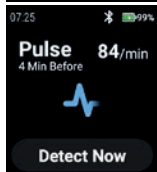
» Sveip fra venstre til høyre.



» Trykk på for å „Detect now“.

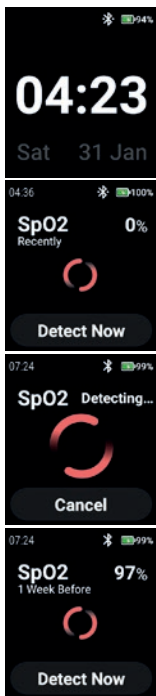


Pulsmåling



Gjeldende verdi for puls/min vises øverst til høyre.

» REGISTRERE SPO2 (MANUELT)



» Sveip fra høyre til venstre.

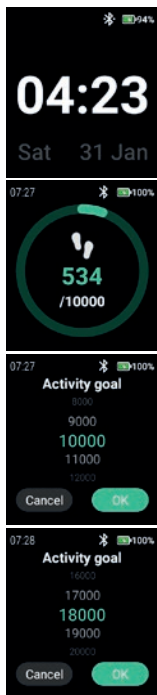
» Trykk på for „Detect now“.

SpO2-måling

Nåværende verdi for SpO2 i % vises øverst til høyre.

(normalt tilfelle 93 % ... 99 %)

» STEP COUNTER



» Sveip 2 x fra høyre til venstre.

Nåværende skritt og nåværende valgt aktivitetsmål vises.

» Trykk på displayet for å angi/endre aktivitetsmålet.

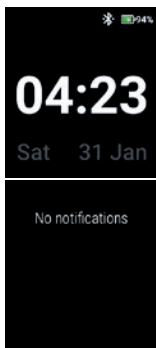
» Bla opp/ned for å velge riktig verdi.

» Bekreft med „OK“.

MERK

Registrerte skritt slettes automatisk ved midnatt!

> NOTIFICATIONS

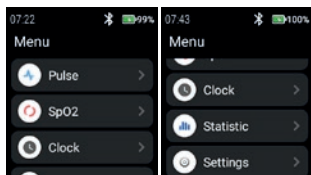


>> Sveip fra topp til bunn.

Varsler vises.

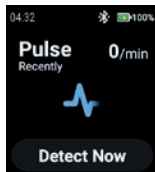
» MENU

» Trykk på av/på-tasten for å gå inn i menyen med følgende alternativer:



PULSE

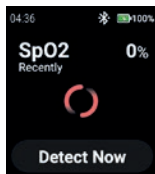
» Trykk på „Pulse“ for å gå inn i pulsregistrering.



Se avsnittet „Registrere puls (manuelt)“.

SPO₂

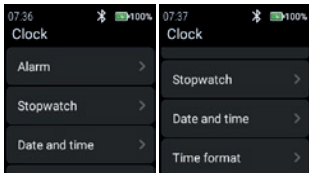
» Trykk på „SpO2“ for å gå inn i SpO2-måling.



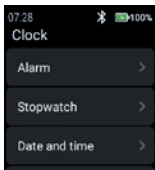
Se avsnittet „Registrere SpO2 (manuelt)“.

CLOCK

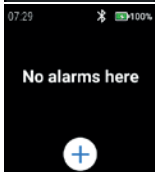
» Trykk på „Clock“ for å gå inn i Klokke-menyen for å stille inn alarm, starte stoppeklokke, stille inn dato og klokkeslett og endre tidsformat.



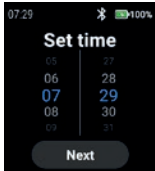
Alarm



» Trykk på „Alarm“ for å stille inn en alarm.

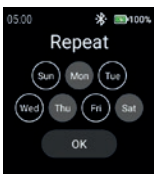


» Trykk på „+“ for å stille inn en ny alarm.



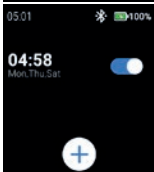
» Bla opp/ned i timer og minutter for å stille inn en passende alarmtid.

» Bekreft med „Next“.



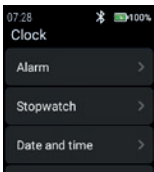
» Velg dag(er) for å gjenta alarmen.

» Bekreft med „OK“.

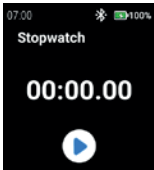


» Aktiver/deaktiver alarmen.

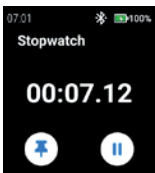
Stopwatch



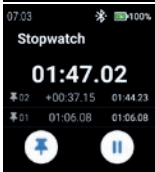
» Trykk på „Stopwatch“ for å åpne stoppeklokken.



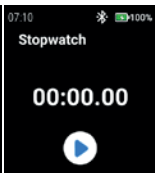
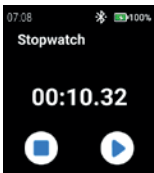
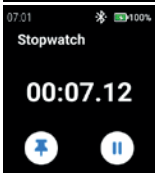
» Trykk på „pil“-symbolet for å starte tidsmålingen.



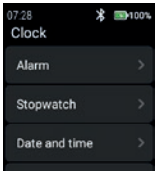
» Trykk på „pause“-symbolet for å avbryte tidsmålingen.



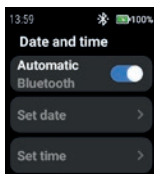
» Trykk på „knappenål“-symbolet for å få mellomtider.



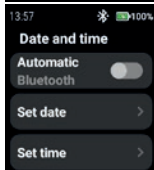
Date and time



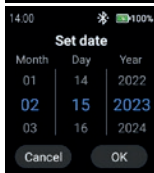
» Trykk på „Date and time“ for å stille inn dato og klokkeslett.



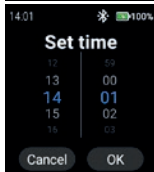
» Aktiver „Automatic“ for å bruke tidsstempel fra nettverket (Wi-Fi (frittstående)). Også i forbindelse med en 2. enhet (smarttelefon).



» Hvis du vil angi dato og klokkeslett manuelt, deaktiverer du „Automatic“-modus og trykker på „Set date“/„Set time“.

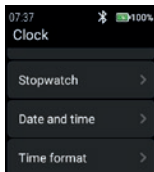


» Bla opp/ned for å angi dato.
» Bekreft med „OK“.

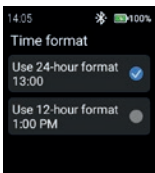


» Bla opp/ned for å angi klokkeslett.
» Bekreft med „OK“.

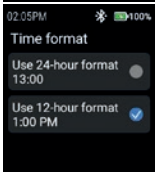
Time format



» Trykk på „Time format“ for å velge mellom 24-timers og 12-timers format.



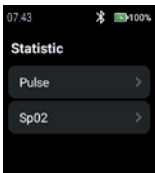
24-timers format



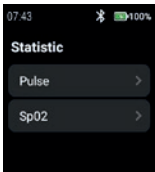
12-timers format

STATISTIC

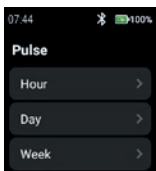
» Trykk på „Statistic“ for å åpne statistikkmenyen.



Pulse



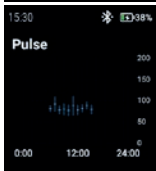
» Trykk på „Pulse“ for å velge „Hour“, „Day“ eller „Week“.



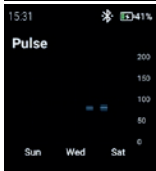
» Velg „Hour“, „Day“ eller „Week“ for å vise relevante poster.



Pulse Hour

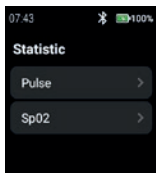


Pulse Day

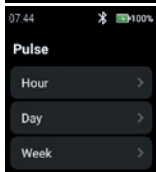


Pulse Week

SpO₂



» Trykk på „SpO₂” for å velge „Hour”, „Day” eller „Week”.



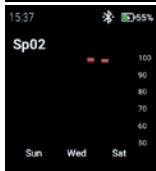
» Velg „Hour”, „Day” eller „Week” for å vise relevante poster.



SpO₂ Hour



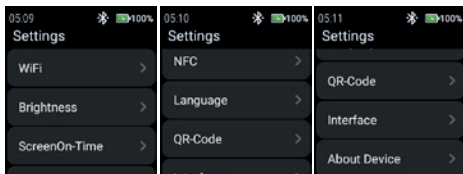
SpO₂ Day



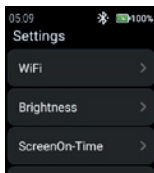
SpO₂ Week

SETTINGS

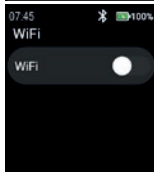
» Trykk på „Settings” for å åpne innstillingsmenyen.



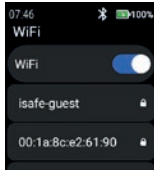
WiFi



» Trykk på „WiFi” for å sette opp WiFi-tilkobling.



» Aktiver „WiFi”.

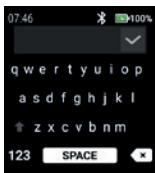


Alle tilgjengelige WiFi-nettverk vises.

» Velg riktig nettverk og skriv inn passordet når du blir bedt om det.

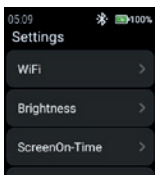
MERK

Det er mulig å bruke NFC-funksjonen for å gå inn i WiFi mens du bruker en programmert NFC-TAG!

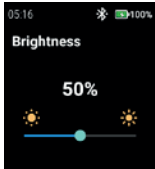


- » Skriv inn passordet for WiFi.
- » Bekreft med „Huk av“.

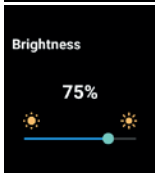
Brightness



- » Trykk på „Brightness“ for å endre lysstyrken på skjermen.



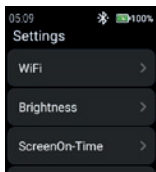
- » Skyv til venstre eller høyre for å endre lysstyrkenivået på skjermen.



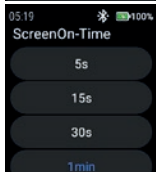
MERK

Høyere lysstyrke på skjermen innebærer høyere batteriforbruk!

ScreenOn-Time



» Trykk på „ScreenOn-Time“ for å stille inn ScreenOn-Time.

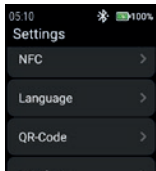


» Velg passende skjerm på-tid (5 s ... 5 min).

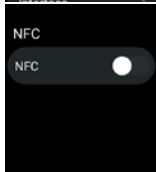
MERK

Høyere skjerm på-tid innebærer høyere batteriforbruk!

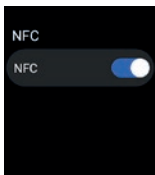
NFC



» Trykk på „NFC“ for å slå av/på NFC-funksjonen.

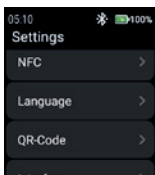


» Aktiver „NFC“.

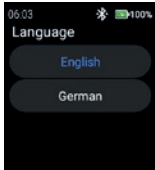


NFC er slått på.

Language

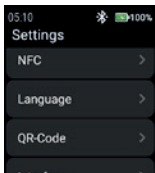


» Smartklokken har to språkinnstillinger.



Smartklokken har to språkinnstillinger.
» Velg mellom „English“ eller „German“.

QR-Code



» Trykk på „QR-Code“ for å vise QR-koden.

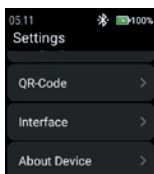


QR-koden som tilhører klokken for sammenkobling med smarttelefonen vises.

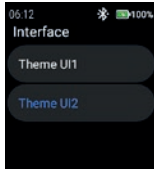
MERK

For paring med smarttelefon, installer i.safe CONNECT-appen (tilgjengelig på Google Play Store) på smarttelefonen din.

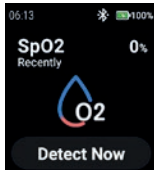
Interface



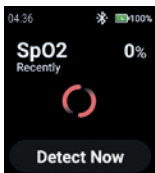
» Trykk på „Interface” for å endre utseendet på klokkenes menyikoner.



» Velg mellom „Tema UI1” og „Tema UI2”.

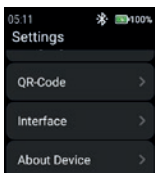


Theme UI1



Theme UI2

About Device



» Trykk på „About device“ for å vise informasjon om klokken navn, modell, Bluetooth-navn, programvareversjon, serienummer, Bluetooth og WiFi MAC-adresse og muligheten til å tilbakestille klokken til fabrikkinnstillingene.

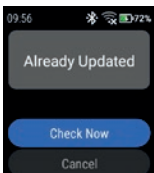
Valgbare alternativer: „SW Version“ og „Tilbakestill til fabrikkinnstillinger“



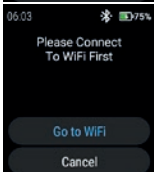
SW Version



» Trykk på „SW Version“ for å se etter oppdateringer.



» Trykk på „Check Now“ for å starte søket etter oppdateringer.



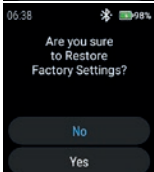
Hvis klokken ikke er koblet til WiFi-nettverket, blir du bedt om å koble til WiFi.

» Trykk på „Go to WiFi“ og fortsett som beskrevet i avsnittet „Settings>WiFi“.

Factory reset



» Trykk på „Factory reset“ for å tilbakestille klokken til fabrikkinnstillingene.



» Trykk på „Yes“ for å tilbakestille klokken til fabrikkinnstillingene.

Klokken vil utføre en tilbakestilling til fabrikkinnstillingene.

POLSKI

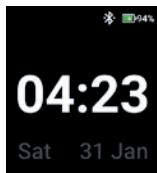
» PRZEGLĄD EKRAŃÓW



» W zależności od tego, w którym miejscu menu się znajdujesz, naciśnij klawisz Power (1), aby wejść na ekran startowy/ tarczę zegarka lub wejść do menu.

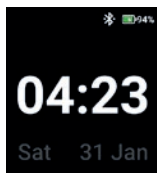
» Naciśnij przycisk Boczny w prawo (2), aby wrócić do poprzedniego ekranu.

» EKРАН СТАРТОВЫ/ ТАРЧА ЗЕГАРКА

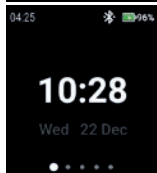


» Naciśnij przycisk zasilania, aby wejść do ekranu startowego/ tarczy zegarka.

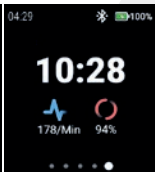
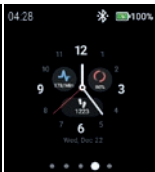
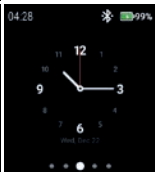
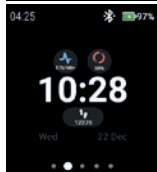
» ZMIANA ТАРЧ ЗЕГАРКА



» Dotknij i przytrzymaj na wyświetlaczu.

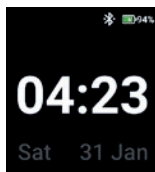


» Przeciągnij palcem od prawej do lewej, aby wybrać odpowiednią tarczę zegarka.

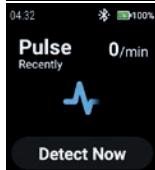


» Stuknij tarczę zegarka, aby ją wybrać.

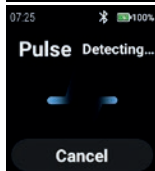
» WYKRYWANIE PULSU (RĘCZNIE)



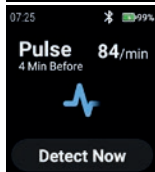
» Przeciągnij palcem od lewej do prawej.



» Stuknij w celu „Detect now”.

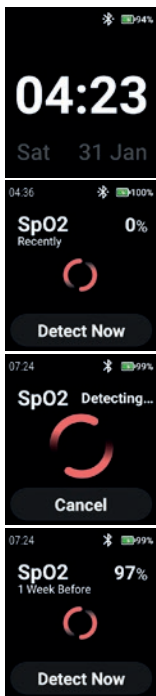


Wykrywanie pulsu



Aktualna wartość pulsu/min jest wyświetlana w prawym górnym rogu.

» WYKRYWANIE SPO2 (RĘCZNIE)



» Przesuń palcem od prawej do lewej.

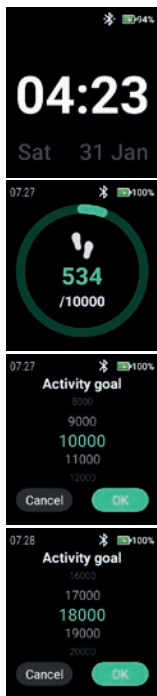
» Stuknij w „Detect Now”.

Wykrywanie SpO2

Aktualna wartość SpO2 w % jest wyświetlana w prawym górnym rogu.

(normalny przypadek 93 % ... 99 %)

» STEP COUNTER



» Przeciągnij 2 razy od prawej do lewej.

Wyświetlane są aktualne kroki i aktualnie wybrany cel aktywności.

» Stuknij w wyświetlacz, aby ustawić/zmienić cel aktywności.

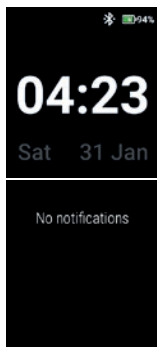
» Przewiń w górę/dół, aby wybrać odpowiednią wartość.

» Potwierdź przyciskiem „OK”.

UWAGA

Zliczone kroki są automatycznie kasowane o północy!

> NOTIFICATIONS

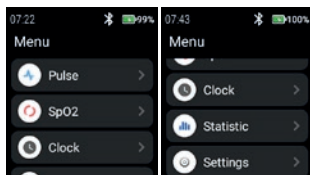


>> Przepiągnij palcem od góry do dołu.

Zostaną wyświetlone powiadomienia.

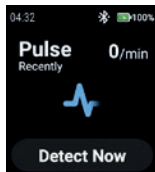
» MENU

» Naciśnij przycisk Power, aby wejść do menu z następującymi opcjami:



PULSE

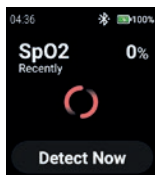
» Dotknij „Pulse”, aby wejść do wykrywania pulsu.



Patrz rozdział „Wykrywanie pulsu (ręcznie)”.

SPO₂

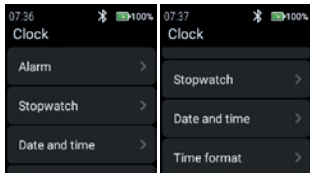
» Dotknij „SpO2”, aby wejść do wykrywania SpO₂.



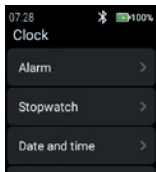
Patrz rozdział „Wykrywanie SpO₂ (ręcznie)”.

CLOCK

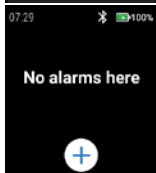
» Stuknij „Clock”, aby wejść do menu zegara w celu ustawienia alarmu, uruchomienia stopera, ustawienia daty i godziny oraz zmiany formatu czasu.



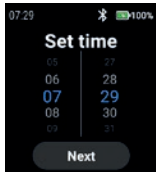
Alarm



» Stuknij „Alarm”, aby ustawić alarm.

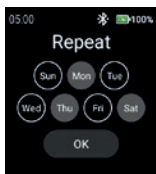


» Dotknij „+”, aby ustawić nowy alarm.

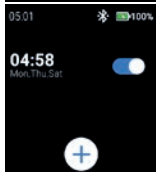


» Przewiń w górę/w dół godziny i minuty, aby ustawić odpowiedni czas alarmu.

» Potwierdź przyciskiem „Next”.

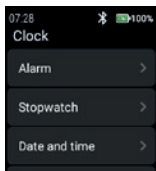


- » Wybierz dzień (dni), w którym alarm ma być powtarzany.
- » Potwierdzić przyciskiem „OK”.

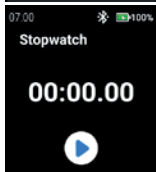


- » Włączenie/wyłączenie alarmu.

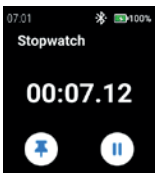
Stopwatch



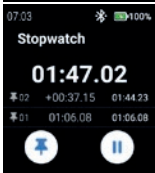
- » Stuknij w „Stopwatch”, aby otworzyć stoper.



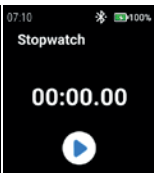
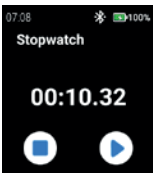
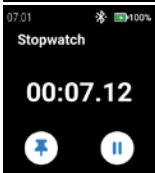
- » Stuknij w symbol „strzałki”, aby rozpocząć pomiar czasu.



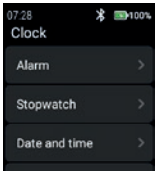
» Dotknij symbolu „pauzy”, aby przerwać pomiar czasu.



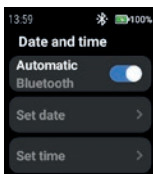
» Stuknij w symbol „pin needle”, aby uzyskać podział czasu.



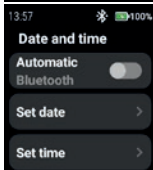
Date and time



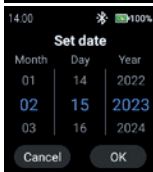
» Stuknij w „Date and time”, aby ustawić datę i czas.



» Włącz opcję „Automatic”, aby używać znaczników czasu dostarczanych przez sieć (Wi-Fi (samodzielnie)). Również w połączeniu z drugim urządzeniem (smartfon).

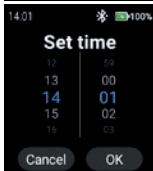


» Aby wprowadzić datę i godzinę ręcznie, wyłączyć tryb „Automatic” i stuknąć w „Set date”/„Set time”.



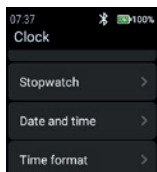
» Przewiń w górę/w dół, aby wprowadzić datę.

» Potwierdź przyciskiem „OK”.

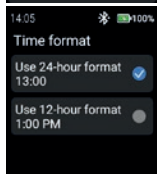


» Przewiń w górę/w dół, aby wprowadzić godzinę.

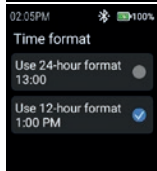
» Potwierdź przyciskiem „OK”.

Time format

» Dotknij „Time format“, aby wybrać pomiędzy formatem 24- i 12-godzinnym.



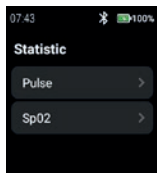
Format 24-godzinny



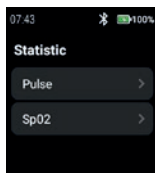
Format 12-godzinny

STATISTIC

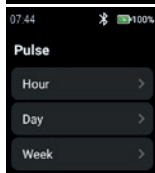
» Stuknij „Statistic“, aby wejść do menu statystyk.



Pulse



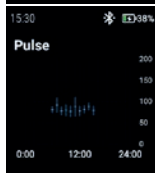
» Stuknij „Pulse”, aby wybrać „Hour”, „Day” lub „Week”.



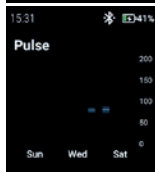
» Wybierz „Hour”, „Day” lub „Week”, aby wyświetlić odpowiednie rekordy.



Pulse Hour

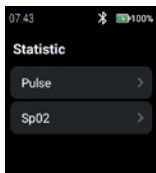


Pulse Day

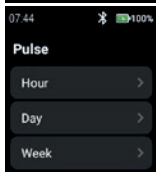


Pulse Week

SpO₂



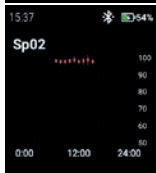
» Stuknij „SpO₂”, aby wybrać „Hour”, „Day” lub „Week”.



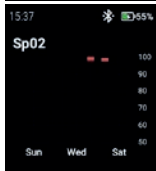
» Wybierz „Hour”, „Day” lub „Week”, aby wyświetlić odpowiednie rekordy.



SpO₂ Hour



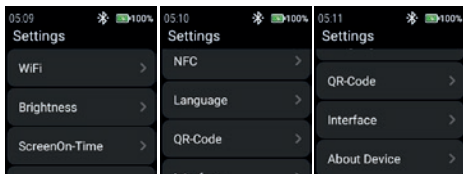
SpO₂ Day



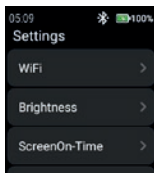
SpO₂ Week

SETTINGS

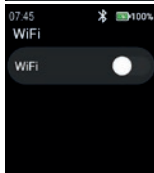
» Dotknij „Settings”, aby wejść do menu ustawień.



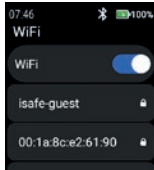
WiFi



» Dotknij „WiFi”, aby skonfigurować połączenie WiFi.



» Włącz „WiFi”.

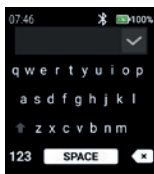


Wyświetlone zostaną wszystkie dostępne sieci WiFi.

» Wybierz odpowiednią i wprowadź hasło, gdy pojawi się monit.

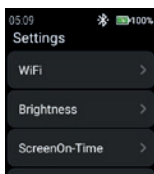
UWAGA

Możliwe jest użycie funkcji NFC, aby wejść do sieci WiFi podczas używania zaprogramowanego NFC-TAG!

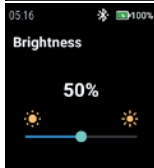


- » Wprowadź hasło dla sieci WiFi.
- » Potwierdź przyciskiem „Checkmark”.

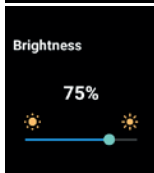
Brightness



- » Dotknij „Brightness”, aby zmienić poziom jasności wyświetlacza.



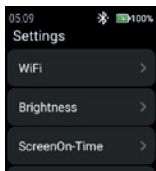
- » Aby zmienić poziom jasności wyświetlacza przesunąć w lewo lub w prawo.



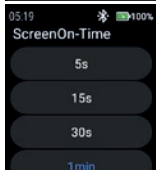
UWAGA

Wyższa jasność wyświetlacza oznacza większe zużycie baterii!

ScreenOn-Time



» Stuknij „ScreenOn-Time”, aby ustawić czas włączenia ekranu.

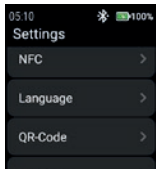


» Wybierz odpowiedni czas włączenia ekranu (5 s ... 5 min).

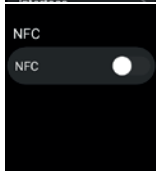
UWAGA

Wyższy czas włączenia ekranu oznacza większe zużycie baterii!

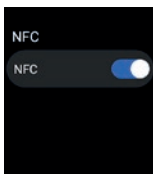
NFC



» Stuknij „NFC”, aby włączyć/wyłączyć funkcję NFC.

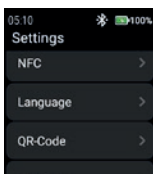


» Włącz „NFC”.

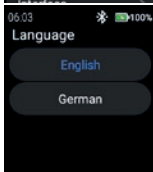


Funkcja NFC jest włączona.

Language



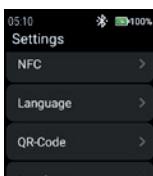
» Stuknij „Language”, aby wybrać język.



Smartwatch zapewnia 2 ustawienia języka.

» Wybierz pomiędzy „English” lub „German”.

QR-Code



» Stuknij „QR-Code”, aby wyświetlić kod QR.

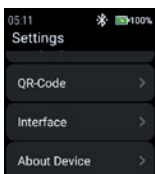


Wyświetlony zostanie kod QR należący do zegarka w celu sparowania ze smartfonem.

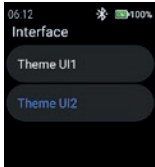
UWAGA

W celu sparowania ze smartfonem zainstaluj na smartfonie aplikację i.safe CONNECT (dostępną w Google Play Store).

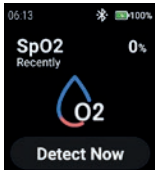
Interface



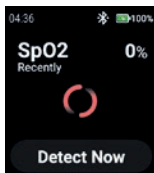
» Stuknij w „Interface”, aby zmienić wygląd ikon menu zegarka.



» Wybierz pomiędzy „Theme UI1” i „Theme UI2”.

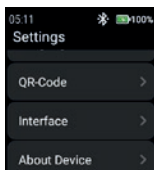


Theme UI1



Theme UI2

About Device



» Stuknij „About device”, aby wyświetlić informacje o nazwie zegarka, modelu, nazwie Bluetooth, wersji oprogramowania, numerze seryjnym, adresie MAC Bluetooth i WiFi oraz możliwości przywrócenia zegarka do stanu fabrycznego.

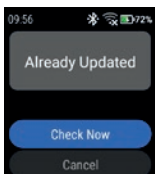
Możliwe do wybrania opcje: „SW Version” i „Factory reset”



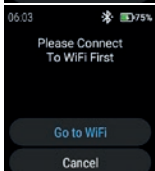
SW Version



» Stuknij „SW Version”, aby sprawdzić, czy są aktualizacje.



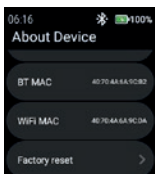
» Stuknij „Check Now”, aby rozpocząć sprawdzanie aktualizacji.



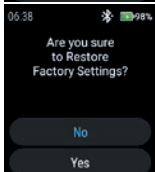
Jeśli zegarek nie jest podłączony do sieci WiFi, pojawi się monit o połączenie z WiFi.

» Stuknij „Go to WiFi” i postępuj zgodnie z opisem w sekcji „Settings>WiFi”.

Factory reset



» Stuknij „Factory reset”, aby przywrócić zegarek do stanu fabrycznego.



» Stuknij „Yes”, aby przywrócić zegarek do ustawień fabrycznych.

Zegarek przeprowadzi reset fabryczny.

PORTUGUÊS

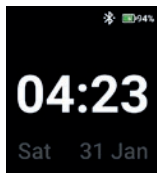
» VISÃO GERAL DO ECRÃ



» Dependendo de onde se encontra no menu, prima a tecla Power (1) para entrar no ecrã de início/rosto do relógio ou para entrar no menu.

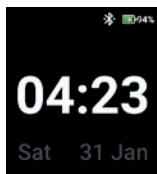
» Prima a tecla Lateral direita (2) para voltar ao ecrã anterior.

» ECRÃ DE INÍCIO/ROSTO DE RELÓGIO

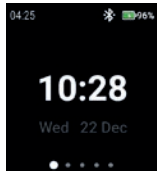


» Pressionar a tecla Power para entrar no ecrã de início/rostos do relógio.

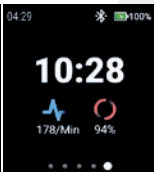
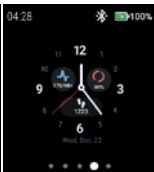
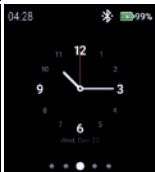
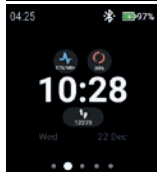
» MUDAR O MOSTRADOR DO RELÓGIO



» Toque e mantenha em exposição.

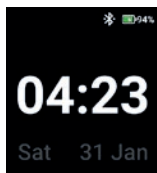


» Passar da direita para a esquerda para seleccionar um mostrador de relógio apropriado.

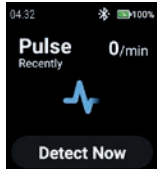


» Tocar no mostrador do relógio para o seleccionar.

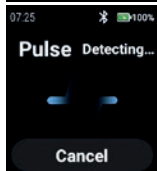
» DETECÇÃO DE PULSO (MANUALMENTE)



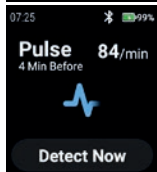
» Desviar da esquerda para a direita.



» Toque para „Detect now“.

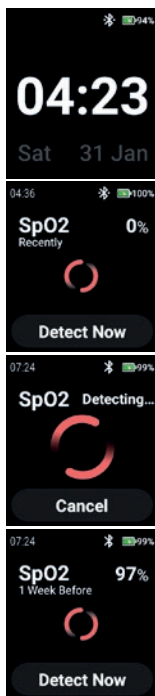


Detecção de pulso



O valor actual para pulso/min é exibido no canto superior direito.

» DETECÇÃO DE SPO2 (MANUALMENTE)



» Passar da direita para a esquerda.

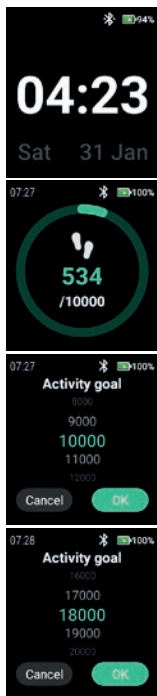
» Toque para „Detect now“.

Detecção de SpO2

O valor actual para SpO2 em % é exibido no canto superior direito.

(caso normal 93 % ... 99 %)

» STEP COUNTER



» Passar 2 x da direita para a esquerda.

São mostrados os passos actuais e o objectivo da actividade seleccionada actual.

» Toque no visor para definir/alterar o objectivo da actividade.

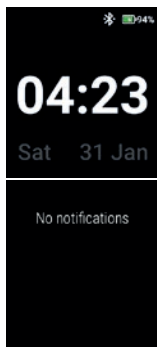
» Percorrer para cima/para baixo para seleccionar o valor apropriado.

» Confirmar com „OK“.

NOTA

As etapas contadas são apagadas automaticamente à meia-noite!

> NOTIFICATIONS

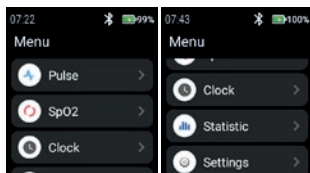


>> Deslizar de cima para baixo.

As notificações são afixadas.

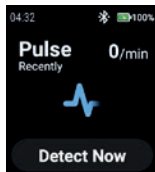
» MENU

» Prima a tecla Power para entrar no menu com as seguintes opções:



PULSE

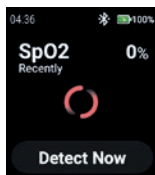
» Toque em „Pulse“ para introduzir a detecção de pulso.



Ver secção „Detecção de pulso (manualmente)“.

SPO₂

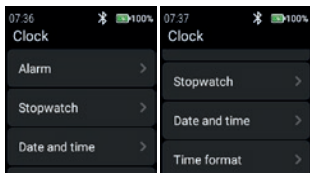
» Toque em „SpO2“ para introduzir a detecção de SpO2.



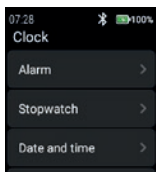
Ver secção „Detecção de SpO2 (manualmente)“.

CLOCK

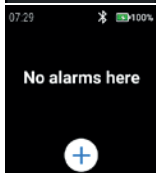
» Toque em „Clock“ para entrar no menu Relógio para definir alarme, para iniciar o cronómetro, para definir data e hora e para alterar o formato da hora.



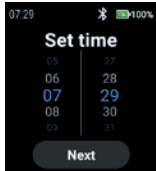
Alarm



» Toque em „Alarm“ para colocar um alarme.

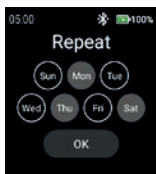


» Toque em „+“ para definir um novo alarme.

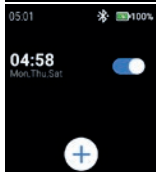


» Desloque-se para cima/para baixo hrs e minutos para definir um tempo de alarme apropriado.

» Confirmar com „Next“ (Seguinte).

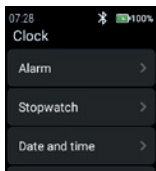


- » Seleccione o(s) dia(s) para repetir o alarme.
- » Confirmar com „OK“.

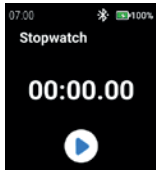


- » Activar/desactivar o alarme.

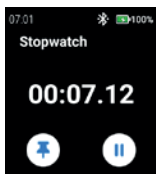
Stopwatch



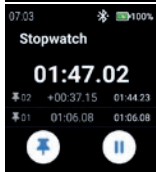
- » Toque em „Stopwatch“ para abrir o cronómetro.



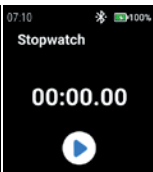
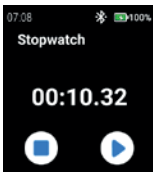
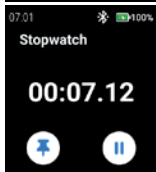
- » Toque no símbolo da „seta“ para iniciar a medição do tempo.



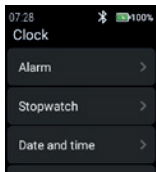
» Tocar no símbolo „pausa” para interromper a medição do tempo.



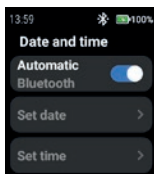
» Bater no símbolo „agulha de alfinete” para obter tempos parciais.



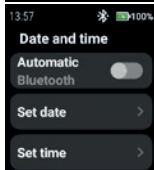
Date and time



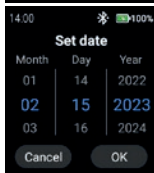
» Toque em „Date and time” para definir a data e a hora.



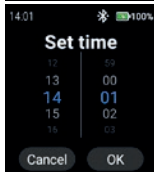
» Activar „Automatic“ para utilizar a rede com carimbo de data e hora (Wi-Fi (stand alone)). Também em ligação com um 2º dispositivo (smartphone).



» Para introduzir a data e a hora manualmente, desactivar o modo „Automatic“ e tocar em „Set date“/„Set time“.

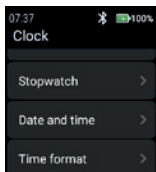


» Percorrer para cima/para baixo para introduzir a data.
» Confirmar com „OK“.

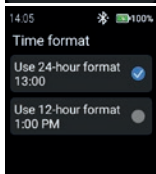


» Desloque-se para cima/para baixo para introduzir a hora.
» Confirmar com „OK“.

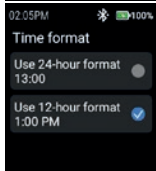
Time format



» Toque em „Time format“ para seleccionar entre o formato de 24 horas e 12 horas.



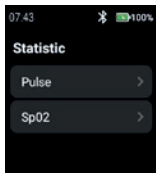
Formato de 24 horas



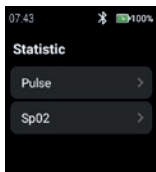
Formato de 12 horas

STATISTIC

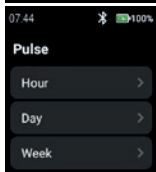
» Toque em „Statistic“ para entrar no menu de estatísticas.



Pulse



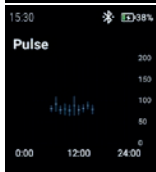
» Toque em „Pulse“ para seleccionar „Hour“, „Day“ ou „Week“.



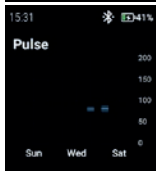
» Seleccionar „Hour“, „Day“ ou „Week“ para exhibir os registros apropiados.



Pulse Hour

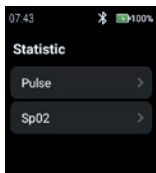


Pulse Day

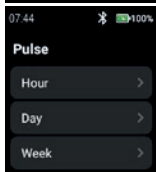


Pulse Week

SpO₂



» Toque em „SpO₂” para seleccionar „Hour”, „Day” ou „Week”.



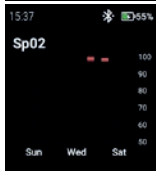
» Seleccionar „Hour”, „Day” ou „Week” para exhibir os registros apropiados.



SpO₂ Hour



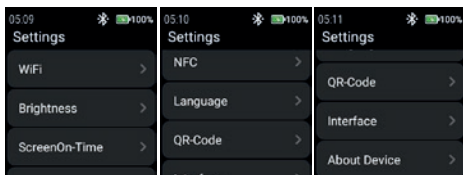
SpO₂ Day



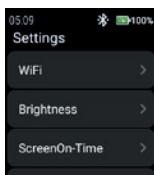
SpO₂ Week

SETTINGS

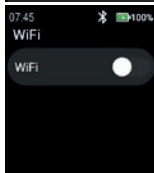
» Toque em „Settings” para entrar no menu de definições.



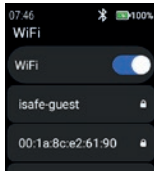
WiFi



» Toque em „WiFi” para configurar a ligação WiFi.



» Habilitar „WiFi”.



Todas as redes WiFi disponíveis são exibidas.

» Selecciona a rede apropriada e introduza a palavra-passe quando for solicitada.

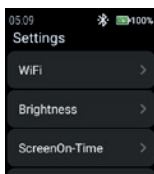
NOTA

É possível utilizar a funcionalidade NFC para entrar em WiFi enquanto se utiliza uma NFC-TAG programada!

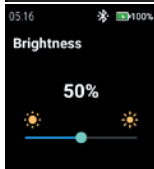


- » Introduza a palavra-passe para WiFi.
- » Confirmar com „Checkmark“.

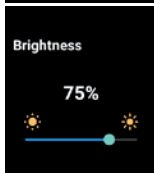
Brightness



- » Toque em „Brightness“ para alterar o nível de brilho do ecrã.



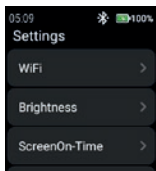
- » Para alterar o nível de brilho do ecrã, deslize para a esquerda ou para a direita.



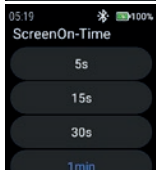
NOTA

Maior brilho de visualização implica um maior consumo de bateria!

ScreenOn-Time



» Toque em „ScreenOn-Time“ para definir o ScreenOn-Time.

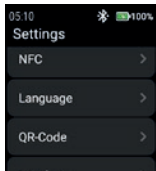


» Selecione o ecrã apropriado na hora (5 s ... 5 min.).

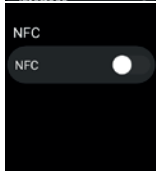
NOTA

Um ecrã mais alto no tempo implica um maior consumo de bateria!

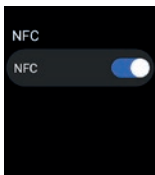
NFC



» Toque em „NFC“ para ligar/desligar a função NFC.

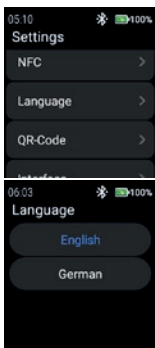


» Activar „NFC“.



NFC é ativado.

Language

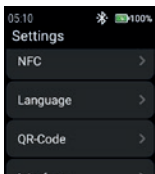


» Toque em „Language“ para seleccionar a língua.

O smartwatch fornece 2 definições de idioma.

» Selecciona entre „English“ ou „German“.

QR-Code



» Toque em „QR-Code“ para exhibir o código QR.

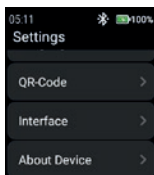


O código QR pertencente ao relógio para emparelhar com o smartphone é exibido.

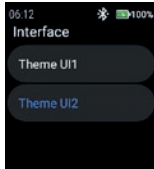
NOTA

Para emparelhar com o smartphone, instale a aplicação i.safe CONNECT (disponível na Google Play Store) no seu smartphone.

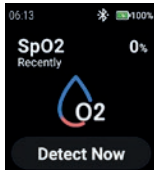
Interface



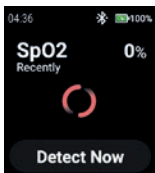
» Toque em „Interface” para alterar o aspecto dos ícones do menu do relógio.



» Seleccione entre „Theme UI1” e „Theme UI2”.

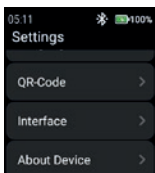


Theme UI1



Theme UI2

About Device



» Toque em „About device“ para mostrar informações sobre o nome do relógio, modelo, nome Bluetooth, versão do software, número de série, endereço MAC Bluetooth & WiFi e a possibilidade de voltar a colocar o relógio na fábrica.

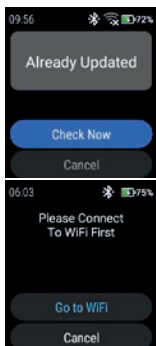
Opções seleccionáveis: „SW Version“ e „reset de fábrica“.



SW Version



» Toque em „SW Version“ para verificar se há actualizações.

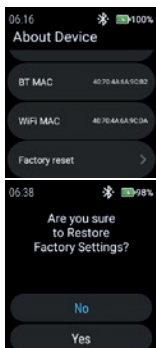


» Toque em „Check Now” para iniciar a verificação de actualizações.

Se o relógio não estiver ligado à rede WiFi, ser-lhe-á pedido que se ligue à rede WiFi.

» Toque em „Go to WiFi” e proceda como descrito na secção „Settings>WiFi”.

Factory reset



» Toque em „Factory reset” para colocar o relógio de volta à fábrica.

» Toque em „Yes” para repor o relógio na fábrica.

O relógio realizará um reset de fábrica.

PORTUGUÊS (BR)

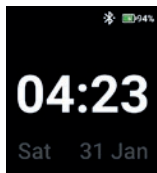
» VISÃO GERAL DA TELA



» Dependendo de onde você estiver no menu, pressione a tecla Power (1) para entrar na tela inicial/ face do relógio ou para entrar no menu.

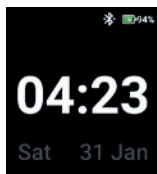
» Pressione a tecla Lateral direita (2) para voltar à tela anterior.

» TELA INICIAL/FACE DO RELÓGIO

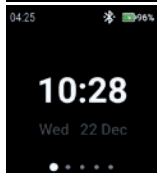


» Pressione a tecla Power para entrar na tela inicial/face do relógio.

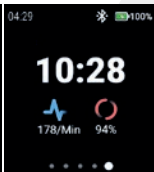
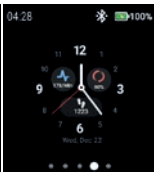
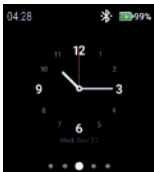
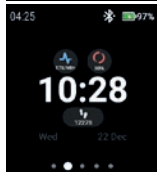
» MUDAR O MOSTRADOR DO RELÓGIO



» Bater e segurar na tela.

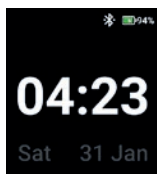


» Passe da direita para a esquerda para selecionar uma face apropriada do relógio.

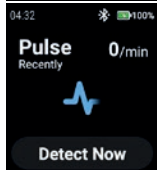


» Toque no mostrador do relógio para selecioná-lo.

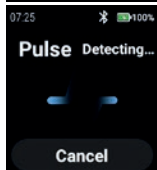
» DETECÇÃO DE PULSO (MANUALMENTE)



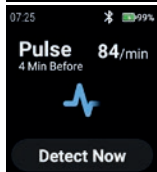
» Passar da esquerda para a direita.



» Toque para „Detect now“.

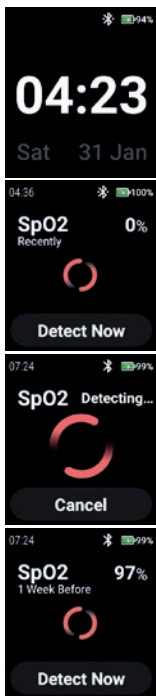


Detecção de pulso



O valor atual para pulso/min é exibido no canto superior direito.

» DETECÇÃO DE SPO2 (MANUALMENTE)



» Passar da direita para a esquerda.

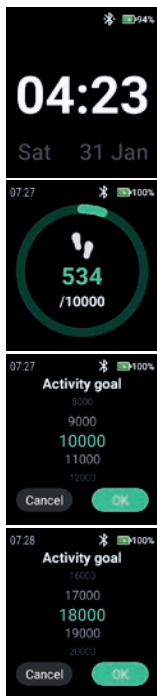
» Toque para „Detect now“.

Detecção de SpO2

O valor atual para SpO2 em % é exibido no canto superior direito.

(caso normal 93 % ... 99 %)

» STEP COUNTER



» Deslize 2 x da direita para a esquerda.

São exibidos os passos atuais e o objetivo da atividade selecionada.

» Toque no visor para definir/alterar a meta de atividade.

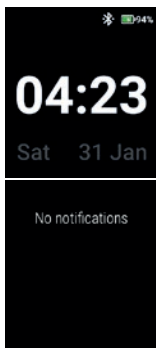
» Rolar para cima/para baixo para selecionar o valor apropriado.

» Confirmar com „OK“.

NOTA

As etapas contadas são apagadas automaticamente à meia-noite!

> NOTIFICATIONS

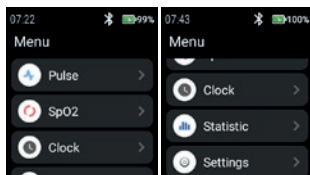


>> Deslize de cima para baixo.

Notificações são exibidas.

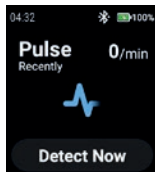
» MENU

» Pressione a tecla Power para entrar no menu com as seguintes opções:



PULSE

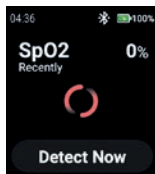
» Toque em „Pulse“ para entrar na detecção de pulso.



Ver seção „Detecção de pulso (manualmente)“.

SPO₂

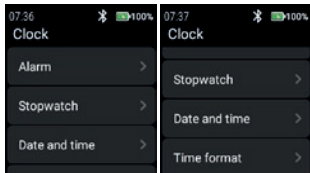
» Toque em „SpO2“ para entrar na detecção de SpO2.



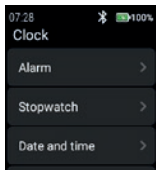
Veja a seção „Detecção de SpO2 (manualmente)“.

CLOCK

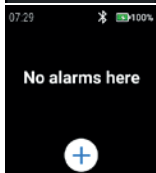
» Toque em „Clock“ para entrar no menu Relógio para definir alarme, para iniciar o cronômetro, para definir data e hora e para alterar o formato da hora.



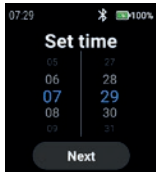
Alarm



» Toque em „Alarm“ para definir um alarme.

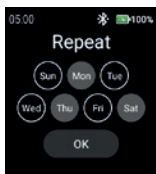


» Toque em „+“ para definir um novo alarme.

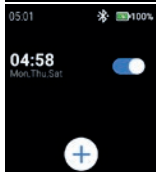


» Percorra para cima/para baixo hrs e minutos para definir um tempo de alarme apropriado.

» Confirme com „Next“.

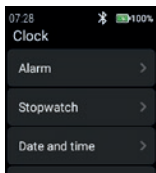


- » Seleccione o(s) dia(s) para repetir o alarme.
- » Confirmar com „OK“.

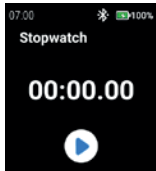


- » Habilitar/desabilitar o alarme.

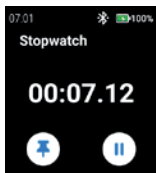
Stopwatch



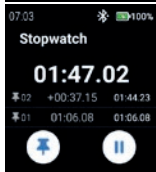
- » Toque em „Stopwatch“ para abrir o cronômetro.



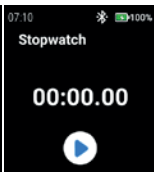
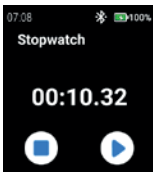
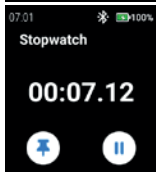
- » Toque no símbolo da „seta“ para iniciar a medição do tempo.



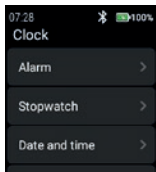
» Toque no símbolo de „pausa” para interromper a medição do tempo.



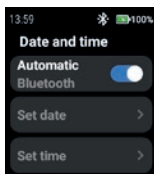
» Bater no símbolo „agulha de pino” para obter tempos parciais.



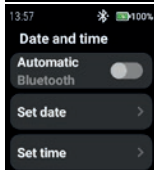
Date and time



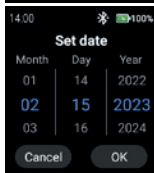
» Toque em „Date and time” para definir a data e a hora.



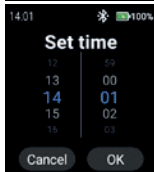
» Habilitar „Automatic“ para usar a rede com carimbo de hora (Wi-Fi (stand alone)). Também em conexão com um segundo dispositivo (smartphone).



» Para inserir a data e a hora manualmente, desative o modo „Automatic“ e toque em „Set date“/„Set time“.

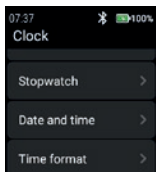


» Rolar para cima/para baixo para inserir a data.
» Confirmar com „OK“.

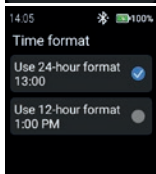


» Rolar para cima/para baixo para inserir a hora.
» Confirmar com „OK“.

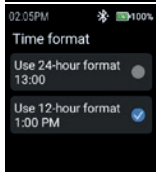
Time format



» Toque em „Time format“ para seleccionar entre o formato de 24 horas e 12 horas.



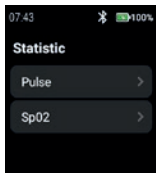
Formato de 24 horas



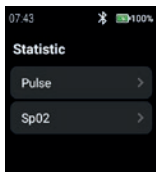
Formato de 12 horas

STATISTIC

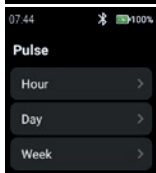
» Toque em „Statistic“ para entrar no menu de estatísticas.



Pulse



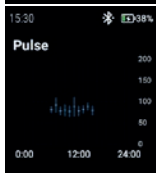
» Toque em „Pulse“ para selecionar „Hour“, „Day“ ou „Week“.



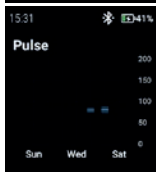
» Selecione „Hour“, „Day“ ou „Week“ para exibir os registros apropriados.



Pulse Hour

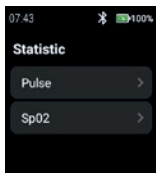


Pulse Day

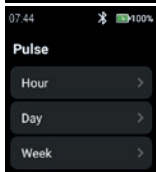


Pulse Week

SpO₂



» Toque em „SpO₂” para selecionar „Hour”, „Day” ou „Week”.



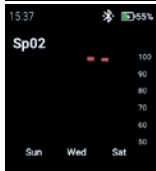
» Seleccione „Hour”, „Day” ou „Week” para exibir os registros apropriados.



SpO₂ Hour



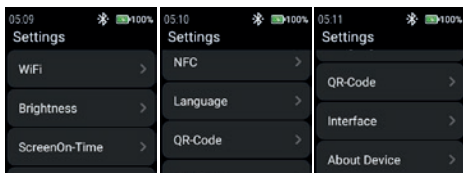
SpO₂ Day



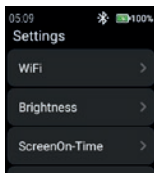
SpO₂ Week

SETTINGS

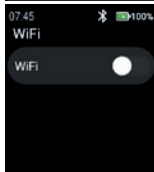
» Toque em „Settings” para entrar no menu de configurações.



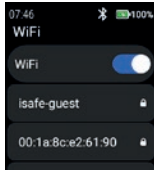
WiFi



» Toque em „WiFi” para configurar a conexão WiFi.



» Habilitar „WiFi”.



Todas as redes WiFi disponíveis são exibidas.

» Selecione a rede apropriada e digite a senha quando solicitado.

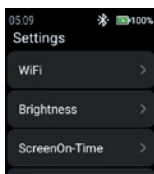
NOTA

É possível usar o recurso NFC para entrar em WiFi enquanto se usa um NFC-TAG programado!

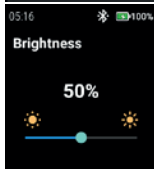


- » Digite a senha para WiFi.
- » Confirme com „Checkmark“.

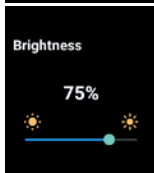
Brightness



- » Toque em „Brightness“ para alterar o nível de brilho da tela.



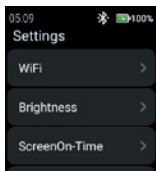
- » Para alterar o nível de brilho da tela, deslize para a esquerda ou para a direita.



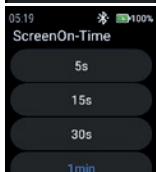
NOTA

Maior brilho de tela implica maior consumo de bateria!

ScreenOn-Time



» Toque em „ScreenOn-Time“ para definir o ScreenOn-Time.

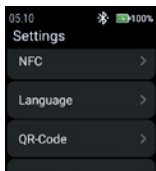


» Selecione a tela apropriada no tempo (5 s ... 5 min.).

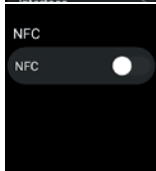
NOTA

Uma tela mais alta no tempo implica um maior consumo de bateria!

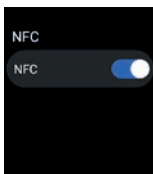
NFC



» Toque em „NFC“ para ligar/desligar a função NFC.

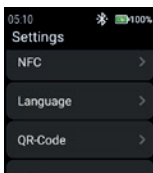


» Habilitar „NFC“.

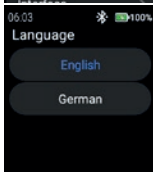


NFC é ligado.

Language



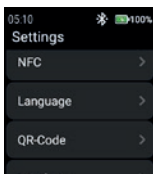
» Toque em „Language“ para selecionar o idioma.



O smartwatch fornece 2 configurações de idioma.

» Selecione entre „English“ ou „German“.

QR-Code



» Toque em „QR-Code“ para exibir o código QR.

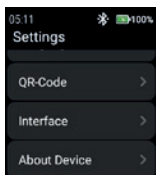


O código QR pertencente ao relógio para emparelhar com o smartphone é exibido.

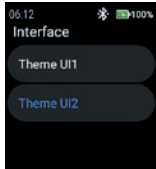
NOTA

Para emparelhar com o smartphone, instale o aplicativo i.safe CONNECT (disponível na Loja do Google Play) em seu smartphone.

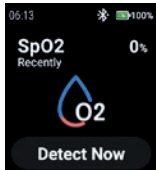
Interface



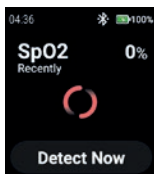
» Toque em „Interface” para mudar o visual dos ícones do menu do relógio.



» Selecione entre „Theme UI1” e „Theme UI2”.

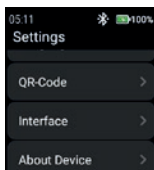


Theme UI1



Theme UI2

About Device



» Toque em „About device“ para mostrar informações sobre o nome do relógio, modelo, nome Bluetooth, versão do software, número de série, endereço MAC Bluetooth & WiFi e a possibilidade de colocar o relógio de volta na fábrica.

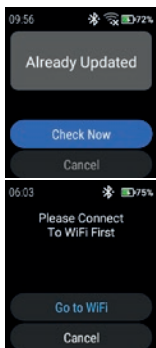
Opções selecionáveis: „SW Version“ e „reset de fábrica“.



SW Version



» Toque em „SW Version“ para verificar se há atualizações.

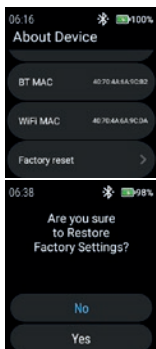


» Toque em „Check Now” para iniciar a verificação de atualizações.

Se o relógio não estiver conectado à rede WiFi, você será solicitado a conectar-se à rede WiFi.

» Toque em „Go to WiFi” e proceda como descrito na seção „Settings>WiFi”.

Factory reset



» Toque em „Factory reset” para colocar o relógio de volta na fábrica.

» Toque em „Yes” para repor o relógio de volta à fábrica.

O relógio realizará um reset de fábrica.

РУССКИЙ

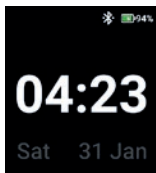
» ОБЗОР ЭКРАНОВ



» В зависимости от того, где вы находитесь в меню, нажмите клавишу Power (1) для входа в начальный экран/циферблат часов или для входа в меню.

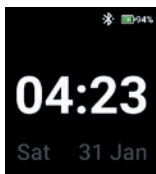
» Нажмите боковую клавишу вправо (2), чтобы вернуться к предыдущему экрану.

» НАЧАЛЬНЫЙ ЭКРАН/ЛИЦО ЧАСОВ

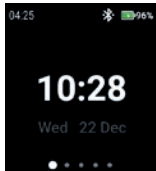


» Нажмите клавишу питания, чтобы войти в начальный экран/циферблат часов.

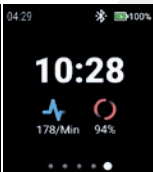
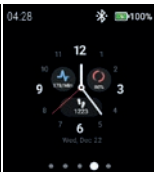
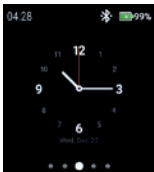
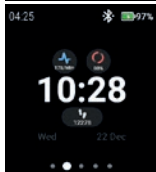
» СМЕНА ЦИФЕРБЛАТОВ ЧАСОВ



» Нажмите и удерживайте кнопку на дисплее.

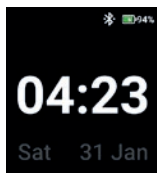


» Проведите пальцем справа налево, чтобы выбрать подходящий циферблат.

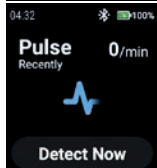


» Нажмите на циферблат часов, чтобы выбрать его.

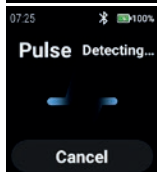
» ОПРЕДЕЛЕНИЕ ПУЛЬСА (ВРУЧНУЮ)



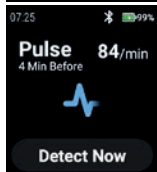
» Проведите пальцем слева направо.



» Коснитесь кнопки «Detect now».

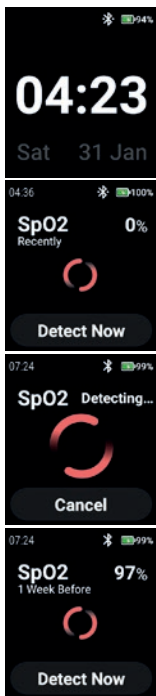


Определение пульса



Текущее значение пульса/мин отображается справа сверху.

» ОПРЕДЕЛЕНИЕ SPO2 (ВРУЧНУЮ)



» Проведите пальцем справа налево.

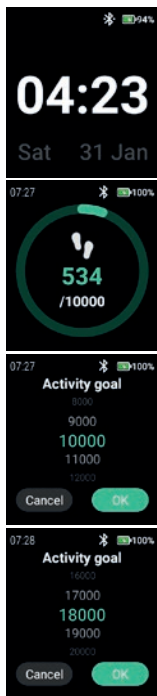
» Коснитесь кнопки „Detect now“.

Определение SpO2

Текущее значение SpO2 в % отображается справа сверху.

(обычное значение 93 % ... 99 %)

» STEP COUNTER



» Проведите пальцем 2 х справа налево.

Отображаются текущие шаги и текущая выбранная цель активности.

» Нажмите на дисплей, чтобы установить/изменить цель активности.

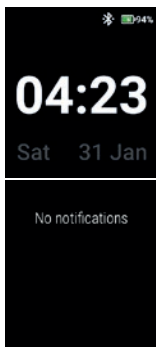
» Прокрутите вверх/вниз, чтобы выбрать подходящее значение.

» Подтвердите выбор нажатием „OK“.

ПРИМЕЧАНИЕ

Подсчитанные шаги автоматически удаляются в полночь!

> NOTIFICATIONS

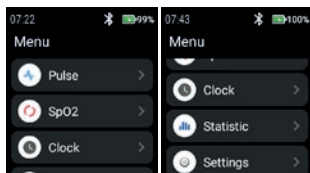


» Проведите пальцем сверху вниз.

Отображаются уведомления.

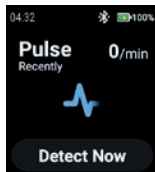
» MENU

» Нажмите кнопку Power, чтобы войти в меню со следующими опциями:



PULSE

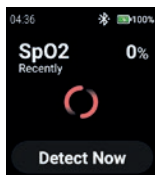
» Нажмите кнопку „Pulse“, чтобы войти в режим определения пульса.



См. раздел „Определение пульса (вручную)“.

SPO₂

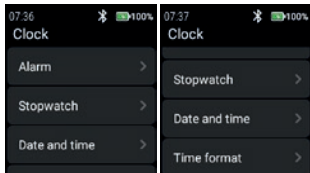
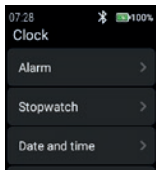
» Нажмите „SpO2“, чтобы перейти к определению SpO2.



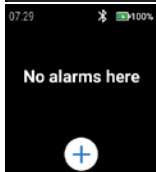
См. раздел „Определение SpO2 (вручную)“.

CLOCK

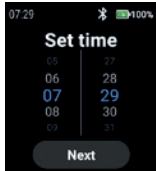
» Нажмите „Clock“, чтобы войти в меню „Часы“ для установки будильника, запуска секундомера, установки даты и времени и изменения формата времени.

**Alarm**

» Нажмите „Alarm“, чтобы установить будильник.

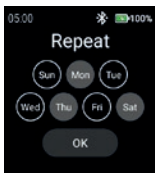


» Нажмите „+“, чтобы установить новый будильник.



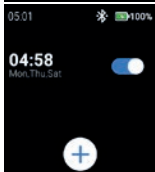
» Прокрутите вверх/вниз часы и минуты, чтобы установить подходящее время будильника.

» Подтвердите выбор кнопкой „Next“.



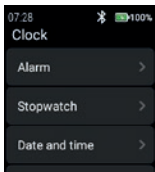
» Выберите день (дни) для повтора сигнала.

» Подтвердите выбор кнопкой „OK“.

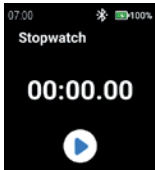


» Включите/выключите будильник.

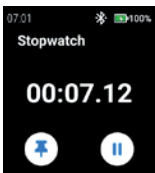
Stopwatch



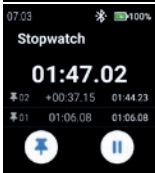
» Нажмите „Stopwatch“, чтобы открыть секундомер.



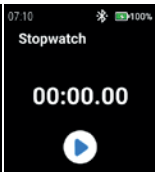
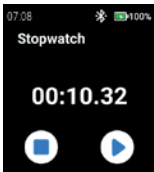
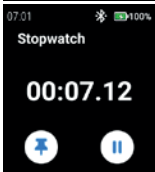
» Нажмите на символ „стрелка“, чтобы начать измерение времени.



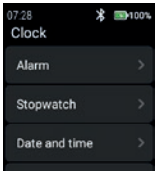
» Нажмите символ „пауза“, чтобы прервать измерение времени.



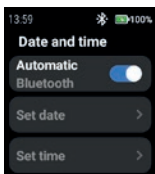
» Нажмите символ „игла“, чтобы получить разделенное время.



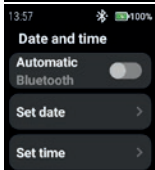
Date and time



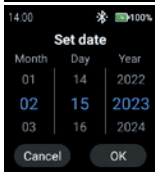
» Нажмите „Date and time“, чтобы установить дату и время.



» Включите „Automatic“, чтобы использовать метку времени, предоставляемую сетью (Wi-Fi (автономно)). Также при подключении ко второму устройству (смартфону).

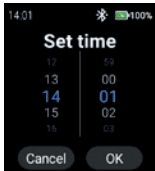


» Чтобы ввести дату и время вручную, отключите режим „Automatic“ и нажмите „Set date“/„Set time“.



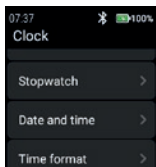
» Прокрутите вверх/вниз, чтобы ввести дату.

» Подтвердите ввод нажатием „OK“.

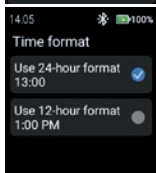


» Прокрутите вверх/вниз, чтобы ввести время.

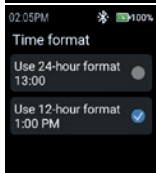
» Подтвердите ввод нажатием „OK“.

Time format

» Нажмите „Time format“, чтобы выбрать 24-часовой или 12-часовой формат.



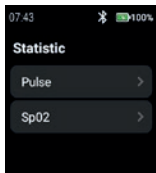
24-часовой формат



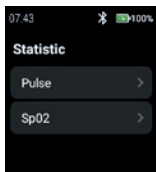
12-часовой формат

STATISTIC

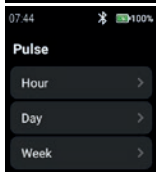
» Нажмите „Statistic“, чтобы войти в меню статистики.



Pulse



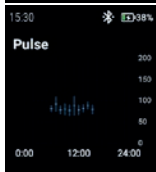
» Нажмите „Pulse“, чтобы выбрать „Hour“, „Day“ или „Week“.



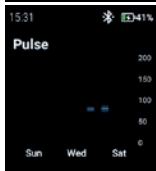
» Выберите „Hour“, „Day“ или „Week“ для отображения соответствующих записей.



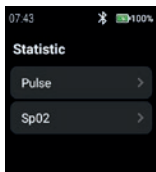
Pulse Hour



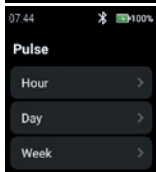
Pulse Day



Pulse Week

SpO₂

» Нажмите „SpO₂“, чтобы выбрать „Hour“, „Day“ или „Week“.



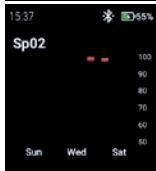
» Выберите „Hour“, „Day“ или „Week“ для отображения соответствующих записей.



SpO₂ Hour



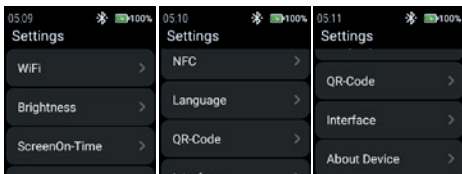
SpO₂ Day



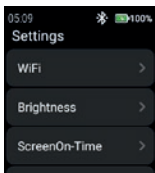
SpO₂ Week

SETTINGS

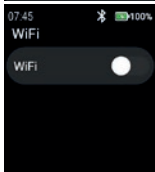
» Нажмите „Settings“, чтобы войти в меню настроек.



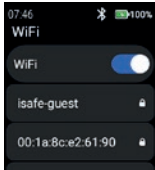
WiFi



» Нажмите „WiFi“, чтобы настроить подключение WiFi.



» Включите „WiFi“.



Отобразятся все доступные сети WiFi.

» Выберите подходящую и введите пароль, когда появится запрос.

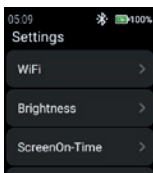
ПРИМЕЧАНИЕ

Можно использовать функцию NFC для входа в WiFi при использовании запрограммированной NFC-метки!

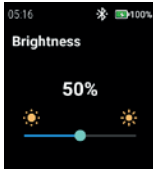


- » Введите пароль для WiFi.
- » Подтвердите „Галочкой“.

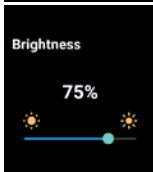
Brightness



- » Нажмите „Brightness“, чтобы изменить уровень яркости дисплея.



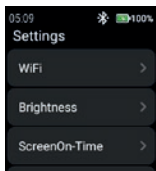
- » Для изменения уровня яркости дисплея проведите пальцем влево или вправо.



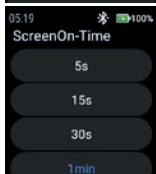
ПРИМЕЧАНИЕ

Более высокая яркость дисплея означает более высокий расход батареи!

ScreenOn-Time



» Нажмите „ScreenOn-Time“, чтобы установить время включения экрана.

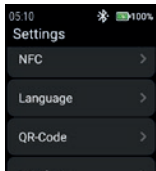


» Выберите подходящее время включения экрана (5 с ... 5 мин).

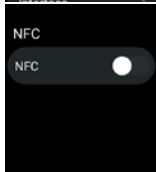
ПРИМЕЧАНИЕ

Более высокое время работы экрана означает более высокий расход батареи!

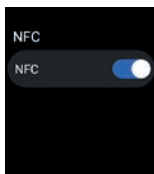
NFC



» Нажмите „NFC“, чтобы включить/выключить функцию NFC.

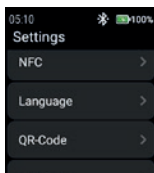


» Включите „NFC“.

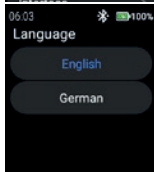


Функция NFC включена.

Language



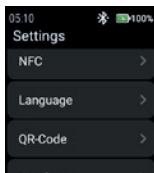
» Нажмите „Language“, чтобы выбрать язык.



В смарт-часах предусмотрены 2 языковые настройки.

» Выберите „English“ или „German“.

QR-Code



» Нажмите „QR-Code“, чтобы отобразить QR-код.

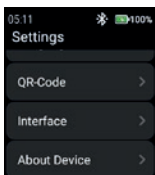


Отображается QR-код, принадлежащий часам для сопряжения со смартфоном.

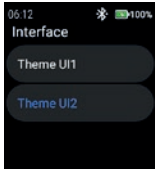
ПРИМЕЧАНИЕ

Для сопряжения со смартфоном установите на смартфон приложение i.safe CONNECT (доступно в Google Play Store).

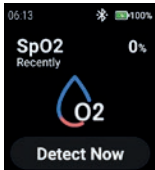
Interface



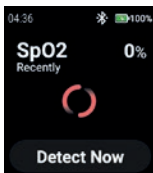
» Нажмите „Interface“, чтобы изменить внешний вид значков меню часов.



» Выберите между „Тема UI1“ и „Тема UI2“.

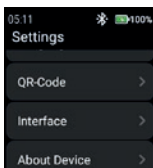


Theme UI1



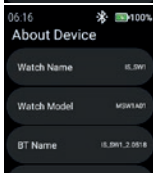
Theme UI2

About Device



» Нажмите „About device”, чтобы отобразить информацию о названии часов, модели, названии Bluetooth, версии программного обеспечения, серийном номере, MAC-адресе Bluetooth и WiFi, а также возможность вернуть часы к заводским настройкам.

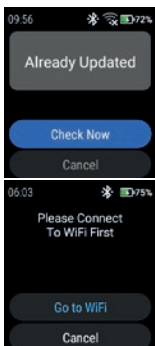
Выбираемые опции: „SW Version” и „Сброс к заводским настройкам”.



SW Version



» Нажмите „SW Version”, чтобы проверить наличие обновлений.

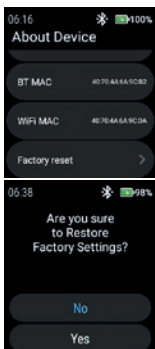


» Нажмите „Check Now”, чтобы начать проверку обновлений.

Если часы не подключены к сети WiFi, вам будет предложено подключиться к WiFi.

» Нажмите „Go to WiFi” и действуйте, как описано в разделе „Settings>WiFi”.

Factory reset



» Нажмите „Factory reset”, чтобы вернуть часы к заводским настройкам.

» Нажмите „Yes”, чтобы вернуть часы к заводским настройкам.

Часы выполняют сброс к заводским настройкам.

SVENSKA

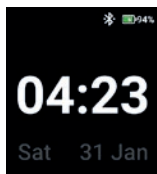
ÖVERSIKT ÖVER SKÄRMEN



» Beroende på var du befinner dig i menyn trycker du på strömbrytaren (1) för att komma till startskärmen/urtavlan eller för att komma till menyn.

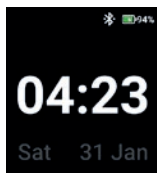
» Tryck på sidoknappen höger (2) för att gå tillbaka till föregående skärm.

» STARTSKÄRM/URTAVLA

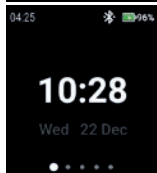


» Tryck på strömbrytaren för att komma till startskärmen/urtavlan.

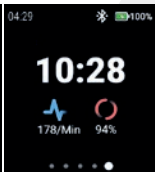
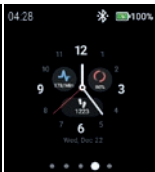
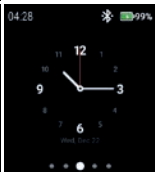
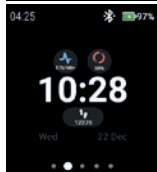
» ÄNDRA URТАVЛOR



» Tryck på och håll kvar på displayen.

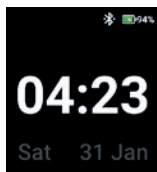


» Slep från höger till vänster för att välja en lämplig urtavla.

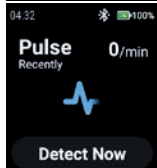


» Tryck på urtavlan för att välja den.

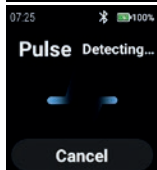
» DETEKTERING AV PULS (MANUELLT)



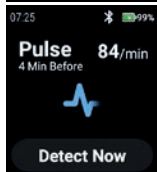
» Svep från vänster till höger.



» Tryck på för att „Detect now“.

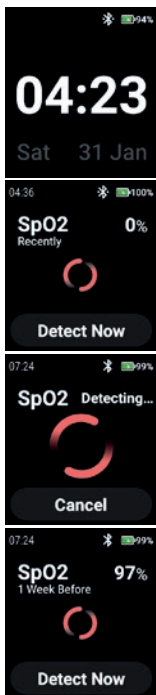


Pulsdetektering



Aktuellt värde för puls/min visas upp till höger.

» DETEKTERING AV SPO2 (MANUELLT)



» Slep från höger till vänster.

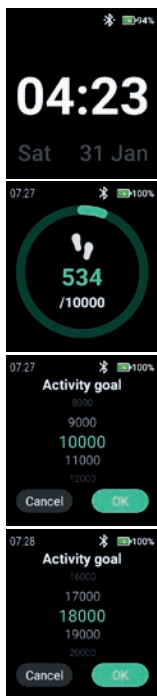
» Tryck på för att „Detect now“.

SpO2-detektering

Aktuellt värde för SpO2 i % visas upp till höger.

(normalfall 93 % ... 99 %)

» STEP COUNTER



» Svep 2 x från höger till vänster.

Aktuella steg och aktuellt valt aktivitetsmål visas.

» Tryck på displayen för att ställa in/ändra aktivitetsmålet.

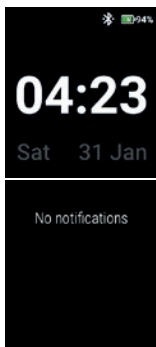
» Bläddra uppåt/nedåt för att välja lämpligt värde.

» Bekräfta med „OK“.

OBS

Räknade steg raderas automatiskt vid midnatt!

> NOTIFICATIONS

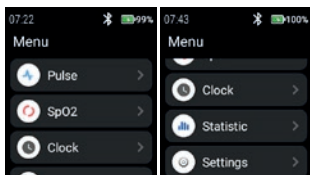


>> Slep från toppen till botten.

Meddelanden visas.

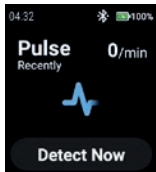
» MENU

» Tryck på Power-tangenten för att komma in i menyn med följande alternativ:



PULSE

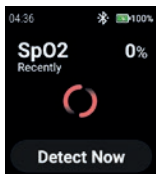
» Tryck på „Pulse“ för att komma in i pulsdetektering.



Se avsnittet „Detektering av puls (manuellt)“.

SPO₂

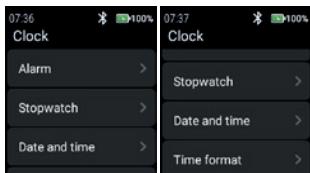
» Tryck på „SpO₂“ för att komma till SpO₂-detektering.



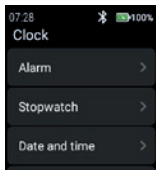
Se avsnittet „Detektering av SpO₂ (manuellt)“.

CLOCK

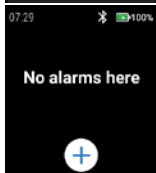
» Tryck på „Clock“ för att öppna klockmenyn för att ställa in larm, starta stoppur, ställa in datum och tid och ändra tidsformat.



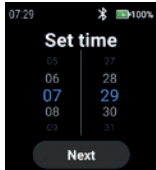
Alarm



» Tryck på „Alarm“ för att ställa in ett larm.

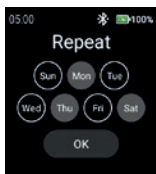


» Tryck på „+“ för att ställa in ett nytt larm.

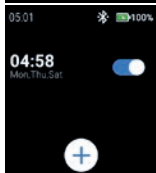


» Bläddra uppåt/nedåt i timmar och minuter för att ställa in en lämplig larmtid.

» Bekräfta med „Next“.

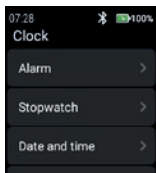


- » Välj dag/dagar för att upprepa larmet.
- » Bekräfta med „OK“.

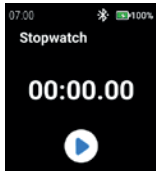


- » Aktivera/avaktivera larmet.

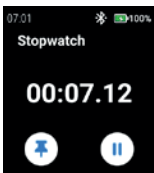
Stopwatch



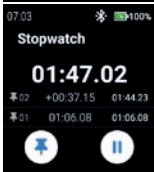
- » Tryck på „Stopwatch“ för att öppna stoppuret.



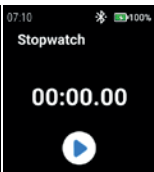
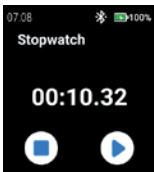
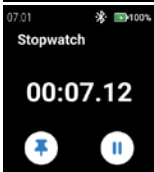
- » Tryck på „pil“-symbolen för att starta tidsmätningen.



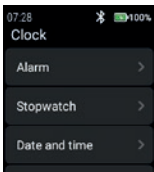
» Tryck på „paus“-symbolen för att avbryta tidsmätningen.



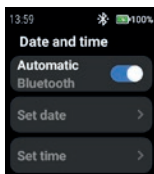
» Tryck på „pin needle“-symbolen för att få delade tider.



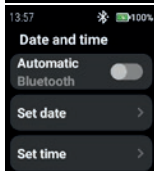
Date and time



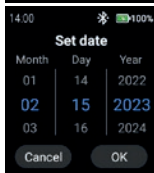
» Tryck på „Date and time“ för att ställa in datum och tid.



» Aktivera „Automatic“ för att använda den tidsstämpel som tillhandahålls av nätverket (Wi-Fi (fristående)). Även vid anslutning till en 2:a enhet (smartphone).

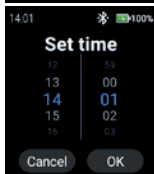


» Om du vill ange datum och tid manuellt inaktiverar du „Automatic“-läget och trycker på „Set date“/„Set time“.



» Bläddra uppåt/nedåt för att ange datum.

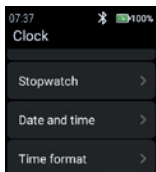
» Bekräfta med „OK“.



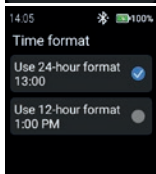
» Rulla uppåt/nedåt för att ange tid.

» Bekräfta med „OK“.

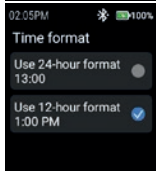
Time format



» Tryck på „Time format“ för att välja mellan 24-timmarsformat och 12-timmarsformat.



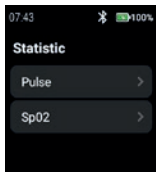
24-timmarsformat



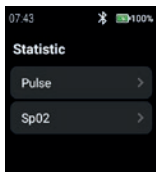
12-timmarsformat

STATISTIC

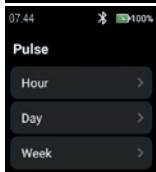
» Tryck på „Statistic“ för att öppna statistikmenyn.



Pulse



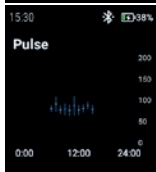
» Tryck på „Pulse“ för att välja „Hour“, „Day“ eller „Week“.



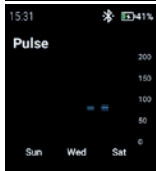
» Välj „Hour“, „Day“ eller „Week“ (timme, dag eller vecka) för att visa lämpliga poster.



Pulse Hour

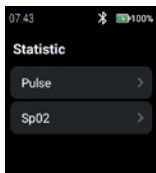


Pulse Day

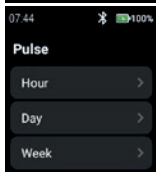


Pulse Week

SpO₂



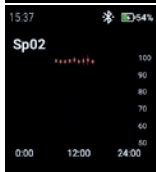
» Tryck på „SpO₂“ för att välja „Hour“, „Day“ eller „Week“.



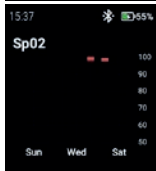
» Välj „Hour“, „Day“ eller „Week“ (timme, dag eller vecka) för att visa lämpliga poster.



SpO₂ Hour



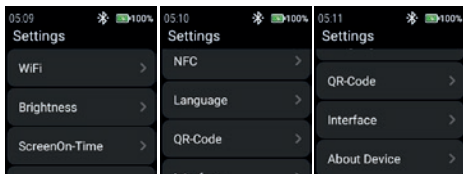
SpO₂ Day



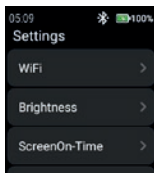
SpO₂ Week

SETTINGS

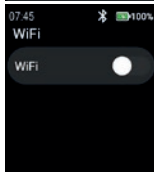
» Tryck på „Settings“ för att öppna inställningsmenyn.



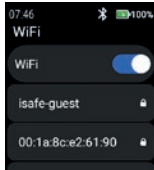
WiFi



» Tryck på „WiFi“ för att ställa in en WiFi-anslutning.



» Aktivera „WiFi“.



Alla tillgängliga WiFi-nätverk visas.

» Välj lämpligt och ange lösenordet när du uppmanas.

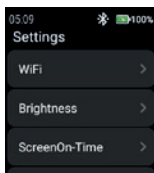
OBS

Det är möjligt att använda NFC-funktionen för att gå in i WiFi samtidigt som du använder en programmerad NFC-TAG!

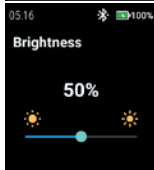


- » Ange lösenordet för WiFi.
- » Bekräfta med „Checkmark“.

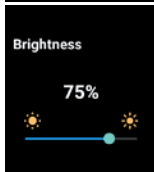
Brightness



- » Tryck på „Brightness“ (Ljusstyrka) för att ändra skärmens ljusstyrka.



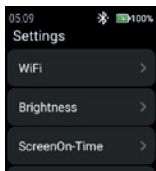
- » Om du vill ändra skärmens ljusstyrka kan du glida åt vänster eller höger.



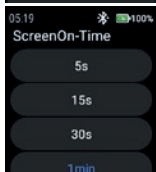
OBS

Högre skärmens ljusstyrka innebär högre batteriförbrukning!

ScreenOn-Time



» Tryck på „ScreenOn-Time“ för att ställa in ScreenOn-Time.

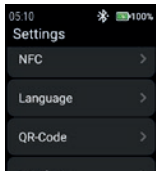


» Välj lämplig skärmtid (5 s ... 5 min).

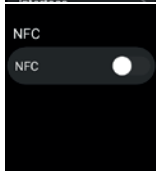
OBS

Högre skärmtid innebär högre batteriförbrukning!

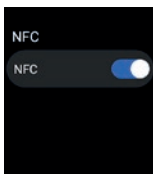
NFC



» Tryck på „NFC“ för att slå på/av NFC-funktionen.

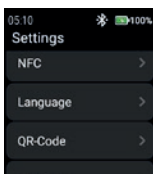


» Aktivera „NFC“.

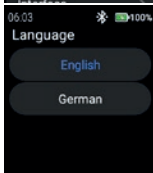


NFC är aktiverat.

Language



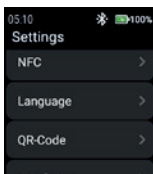
» Tryck på „Language“ för att välja språk.



Smartklockan tillhandahåller 2 språkinställningar.

» Välj mellan „English“ eller „German“.

QR-Code



» Tryck på „QR-Code“ för att visa QR-koden.

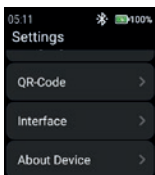


QR-kod som tillhör klockan för parning med smartphone visas.

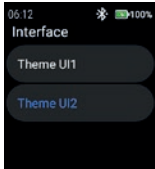
OBS

För parning med smartphone installera appen i.safe CONNECT (tillgänglig på Google Play Store) på din smartphone.

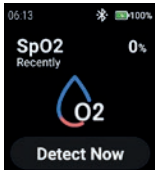
Interface



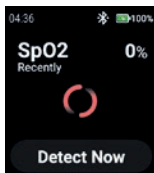
» Tryck på „Interface“ (gränssnitt) för att ändra utseendet på ikonerna för klockans menyer.



» Välj mellan „Tema UI1“ och „Tema UI2“.

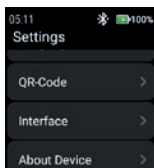


Theme UI1



Theme UI2

About Device



» Tryck på „About device“ för att visa information om klockans namn, modell, Bluetooth-namn, programvaruversion, serienummer, Bluetooth- och WiFi- MAC-adress och möjligheten att ställa tillbaka klockan till fabriksinställningen.

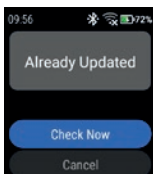
Valbara alternativ: „SW Version“ och „Fabriksåterställning“.



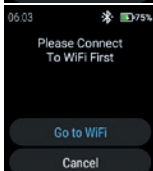
SW Version



» Tryck på „SW Version“ för att kontrollera om det finns uppdateringar.



» Tryck på „Check Now“ (Kontrollera nu) för att starta kontrollen av uppdateringar.



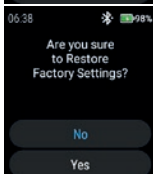
Om klockan inte är ansluten till WiFi-nätverket uppmanas du att ansluta till WiFi.

» Tryck på „Go to WiFi“ och fortsätt enligt beskrivningen i avsnittet „Settings>WiFi“.

Factory reset



» Tryck på „Factory reset“ för att ställa tillbaka klockan till fabriksinställningen.



» Tryck på „Yes“ för att återställa klockan till fabriksinställningen.

Klockan kommer att utföra en fabriksåterställning.

HRVATSKI

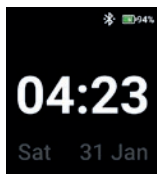
» PREGLED ZASLONA



» Ovisno o tome gdje se nalazite u izborniku, pritisnite tipku za uključivanje (1) za ulazak u početni zaslona/brojčanik sata ili za ulazak u izbornik.

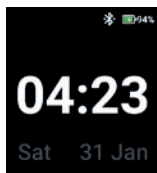
» Pritisnite bočnu tipku desno (2) za povratak na prethodni zaslona.

» POČETNI ZASLON/BROJ SATA

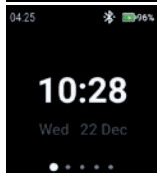


» Pritisnite tipku za uključivanje kako biste otvorili početni zaslon/brojčanik sata.

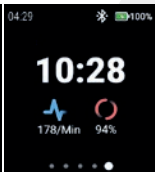
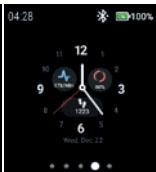
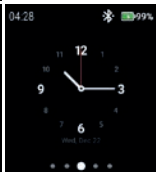
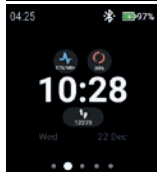
» PROMJENA BROJČANIK SATA



» Dodirnite i držite na zaslonu.

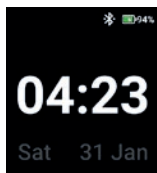


» Prijedite prstom s desna na lijevo kako biste odabrali odgovarajući brojčanik.

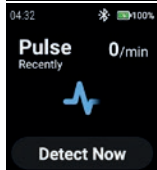


» Dodirnite brojčanik sata da biste ga odabrali.

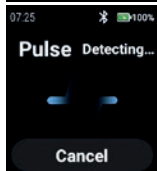
» OTKRIVANJE PULSA (RUČNO)



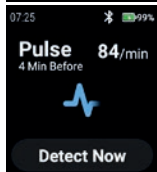
» Prijedite prstom s lijeva nadesno.



» Dodirnite za „Detect now“.

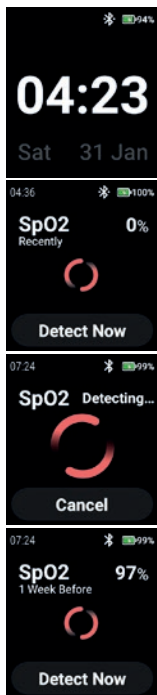


Detekcija pulsa



Trenutna vrijednost za puls/min prikazana je gore desno.

» OTKRIVANJE SPO2 (RUČNO)



» Prijedite prstom s desna na lijevo.

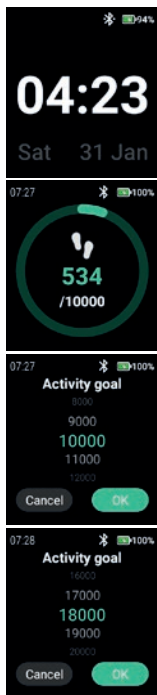
» Dodirnite za „Detect now“.

SpO2 otkrivanje

Trenutna vrijednost za SpO2 u % prikazana je gore desno.

(normalan slučaj 93 % ... 99 %)

» STEP COUNTER



» Prijedite prstom 2 x s desna na lijevo.

Prikazani su trenutni koraci i trenutno odabrani cilj aktivnosti.

» Dodirnite zaslon za postavljanje/promjenu cilja aktivnosti.

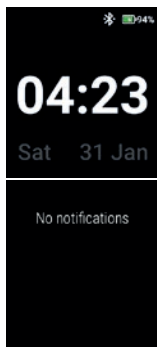
» Pomaknite se gore/dolje za odabir odgovarajuće vrijednosti.

» Potvrdite s „OK“.

BILJEŠKA

Izbrojani koraci se automatski brišu u ponoć!

> NOTIFICATIONS

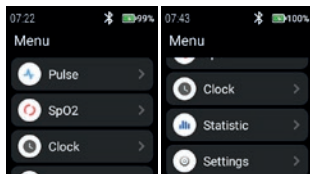


>> Prijedite prstom odozgo prema dolje.

Prikazuju se obavijesti.

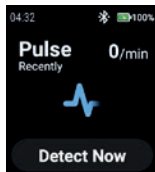
» MENU

» Pritisnite tipku za uključivanje kako biste ušli u izbornik sa sljedećim opcijama:



PULSE

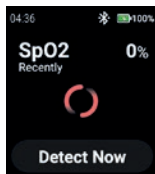
» Dodirnite „Pulse” za ulazak u otkrivanje pulsa.



Pogledajte odjeljak „Otkrivanje pulsa (ručno)”.

SPO₂

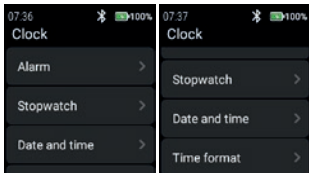
» Dodirnite „SpO2” za ulazak u otkrivanje SpO2.



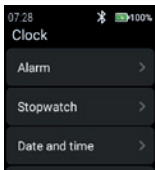
Pogledajte odjeljak „Otkrivanje SpO2 (ručno)”.

CLOCK

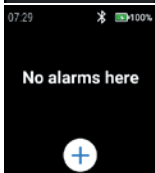
» Dodirnite „Clock“ za ulazak u izbornik Sat za postavljanje alarma, pokretanje štoperice, postavljanje datuma i vremena i promjenu formata vremena.



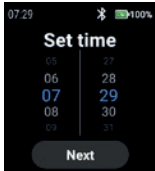
Alarm



» Dodirnite „Alarm“ za postavljanje alarma.

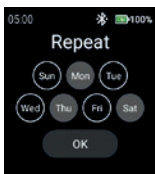


» Dodirnite „+“ za postavljanje novog alarma.

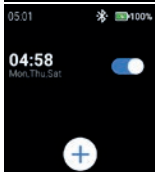


» Pomicite se gore/dolje po satima i minutama kako biste postavili odgovarajuće vrijeme alarma.

» Potvrdite s „Next“.

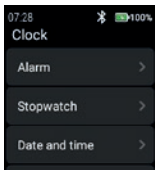


- » Odaberite dan(e) za ponavljanje alarma.
- » Potvrdite s „OK“.

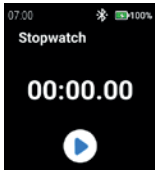


- » Omogući/onemogući alarm.

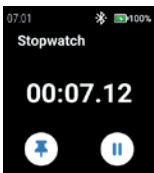
Stopwatch



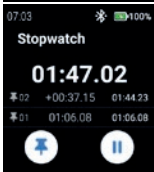
- » Dodirnite „Stopwatch“ za otvaranje štoperice.



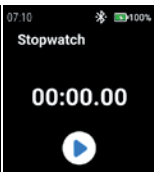
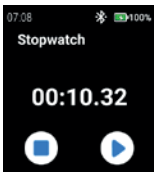
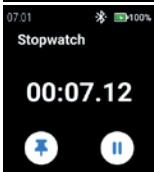
- » Dodirnite simbol „strelice“ za početak mjerenja vremena.



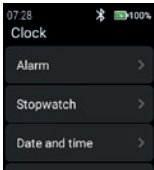
» Pritisnite simbol „pauza“ za prekid mjerenja vremena.



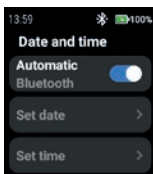
» Dodirnite simbol „igle“ da biste dobili međuvremena.



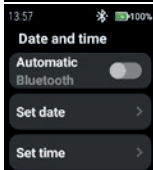
Date and time



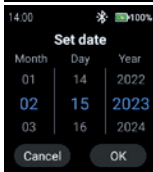
» Dodirnite „Date and time“ za postavljanje datuma i vremena.



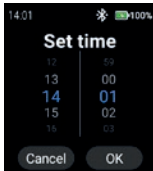
» Omogućite „Automatic“ za korištenje vremenske oznake mreže (Wi-Fi (samostalno)). Također u vezi s 2. uređajem (pametnim telefonom).



» Za ručni unos datuma i vremena, onemogućite „Automatic“ način rada i dodirnite „Set date“/„Set time“.

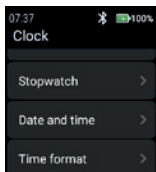


» Pomaknite se gore/dolje za unos datuma.
» Potvrdite s „OK“.

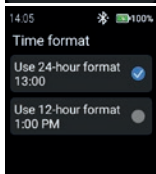


» Pomaknite se gore/dolje za unos vremena.
» Potvrdite s „OK“.

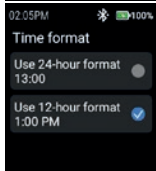
Time format



» Dodirnite „Time format“ za odabir između 24-satnog i 12-satnog formata.



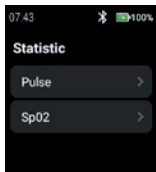
24-satni format



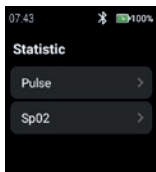
12-satni format

STATISTIC

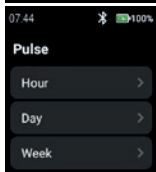
» Dodirnite „Statistic“ za ulazak u izbornik statistike.



Pulse



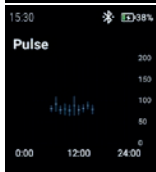
» Dodirnite „Pulse“ za odabir „Hour“, „Day“ ili „Week“.



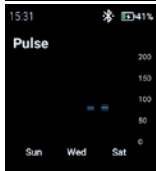
» Odaberite „Hour“, „Day“ ili „Week“ za prikaz odgovarajućih zapisa.



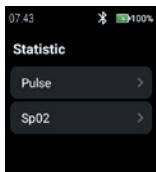
Pulse Hour



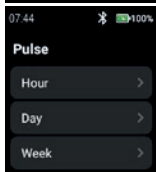
Pulse Day



Pulse Week

SpO₂

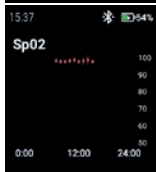
» Dodirnite „SpO₂“ za odabir „Hour“, „Day“ ili „Week“.



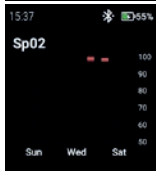
» Odaberite „Hour“, „Day“ ili „Week“ za prikaz odgovarajućih zapisa.



SpO₂ Hour



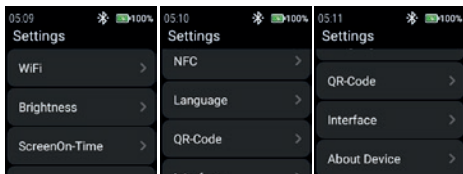
SpO₂ Day



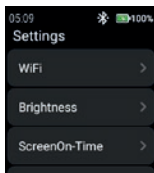
SpO₂ Week

SETTINGS

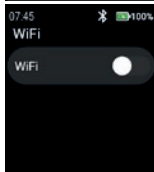
» Dodirnite „Settings“ za ulazak u izbornik postavki.



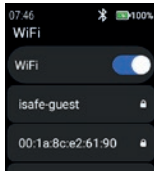
WiFi



» Dodirnite „WiFi“ za postavljanje WiFi veze.



» Omogućite „WiFi“.



Prikazuju se sve dostupne WiFi mreže.

» Odaberite odgovarajuću i unesite lozinku kada se to od vas zatraži.

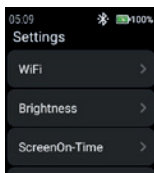
BILJEŠKA

Moguće je koristiti NFC značajku za pristup WiFi-ju dok koristite programiranu NFC-TAG!

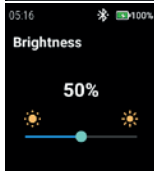


- » Unesite lozinku za WiFi.
- » Potvrdite s „kvačicom“.

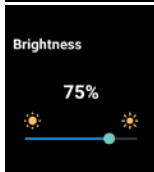
Brightness



- » Dodirnite „Brightness“ za promjenu razine svjetline zaslona.



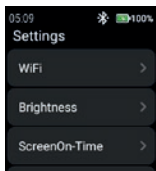
- » Za promjenu razine svjetline zaslona kliznite lijevo ili desno.



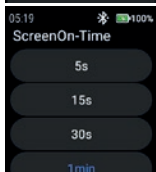
BILJEŠKA

Veća svjetlina zaslona znači veću potrošnju baterije!

ScreenOn-Time



» Dodirnite „ScreenOn-Time“ za postavljanje ScreenOn-Time.

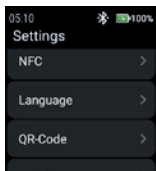


» Odaberite odgovarajuće vrijeme uključivanja zaslona (5 s ... 5 min).

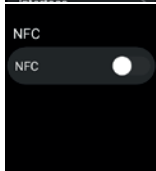
BILJEŠKA

Duže vrijeme rada zaslona znači veću potrošnju baterije!

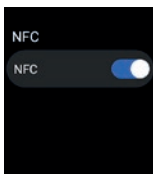
NFC



» Dodirnite „NFC“ za uključivanje/isključivanje značajke NFC.

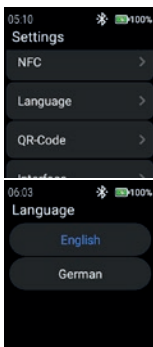


» Omogućite „NFC“.



NFC je uključen.

Language

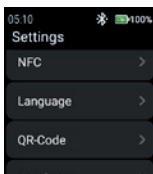


» Dodirnite „Language“ za odabir jezika.

Pametni sat nudi 2 jezične postavke.

» Odaberite između „English“ ili „German“.

QR-Code



» Dodirnite „QR-Code“ za prikaz QR koda.

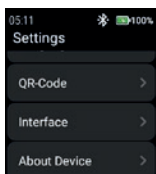


Prikazuje se QR kod koji pripada satu za uparivanje s pametnim telefonom.

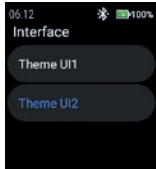
BILJEŠKA

Za uparivanje s pametnim telefonom instalirajte aplikaciju i.safe CONNECT (dostupnu u trgovini Google Play) na svom pametnom telefonu.

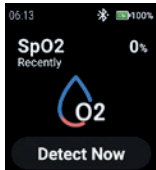
Interface



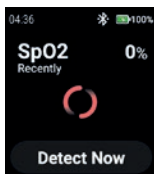
» Dodirnite „Interface“ za promjenu izgleda ikona izbornika sata.



» Odaberite između „Tema UI1“ i „Tema UI2“.

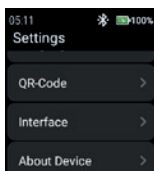


Theme UI1



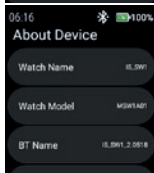
Theme UI2

About Device



» Dodirnite „About device“ za prikaz informacija o nazivu sata, modelu, Bluetooth nazivu, verziji softvera, serijskom broju, Bluetooth & WiFi MAC-adresi i mogućnosti vraćanja sata na tvorničke postavke.

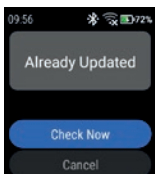
Opcije koje se mogu odabrati: „SW Version“ i „Vraćanje na tvorničke postavke“



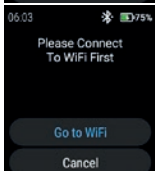
SW Version



» Dodirnite „SW Version“ da biste provjerili ima li ažuriranja.



» Dodirnite „Check Now“ za početak provjere ažuriranja.



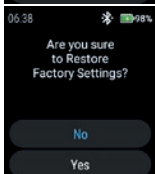
Ako sat nije spojen na WiFi mrežu, od vas se traži da se povežete na WiFi.

» Dodirnite „Go to WiFi“ i nastavite kako je opisano u odjeljku „Settings>WiFi“.

Factory reset



» Dodirnite „Factory reset“ za vraćanje sata na tvorničke postavke.



» Dodirnite „Yes“ za vraćanje sata na tvorničke postavke.

Sat će se vratiti na tvorničke postavke.

SLOVENSKÁ

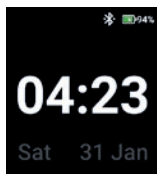
» PREHĽAD OBRAZOVKY



» V závislosti od toho, kde sa v ponuke nachádzate, stlačením tlačidla napájania (1) vstúpíte na úvodnú obrazovku/obrázok hodinek alebo do ponuky.

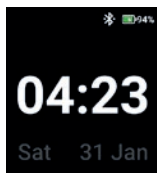
» Stlačením bočného tlačidla doprava (2) sa vrátite na predchádzajúcu obrazovku.

» ÚVODNÁ OBRAZOVKA/TVÁR HODINIEK

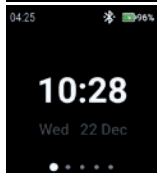


» Stlačením tlačidla Napájanie vstúpite na úvodnú obrazovku/tváru hodínok.

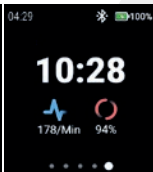
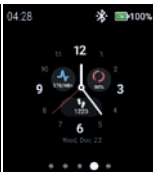
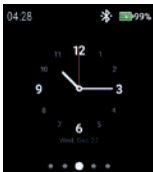
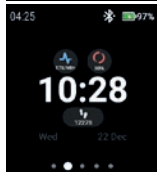
» ZMENA CIFERNÍKOV HODINIEK



» Ťuknite na displej a podržte ho.

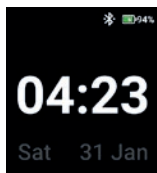


» Potiahnutím prsta sprava doľava vyberte vhodný ciferník hodínok.

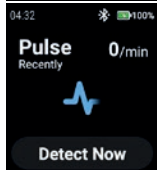


» Ťuknutím na ciferník hodínok ho vyberte.

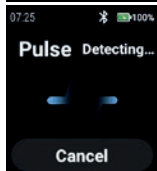
» DETEKCIA PULZU (MANUÁLNE)



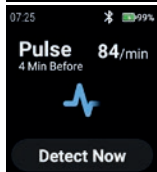
» Potiahnite prstom zľava doprava.



» Ťuknite na položku „Detect now“.

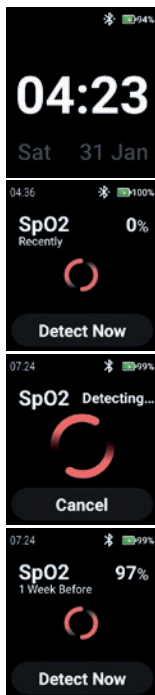


Detekcia pulzu



Aktuálna hodnota pulzu/min sa zobrazí vpravo hore.

» DETEKCIA SPO2 (MANUÁLNE)



» Potiahnite prstom sprava doľava.

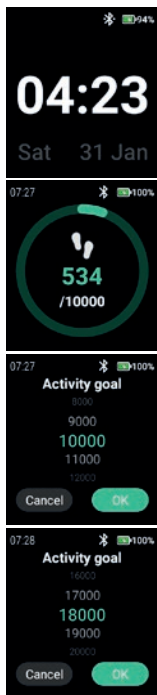
» Ťuknite na položku „Detect now“.

Detekcia SpO2

Aktuálna hodnota pre SpO2 v % sa zobrazuje vpravo hore.

(normálny prípad 93 % ... 99 %)

» STEP COUNTER



» Potiahnite prstom 2 x sprava doľava.

Zobrazí sa aktuálny počet krokov a aktuálne zvolený cieľ aktivity.

» Ťuknutím na displej nastavíte/zmeníte cieľ aktivity.

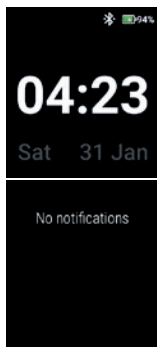
» Posúvaním nahor/nadol vyberte príslušnú hodnotu.

» Potvrďte tlačidlom „OK“.

POZNÁMKA:

Napočítané kroky sa o polnoci automaticky vymažú!

> NOTIFICATIONS

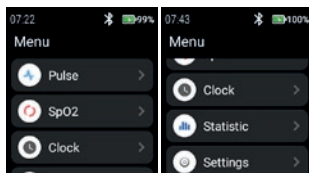


>> Potiahnite prstom zhora nadol.

Zobrazia sa oznámenia.

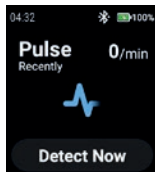
» MENU

» Stlačením tlačidla Power vstúpte do ponuky s nasledujúcimi možnosťami:



PULSE

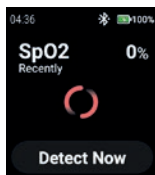
» Ťuknutím na položku „Pulse“ (Pulz) vstúpte do detekcie pulzu.



Pozrite si časť „Detekcia pulzu (manuálne)“.

SPO₂

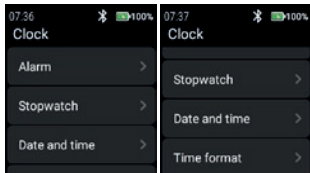
» Klepnutím na „SpO₂“ vstúpte do detekcie SpO₂.



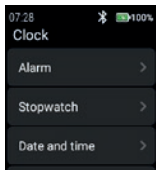
Pozrite si časť „Detekcia SpO₂ (manuálne)“.

CLOCK

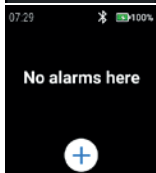
» Klepnutím na „Clock“ (Hodiny) vstúpite do ponuky Clock (Hodiny), kde môžete nastaviť budík, spustiť stopky, nastaviť dátum a čas a zmeniť formát času.



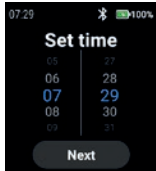
Alarm



» Klepnutím na „Alarm“ nastavíte budík.

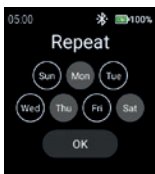


» Klepnutím na „+“ nastavíte nový budík.

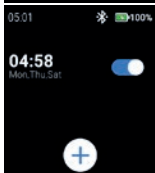


» Posúvaním nahor/dole po hodinách a minútach nastavíte vhodný čas budíka.

» Potvrďte tlačidlom „Next“.

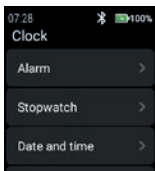


- » Vyberte deň (dni), v ktorých sa má budík opakovať.
- » Potvrďte tlačidlom „OK“.

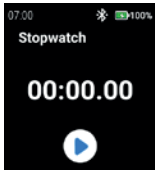


- » Zapnite/vypnite budík.

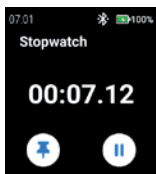
Stopwatch



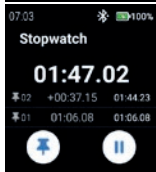
- » Klepnutím na „Stopwatch“ otvorte stopky.



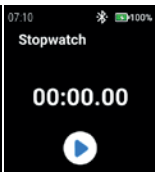
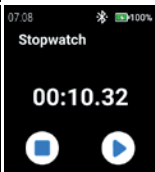
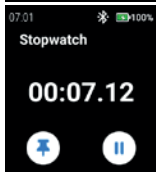
- » Klepnutím na symbol „šípky“ spustíte meranie času.



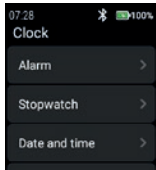
» Klepnutím na symbol „pauza“ meranie času prerušíte.



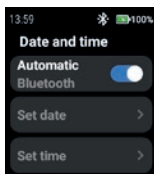
» Ťuknutím na symbol „ihla“ získate rozdelené časy.



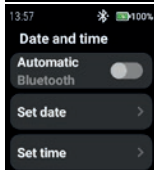
Date and time



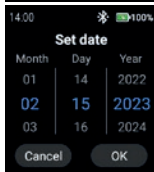
» Klepnutím na „Date and time“ (Dátum a čas) nastavíte dátum a čas.



» Zapnite „Automatic“, ak chcete použiť časovú pečiatku poskytovanú sieťou (Wi-Fi (samostatne)). Taktiež pri pripojení k 2. zariadeniu (smartfón).

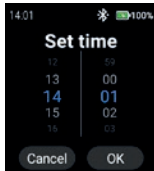


» Ak chcete dátum a čas zadať ručne, vypnite režim „Automatic“ a klepnite na „Set date“/„Set time“.



» Posúvaním nahor/nadol zadajte dátum.

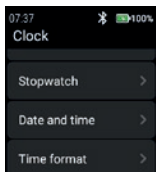
» Potvrďte tlačidlom „OK“.



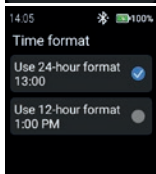
» Posúvaním nahor/dole zadajte čas.

» Potvrďte tlačidlom „OK“.

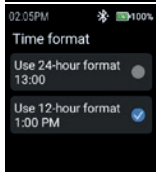
Time format



» Klepnutím na „Time format“ (Formát času) vyberte medzi 24-hodinovým a 12-hodinovým formátom.



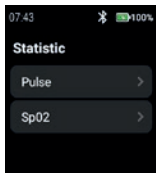
24-hodinový formát



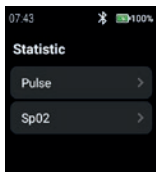
12-hodinový formát

STATISTIC

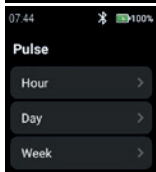
» Ťuknutím na položku „Statistic“ (Štatistika) vstúpte do ponuky štatistik.



Pulse



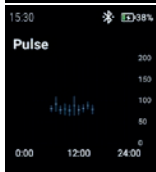
» Ťuknutím na položku „Pulse“ vyberte položku „Hour“ (Hodina), „Day“ (Deň) alebo „Week“ (Týždeň).



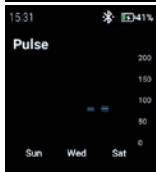
» Výberom položky „Hour“ (Hodina), „Day“ (Deň) alebo „Week“ (Týždeň) zobrazíte príslušné záznamy.



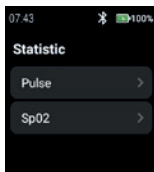
Pulse Hour



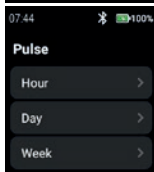
Pulse Day



Pulse Week

SpO₂

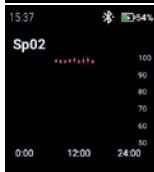
» Ťuknutím na položku „SpO₂“ vyberte položku „Hour“ (Hodina), „Day“ (Deň) alebo „Week“ (Týždeň).



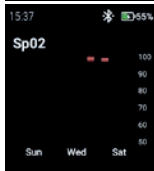
» Výberom položky „Hour“ (Hodina), „Day“ (Deň) alebo „Week“ (Týždeň) zobrazíte príslušné záznamy.



SpO₂ Hour



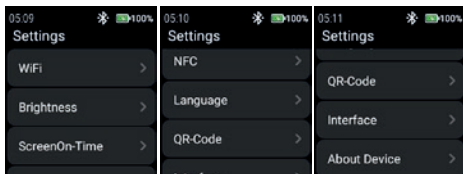
SpO₂ Day



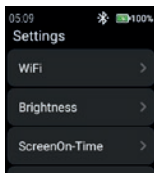
SpO₂ Week

SETTINGS

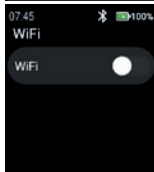
» Ťuknutím na položku „Settings“ (Nastavenia) vstúpte do ponuky nastavení.



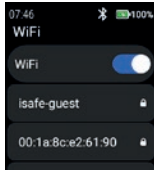
WiFi



» Klepnutím na „WiFi“ nastavíte pripojenie WiFi.



» Povoľte „WiFi“.



Zobrazia sa všetky dostupné siete WiFi.

» Vyberte vhodnú z nich a po výzve zadajte heslo.

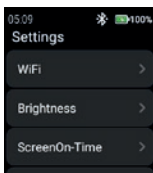
POZNÁMKA

Na vstup do siete WiFi je možné použiť funkciu NFC a zároveň použiť naprogramovaný NFC-TAG!

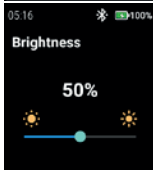


- » Zadajte heslo pre WiFi.
- » Potvrďte pomocou „Checkmark“.

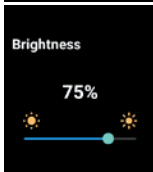
Brightness



- » Klepnutím na „Brightness“ (Jas) zmeníte úroveň jas displeja.



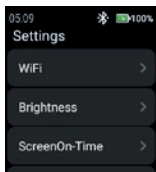
- » Ak chcete zmeniť úroveň jas displeja, posuňte ho doľava alebo doprava.



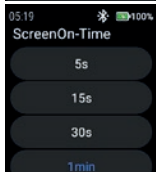
POZNÁMKA:

Vyšší jas displeja znamená vyššiu spotrebu batérie!

ScreenOn-Time



» Ťuknutím na položku „ScreenOn-Time“ nastavíte čas zapnutia obrazovky.

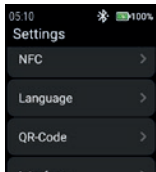


» Vyberte vhodný čas zapnutia obrazovky (5 s ... 5 min).

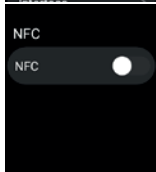
POZNÁMKA:

Vyšší čas zapnutia obrazovky znamená vyššiu spotrebu batérie!

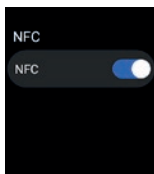
NFC



» Ťuknutím na položku „NFC“ zapnete/vypnete funkciu NFC.

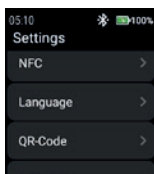


» Zapnite funkciu „NFC“.

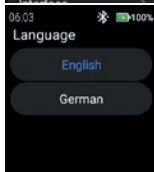


Funkcia NFC je zapnutá.

Language



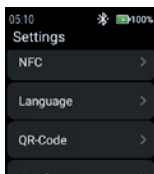
» Ťuknutím na položku „Language“ vyberte jazyk.



Inteligentné hodinky poskytujú 2 nastavenia jazyka.

» Vyberte si medzi „English“ a „German“.

QR-Code



» Klepnutím na „QR-Code“ zobrazíte QR kód.

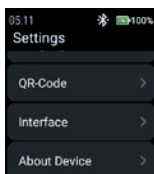


Zobrazí sa QR kód patriaci hodinkám na spárovanie so smartfónom.

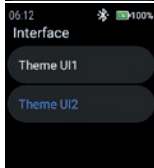
POZNÁMKA

Na spárovanie so smartfónom nainštalujte do smartfónu aplikáciu i.safe CONNECT (dostupná v obchode Google Play).

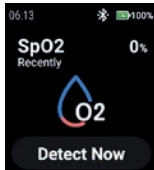
Interface



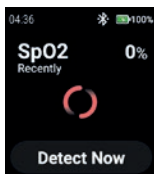
» Klepnutím na „Interface“ (Rozhranie) zmeníte vzhľad ikon menu hodínok.



» Vyberte medzi „Theme UI1“ a „Theme UI2“.

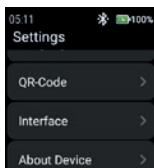


Theme UI1



Theme UI2

About Device



» Klepnutím na „About device“ (O zariadení) zobrazíte informácie o názve hodinek, modeli, názve Bluetooth, verzii softvéru, sériovom čísle, MAC-adrese Bluetooth a WiFi a možnosť nastaviť hodinky späť do továrenského nastavenia.

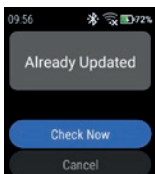
Vyberateľné možnosti: „SW Version“ a „Factory reset“.



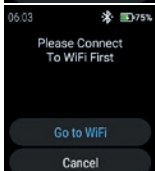
SW Version



» Ťuknutím na položku „SW Version“ skontrolujte, či sú k dispozícii aktualizácie.



» Klepnutím na „Check Now“ (Skontrolovať teraz) spustíte kontrolu aktualizácií.



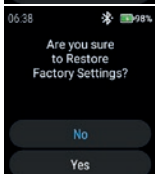
Ak hodinky nie sú pripojené k sieti WiFi, zobrazí sa výzva na pripojenie k sieti WiFi.

» Klepnite na „Go to WiFi“ (Prejsť na WiFi) a pokračujte podľa popisu v časti „Settings>WiFi“ (Nastavenia>WiFi).

Factory reset



» Klepnutím na „Factory reset“ (Obnovenie továrenských nastavení) nastavíte hodinky späť do továrenského nastavenia.



» Klepnutím na „Yes“ (Áno) obnovíte hodinky do továrenského nastavenia.

Hodinky vykonajú obnovenie továrenského nastavenia.

СРПСКИ

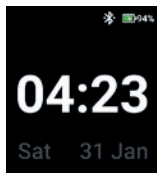
» ПРЕГЛЕД ЕКРАНА



» У зависности од тога где се налазите у менију, притисните тастер за укључивање (1) да бисте ушли на почетни екран/број сата или да бисте ушли у мени.

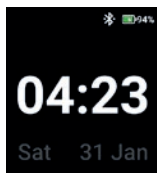
» Притисните бочни тастер удесно (2) да бисте се вратили на претходни екран.

» ПОЧЕТНИ ЕКРАН/БРОЈ САТА

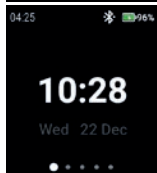


» Притисните тастер за укључивање да бисте ушли у почетни екран/број сата.

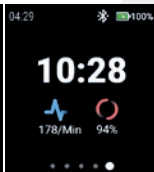
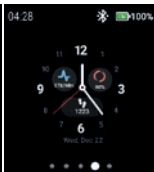
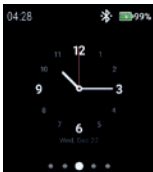
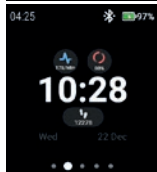
» ПРОМЕНЕТЕ БРОЈЧАНИКЕ



» Додирните и задржите на екрану.

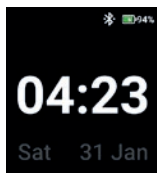


» Превуците здесна налево да бисте изабрали одговарајући бројчаник.

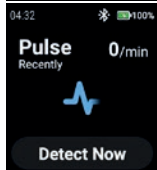


» Додирните бројчаник да бисте га изабрали.

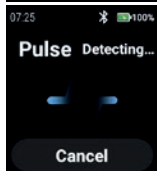
» ОТКРИВАЊЕ ПУЛСА (РУЧНО)



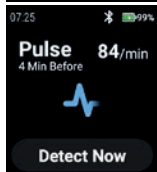
» Превуците с лева на десно.



» Додирните да бисте „Detect now“.

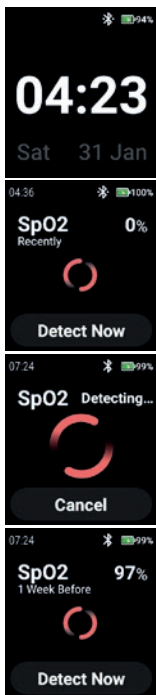


Детекција пулса



Тренутна вредност за пулс/мин је приказана у горњем десном углу.

» ОТКРИВАЊЕ SPO2 (РУЧНО)



» Превуците с десна на лево.

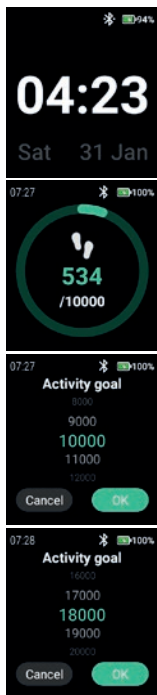
» Додирните да бисте „Detect now“.

SpO2 детекција

Тренутна вредност за SpO2 у % је приказана у горњем десном углу.

(нормалан случај 93 % ... 99 %)

» STEP COUNTER



» Превуците 2 пута здесна налево.

Приказани су тренутни кораци и тренутни изабрани циљ активности.

» Додирните екран да бисте поставили/променили циљ активности.

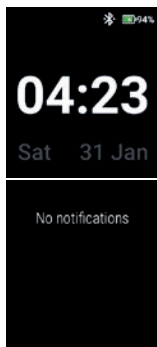
» Померите се горе/доле да бисте изабрали одговарајућу вредност.

» Потврдите са „ОК“.

БЕЛЕШКА

Избројани кораци се аутоматски бришу у поноћ!

> NOTIFICATIONS

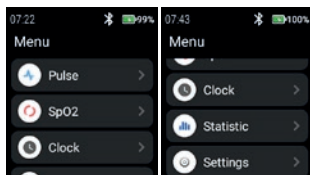


>> Превуците прстом од врха до дна.

Приказују се обавештења.

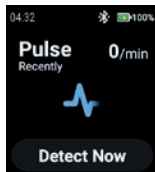
» MENU

» Притисните тастер за укључивање да бисте ушли у мени са следећим опцијама:



PULSE

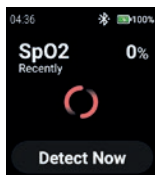
» Додирните „Pulse“ да бисте ушли у детекцију пулса.



Погледајте одељак „Откривање пулса (ручно)“.

SPO₂

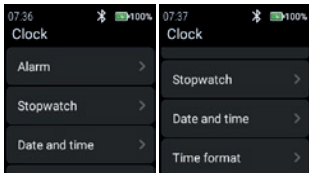
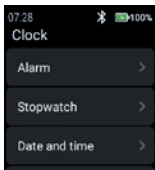
» Додирните „SpO2“ да бисте ушли у откривање SpO2.



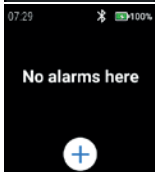
Погледајте одељак „Откривање SpO2 (ручно)“.

CLOCK

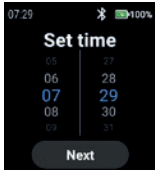
» Додирните „Clock“ да бисте ушли у мени Сат да бисте подесили аларм, да бисте покренули штоперицу, да бисте подесили датум и време и променили формат времена.

**Alarm**

» Додирните „Alarm“ да бисте подесили аларм.

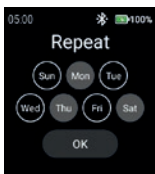


» Додирните „+“ да бисте поставили нови аларм.

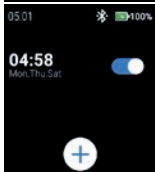


» Померајте горе/доле сати и минуте да бисте подесили одговарајуће време аларма.

» Потврдите са „Next“.

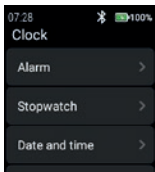


- » Изаберите дан(е) за понављање аларма.
- » Потврдите са „OK“.

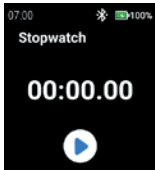


- » Омогућите/онемогућите аларм.

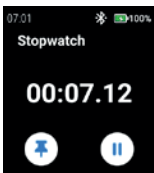
Stopwatch



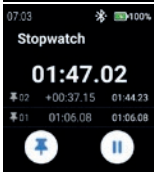
- » Додирните „Stopwatch“ да бисте отворили штоперицу.



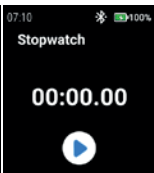
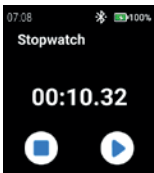
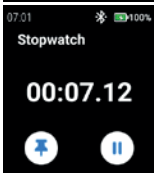
- » Додирните симбол „стрелица“ да бисте започели мерење времена.



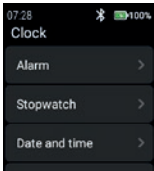
» Додирните симбол „пауза“ да бисте прекинули мерење времена.



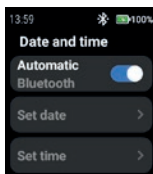
» Додирните симбол „игла за игла“ да бисте добили раздвојена времена.



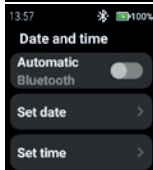
Date and time



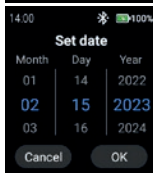
» Додирните „Date and time“ да бисте подесили датум и време.



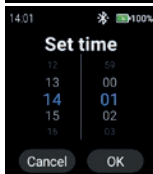
» Омогућите „Automatic“ да бисте користили временску ознаку мреже (WiFi (самостално)). Такође у вези са 2. уређајем (паметним телефоном).



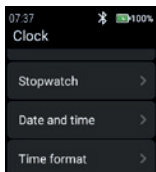
» Да бисте ручно унели датум и време, онемогућите „Automatic“ режим и додирните „Set date“/„Set time“.



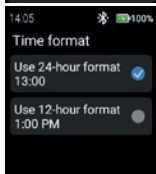
» Померите се горе/доле да бисте унели датум.
» Потврдите са „OK“.



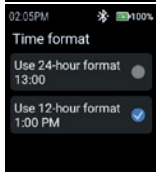
» Померите се горе/доле да бисте унели време.
» Потврдите са „OK“.

Time format

» Додирните „Time format“ да бисте избрали између 24-часовног и 12-часовног формата.



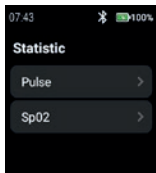
24-часовни формат



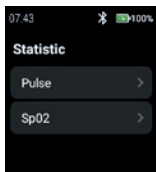
12-часовни формат

STATISTIC

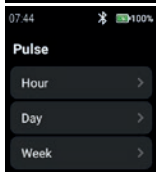
» Додирните „Statistic“ да бисте ушли у мени статистике.



Pulse



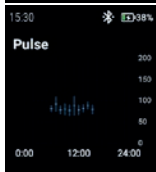
» Додирните „Pulse“ да бисте избрали „Hour“, „Day“ или „Week“.



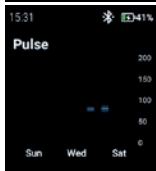
» Изаберите „Hour“, „Day“ или „Week“ да бисте приказали одговарајуће записе.



Pulse Hour

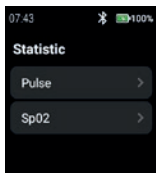


Pulse Day

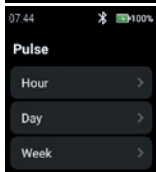


Pulse Week

SpO₂



» Додирните „SpO₂“ да бисте избрали „Hour“, „Day“ или „Week“.



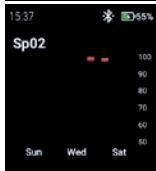
» Изаберите „Hour“, „Day“ или „Week“ да бисте приказали одговарајуће записе.



SpO₂ Hour



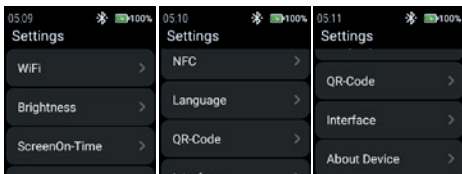
SpO₂ Day



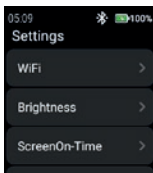
SpO₂ Week

SETTINGS

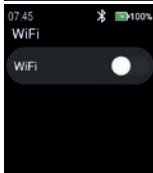
» Додирните „Settings“ да бисте ушли у мени подешавања.



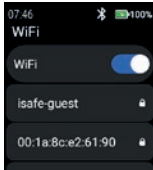
WiFi



» Додирните „WiFi“ да бисте подесили WiFi везу.



» Омогућите „WiFi“.

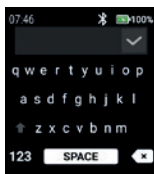


Приказане су све доступне WiFi мреже.

» Изаберите одговарајући и унесите лозинку када се то од вас затражи.

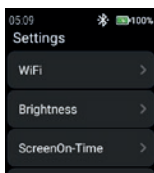
БЕЛЕШКА

Могуће је користити NFC функцију за улазак у WiFi док користите програмирани NFC-ТАГ!

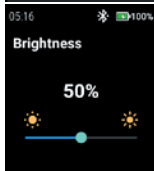


- » Унесите лозинку за WiFi.
- » Потврдите са „Цхецкмарк“.

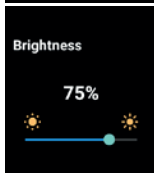
Brightness



- » Додирните „Brightness“ да бисте променили ниво осветљености екрана.



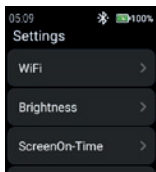
- » Да бисте променили ниво осветљености екрана, превуците налево или надесно.



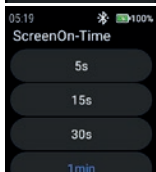
БЕЛЕШКА

Већа осветљеност екрана подразумева већу потрошњу батерије!

ScreenOn-Time



» Додирните „ScreenOn-Time“ да бисте подесили време укључења екрана.

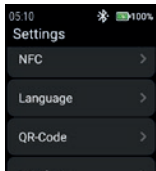


» Изаберите одговарајући екран на време (5 с ... 5 мин).

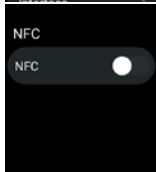
БЕЛЕШКА

Већи екран на време подразумева већу потрошњу батерије!

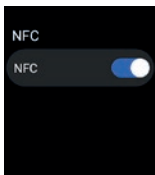
NFC



» Додирните „NFC“ да бисте укључили/искључили NFC функцију.

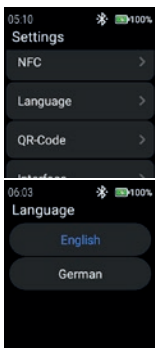


» Омогућите „NFC“.



NFC је укључен.

Language

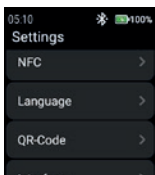


» Додирните „Language“ да бисте изабрали језик.

Паметни сат нуди 2 језичка подешавања.

» Изаберите између „English“ или „German“.

QR-Code



» Додирните „QR-Code“ да бисте приказали QR код.

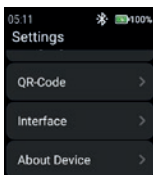


Приказује се QR код који припада сату за упаривање са паметним телефоном.

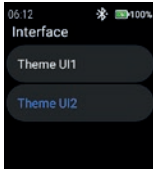
БЕЛЕШКА

За упаривање са паметним телефоном инсталирајте апликацију и сафе ЦОННЕЦТ (доступну у Гоогле Плаи продавници) на свом паметном телефону.

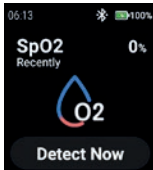
Interface



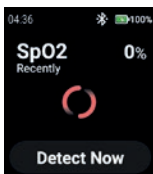
» Додирните „Interface“ да бисте променили изглед икона менија сата.



» Изаберите између „Тхеме УИ1“ и „Тхеме УИ2“.

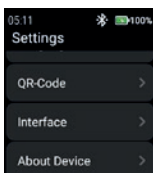


Theme UI1



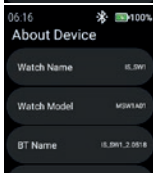
Theme UI2

About Device



» Додирните „About device“ да бисте приказали информације о називу сата, моделу, Блуеџоотх називу, верзији софтвера, серијском броју, Блуеџоотх и WiFi MAC адреси и могућности да се сат врати на фабричко стање.

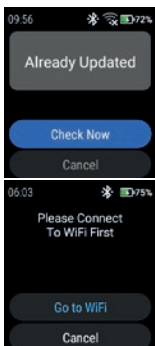
Опције које се могу изабрати: „SW Version“ и „Factory reset“



SW Version



» Додирните „SW Version“ да проверите да ли постоје ажурирања.

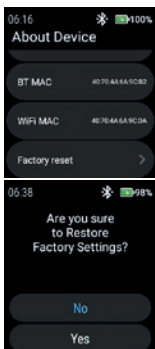


» Додирните „Check Now“ да започнете проверу ажурирања.

Ако сат није повезан на WiFi мрежу, од вас ће бити затражено да се повежете на WiFi.

» Додирните „Go to WiFi“ и наставите како је описано у одељку „Settings>WiFi“.

Factory reset



» Додирните „Factory reset“ да бисте сат вратили на фабричке вредности.

» Додирните „Yes“ да бисте сат вратили на фабричка подешавања.

Сат ће извршити ресетовање на фабричка подешавања.

한국어

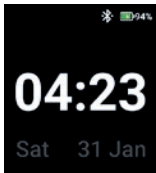
> 화면 개요



» 메뉴의 현재 위치에 따라 전원 키(1)를 눌러 시작 화면/시계 화면으로 들어가거나 메뉴로 들어갑니다.

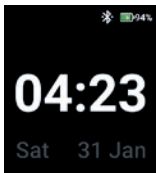
» 이전 화면으로 돌아가려면 오른쪽 사이드 키(2)를 누릅니다.

› 시작 화면/시계 페이스

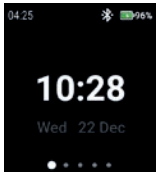


› 전원 키를 눌러 시작 화면/시계 모드로 들어갑니다.

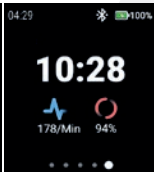
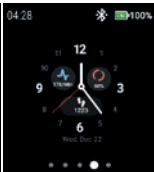
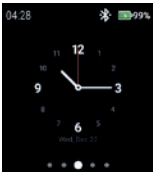
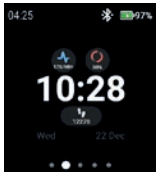
› 시계 페이스 변경하기



› 디스플레이를 길게 누릅니다.



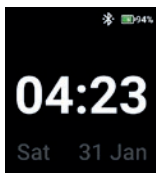
› 오른쪽에서 왼쪽으로 스와이프하여 적절한 시계 모드를 선택합니다.



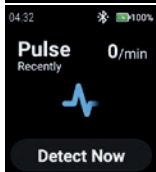
› 시계 페이스를 탭하여 선택합니다.

▶ 맥박 감지하기(수동)

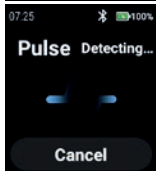
» 왼쪽에서 오른쪽으로 스와이프합니다.



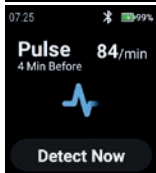
» 탭하여 „Detect now“를 누릅니다.



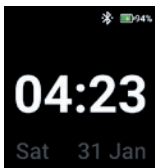
맥박 감지



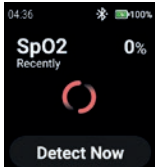
현재 맥박수/분 값이 오른쪽 상단에 표시됩니다.



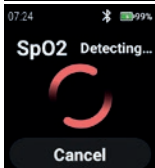
› SPO2 감지(수동)



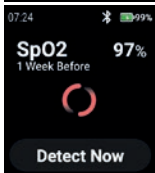
› 오른쪽에서 왼쪽으로 스와이프합니다.



› 을 눌러 „Detect now“를 누릅니다.



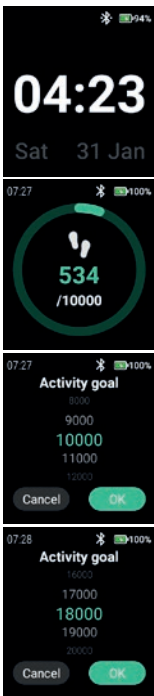
SpO2 감지



SpO2의 현재 값(%)이 오른쪽 상단에 표시됩니다.

(정상인 경우 93 % ... 99 %)

STEP COUNTER



» 오른쪽에서 왼쪽으로 두 번 스와이프합니다.

현재 걸음 수와 현재 선택한 활동 목표가 표시됩니다.

» 활동 목표를 설정/변경하려면 디스플레이를 누릅니다.

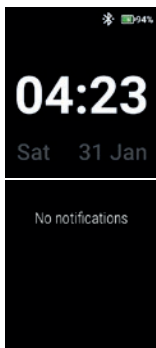
» 위/아래로 스크롤하여 적절한 값을 선택합니다.

» „OK“으로 확인합니다.

참고

계산된 걸음 수는 자정에 자동으로 삭제됩니다!

> NOTIFICATIONS

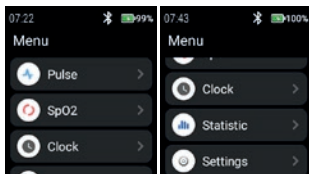


» 위에서 아래로 스와이프합니다.

알림이 표시됩니다.

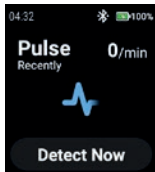
» MENU

» 전원 키를 눌러 다음 옵션이 있는 메뉴로 들어갑니다:



PULSE

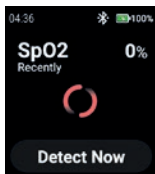
» „Pulse“를 탭하여 펄스 감지를 시작합니다.



맥박 감지하기(수동) 섹션을 참조하세요.

SpO₂

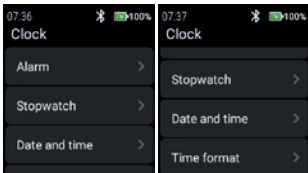
» SpO₂를 눌러 SpO₂ 감지로 들어갑니다.



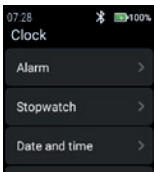
SpO2 감지(수동) 섹션을 참조하세요.

CLOCK

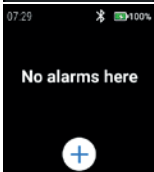
» Clock'를 탭하여 시계 메뉴로 들어가 알람을 설정하고, 스톱워치를 시작하고, 날짜와 시간을 설정하고, 시간 형식을 변경할 수 있습니다..



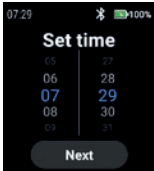
Alarm



» 알람을 설정하려면 „Alarm“을 탭합니다.

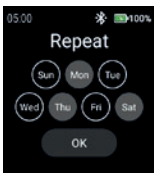


» 새 알람을 설정하려면 „+“를 탭합니다.

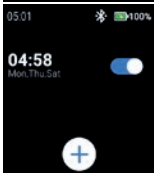


» 시/분을 위/아래로 스크롤하여 적절한 알람 시간을 설정합니다.

» „Next“으로 확인합니다.

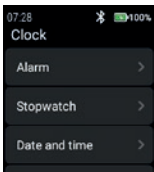


- » 알람을 반복할 요일을 선택합니다.
- » „OK“으로 확인합니다.

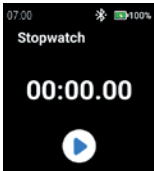


- » 알람을 활성화/비활성화합니다.

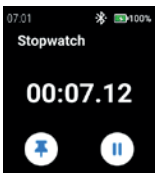
Stopwatch



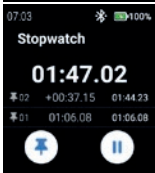
- » 스톱워치를 열려면 „Stopwatch“를 탭합니다.



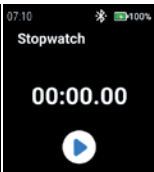
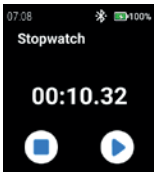
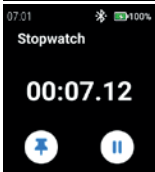
- » 화살표 기호를 탭하여 시간 측정을 시작합니다.



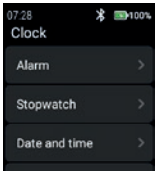
» 시간 측정을 중단하려면 „일시 중지“ 기호를 탭합니다.



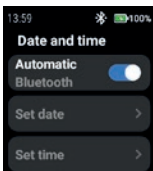
» 핀 바늘 기호를 탭하여 시간을 분할합니다.



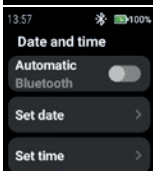
Date and time



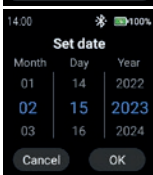
» 날짜와 시간을 설정하려면 „Date and time“을 탭합니다.



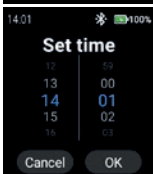
» 네트워크에서 제공하는 타임스탬프(Wi-Fi(독립형))를 사용하려면 „Automatic“을 활성화합니다. 또한 두 번째 장치(스마트폰)에 연결할 수도 있습니다.



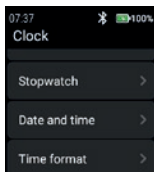
» 날짜와 시간을 수동으로 입력하려면 „Automatic“ 모드를 비활성화하고 „Set date“/“Set time“을 탭합니다.



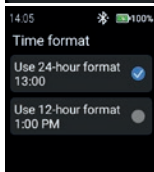
» 위/아래로 스크롤하여 날짜를 입력합니다.
 » „OK“으로 확인합니다.



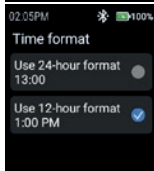
» 위/아래로 스크롤하여 시간을 입력합니다.
 » „OK“으로 확인합니다.

Time format

» „Time format“을 탭하여 24시간과 12시간 형식 중에서 선택합니다.



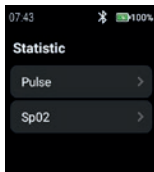
24시간 형식



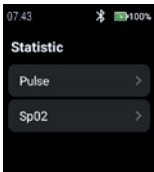
12시간 형식

STATISTIC

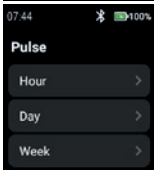
» „Statistic“를 탭하여 통계 메뉴로 들어갑니다.



Pulse



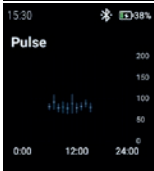
» Pulse를 탭하여 „Hour“, „Day“ 또는 „Week“를 선택합니다.



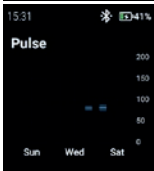
» „Hour“, „Day“ 또는 „Week“를 선택하면 적절한 기록이 표시됩니다.



Pulse Hour

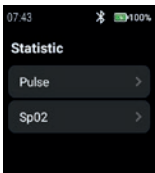


Pulse Day

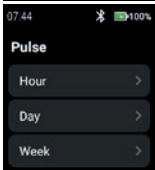


Pulse Week

SpO2



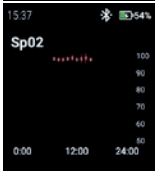
» SpO2 를 탭하여 „Hour“, „Day“ 또는 „Week“를 선택합니다.



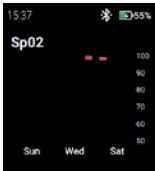
» „Hour“, „Day“ 또는 „Week“를 선택하면 적절한 기록이 표시됩니다.



SpO2 Hour



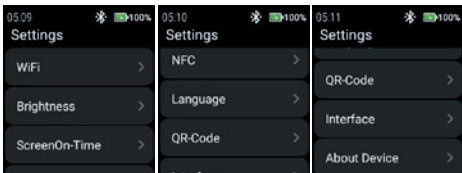
SpO2 Day



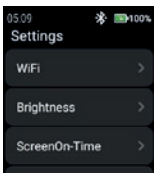
SpO2 Week

SETTINGS

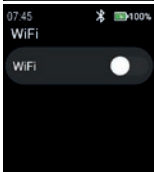
» Settings'을 탭하여 설정 메뉴로 들어갑니다.



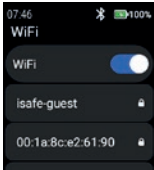
WiFi



» WiFi 연결을 설정하려면 „WiFi“를 탭합니다.



» WiFi를 활성화합니다.



사용 가능한 모든 WiFi 네트워크가 표시됩니다.

» 적절한 네트워크를 선택하고 메시지가 표시되면 비밀번호를 입력합니다.

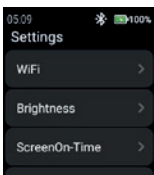
참고

프로그래밍 된 NFC 태그를 사용하는 동안 NFC 기능을 사용하여 WiFi에 들어갈 수 있습니다!

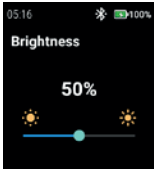


- » WiFi 비밀번호를 입력하세요.
- » 체크 표시로 확인합니다.

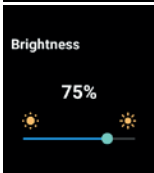
Brightness



- » 디스플레이 밝기 레벨을 변경하려면 „Brightness“를 탭하세요.



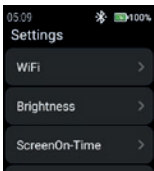
- » 디스플레이 밝기 레벨을 변경하려면 왼쪽 또는 오른쪽으로 슬라이드합니다.



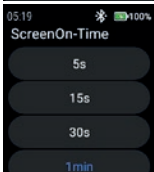
참고

디스플레이 밝기가 높을수록 배터리 소모량이 많아집니다!

ScreenOn-Time



» 화면 켜짐 시간을 설정하려면 „ScreenOn-Time“을 탭합니다.

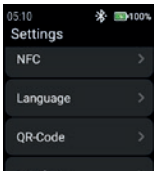


» 적절한 화면 켜짐 시간(5초 ~ 5분)을 선택합니다.

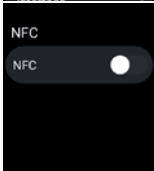
참고

화면 켜짐 시간이 길수록 배터리 소모량이 많아집니다!

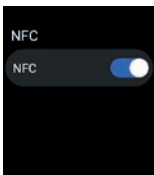
NFC



» NFC 기능을 켜거나 끄려면 „NFC“를 누르세요.

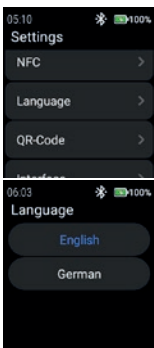


» NFC를 활성화합니다.



NFC가 켜집니다.

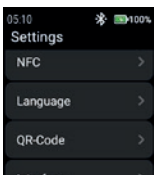
Language



» 언어를 선택하려면 „Language“를 누르세요.

스마트워치는 2가지 언어 설정을 제공합니다.
» „English“ 또는 „German“ 중에서 선택합니다.

QR-Code



» QR 코드를 표시하려면 „QR-Code“를 탭합니다.



스마트폰과 페어링하기 위한 시계에 속한 QR코드가 표시됩니다.

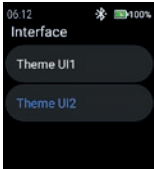
참고

스마트폰과 페어링하려면 스마트폰에 i.safe CONNECT 앱(Google Play 스토어에서 다운로드 가능)을 설치합니다.

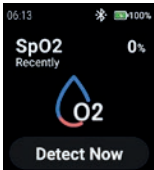
Interface



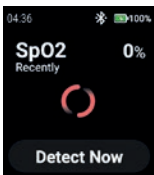
» 시계 메뉴 아이콘의 모양을 변경하려면 „Interface“를 탭합니다.



» 테마 UI1과 „테마 UI2“ 중에서 선택합니다.

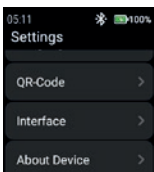


Theme UI1



Theme UI2

About Device



» „About device“를 탭하면 시계 이름, 모델, 블루투스 이름, 소프트웨어 버전, 일련 번호, 블루투스 및 WiFi MAC 주소, 시계를 공장 초기화할 수 있는 기능에 대한 정보가 표시됩니다.

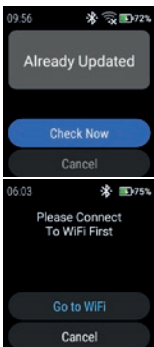
선택 가능한 옵션: „SW Version“ 및 „Factory reset“



SW Version



» „SW Version“을 탭하여 업데이트를 확인합니다.



» „Check Now“을 탭하여 업데이트 확인을 시작합니다.

시계가 WiFi 네트워크에 연결되어 있지 않으면 WiFi에 연결하라는 메시지가 표시됩니다.

» „Go to WiFi“을 탭하고 „Settings>WiFi“ 섹션에 설명된 대로 진행합니다.

Factory reset



» „Factory reset“를 탭하여 시계를 공장 초기화 상태로 되돌립니다.

» 시계를 공장 초기화하려면 „Yes“를 탭합니다.

시계가 공장 초기화를 수행합니다.

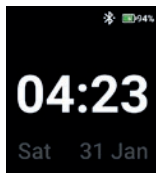
日本語

画面概要



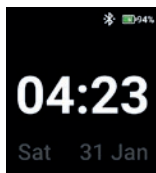
- » メニューの位置によって、電源キー(1)を押すと、スタート画面/ウォッチフェイスに入るか、メニューに入ることができます。
- » サイドキー右(2)を押すと、前の画面に戻ることができます。

スタート画面 / ウォッチフェイス

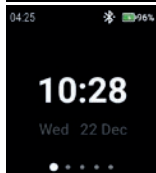


» 電源キーを押して、スタート画面 / ウォッチフェイスに入ります。

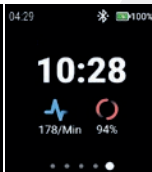
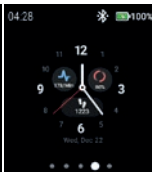
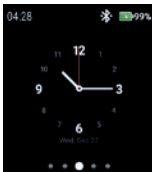
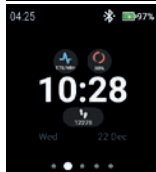
ウォッチフェイスを変更する



» タッチスクリーンをタップしたまま保持します。

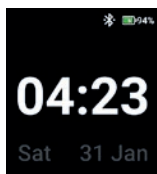


» 右から左へスワイプして、適切なウォッチフェイスを選択します。

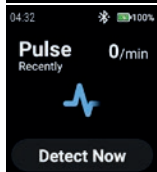


» ウォッチフェイスをタップして選択します。

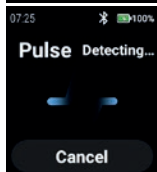
》脈拍を検出する (手動)



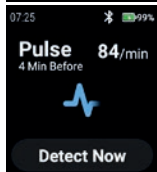
》左から右へスワイプします。



》を押して“Detect now”を押します。

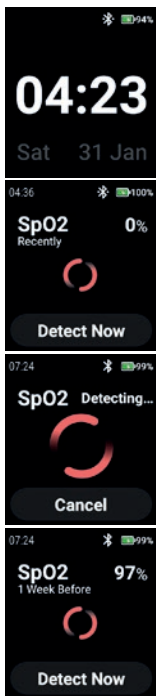


パルスを検出する



右上にpulse/minの現在値が表示されます。

› SPO2を検出する (手動)



› 右から左へスワイプします。

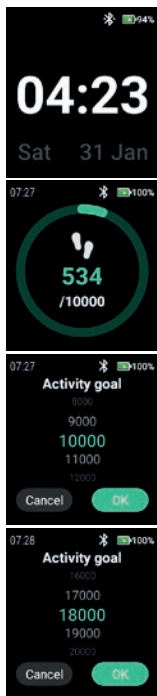
› を押して“Detect now”を押します。

SpO2検出中

右上にSpO2の現在値 (%) が表示されます。

(通常時 93 % ... 99 %)

》ステップカウンター



》 右から左へ2回スワイプします。

現在の歩数と現在選択されているアクティビティ目標が表示されます。

》 タッチスクリーンをタップして、アクティビティ目標を設定 / 変更します。

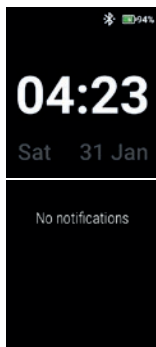
》 上下にスクロールして、適切な値を選択します。

》 OKで確認します。

注意

カウントされた歩数は深夜に自動で削除される!?

通知機能

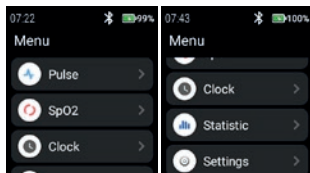


» 上から下へスワイプします。

お知らせが表示されます。

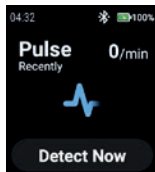
》メニュー

》Powerキーを押して、以下のオプションのあるメニューに入ります。



PULSE

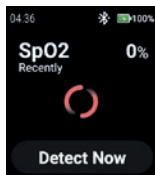
》“Pulse”をタップしてパルス検出を開始します。



脈拍を検出する(手動)“の項を参照してください。

SPO₂

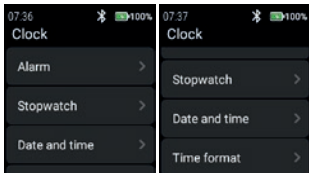
》“SpO₂”をタップすると、SpO₂検出に入ります。



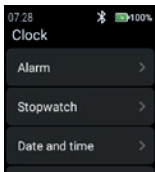
SpO₂を検出する(手動)“の項を参照ください。

CLOCK

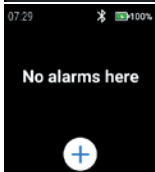
» “Clock”をタップして、時計メニューに入り、アラームを設定し、ストップウォッチを開始し、日付と時刻を設定し、時刻形式を変更します。



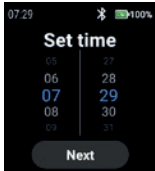
Alarm



» “Alarm” をタップして、アラームを設定します。

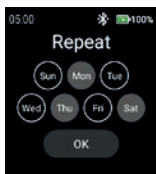


» をタップして、新しいアラームを設定します。

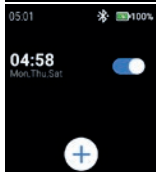


» 上下にスクロールして、適切なアラーム時刻を設定します。

» “Next”で確認します。

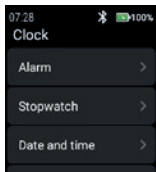


- » アラームを繰り返す曜日を選択します。
- » “OK”で確認します。

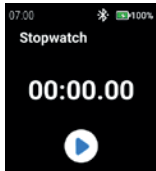


- » アラームの有効 / 無効を設定します。

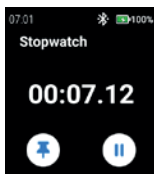
Stopwatch



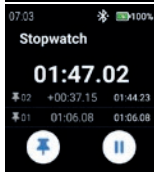
- » ストップウォッチを開くには、“Stopwatch”をタップします。



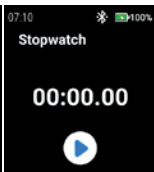
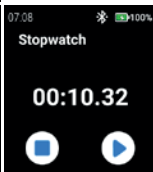
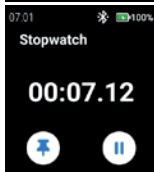
- » 矢印 „マーク”をタップすると、計測を開始します。



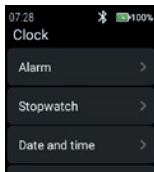
» 一時停止マークをタップすると、計測を中断することができません。



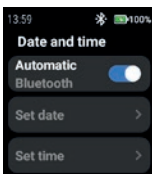
» ピンニードルマークをタップすると、スプリットタイムが表示されます。



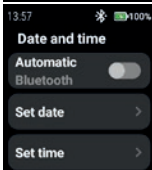
Date and time



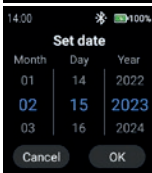
» 日付と時刻を設定するには、“Date and time”をタップします。



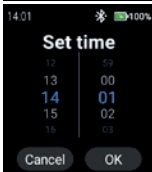
» ネットワークが提供するタイムスタンプ(Wi-Fi(スタンドアロン))を使用するには、“Automatic”を有効にします。また、2台目のデバイス(スマートフォン)に接続することもできます。



» 日付と時刻を手動で入力するには、“Automatic”モードを無効にして“Set date”/“Set time”をタップします。

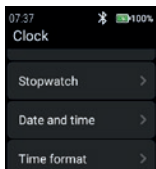


» 上下にスクロールして日付を入力します。
» “OK”で確認します。

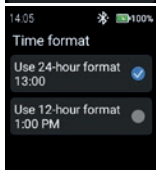


» 上下にスクロールして、時刻を入力します。
» “OK”で確認します。

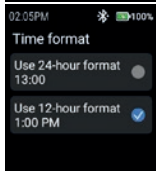
Time format



» 「Time format」をタップして、24時間形式と12時間形式から選択します。



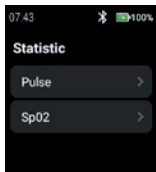
24時間表示



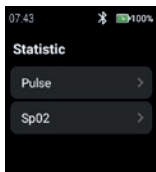
12時間フォーマット

STATISTIC

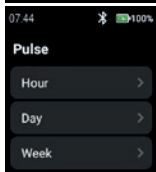
» 「Statistic」をタップすると、統計メニューに入ります。



Pulse



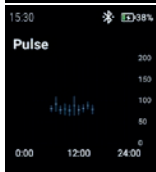
» 「Pulse」をタップして「Hour」、「Day」または「Week」を選択します。



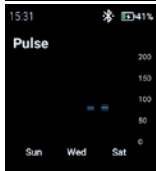
» 「Hour」、「Day」、または「Week」を選択すると、適切な記録が表示されます。



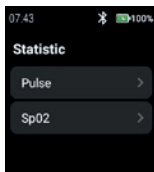
Pulse Hour



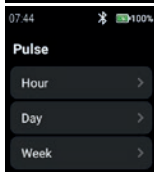
Pulse Day



Pulse Week

SpO₂

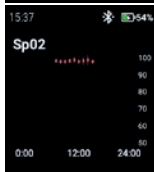
» SpO₂ をタップして “Hour”、“Day” または “Week” を選択します。



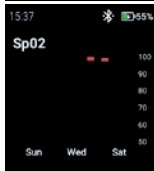
» “Hour”、“Day”、または“Week”を選択すると、適切な記録が表示されます。



SpO₂ Hour



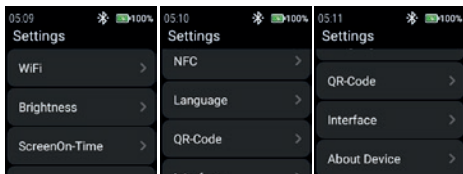
SpO₂ Day



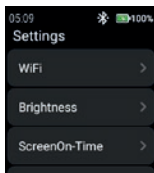
SpO₂ Week

SETTINGS

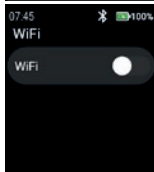
» “Settings”をタップして、設定メニューに入ります。



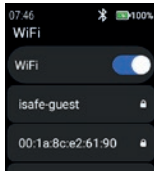
WiFi



» “WiFi”をタップして、WiFi接続を設定します。



» “WiFi”を有効にする。



利用可能なすべてのWiFiネットワークが表示されます。

» 適切なネットワークを選択し、プロンプトが表示されたらパスワードを入力します。

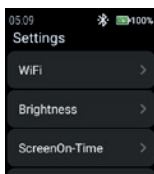
注意

プログラムされたNFC-TAGを使用しながら、NFC機能を使ってWiFiに入ることが可能です。

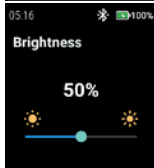


- » WiFiのパスワードを入力します。
- » チェックマークで確認します。

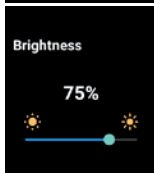
Brightness



- » "Brightness"をタップして、タッチパネルの明るさのレベルを変更します。



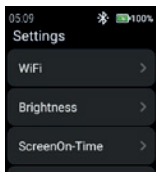
- » タッチスクリーンの明るさのレベルを変更するには、左または右にスライドします。



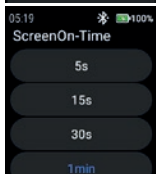
注意

タッチパネルの輝度が高いとバッテリー消費が増える！？

ScreenOn-Time



» 「ScreenOn-Time」をタップして、ScreenOn-Timeを設定します。

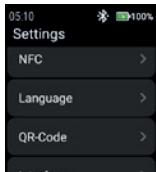


» 適切なスクリーンオンタイム (5秒~5分) を選択します。

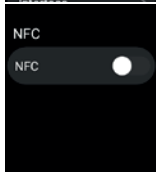
注意

画面点灯時間が長いと、電池の消費量が増える

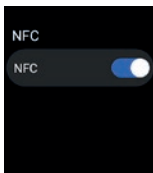
NFC



» 「NFC」をタップして、NFC機能のオン/オフを切り替えます。

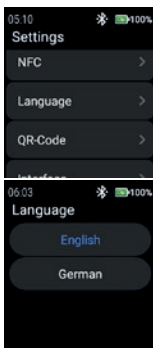


» 「NFC」を有効にする。



NFCがオンになります。

Language

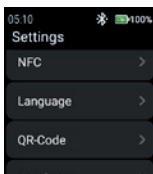


» “Language”をタップして、言語を選択します。

スマートウォッチでは、2つの言語設定が可能です。

» “English”または“German”のどちらかを選択してください。

QR-Code



» “QR-Code”をタップすると、QRコードが表示されます。

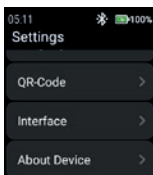


スマートフォンとペアリングするために、時計が持っているQRコードが表示されます。

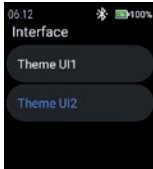
注意

スマートフォンとのペアリングは、スマートフォンに“i.safe CONNECT”アプリ (Google Play Storeで入手可能) をインストールしてください。

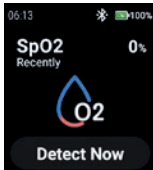
Interface



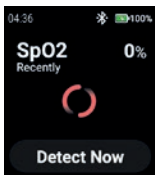
» “Interface”をタップすると、時計のメニューアイコンの外観を変更することができます。



» “Theme UI1”と“Theme UI2”から選択します。

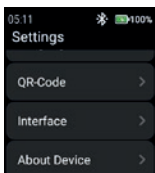


Theme UI1



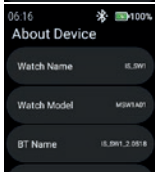
Theme UI2

About Device



» “About device”をタップすると、時計の名前、モデル、Bluetooth名、ソフトウェアバージョン、シリアル番号、Bluetooth & WiFi MAC-address、および時計を工場出荷状態に戻すことができる情報が表示されます。

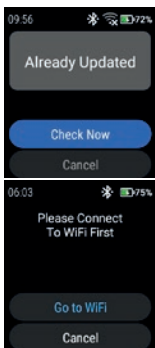
選択可能なオプション。“SW Version”と “Factory reset”



SW Version



» “SW Version”をタップして、アップデートの有無を確認します。

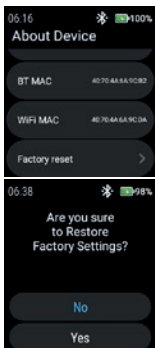


» 「Check Now」をタップすると、アップデートのチェックが開始されます。

時計がWiFiネットワークに接続されていない場合、WiFiへの接続を促すメッセージが表示されます。

» 「Go to WiFi」をタップし、「Settings>WiFi」の項と同様に操作してください。

Factory reset



» 工場出荷時の状態に戻すには、「Factory reset」をタップしてください。

» 「Yes」をタップして、ウォッチを工場出荷状態に戻します。

時計が工場出荷時の状態にリセットされます。

中国

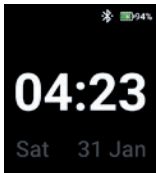
» 屏幕概览



» 根据你在菜单中的位置, 按电源键 (1) 进入开始屏幕/手表面或进入菜单。

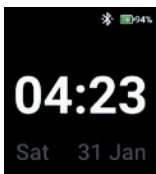
» 按侧键右键 (2) 回到前一个屏幕。

» 开始屏幕/手表面

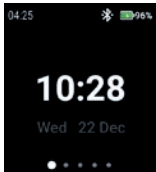


» 按电源键，进入开始屏幕/手表面。

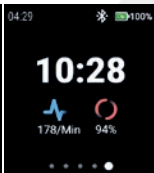
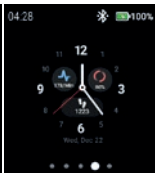
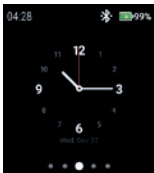
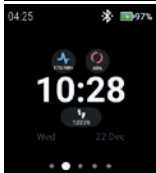
» 更换手表面孔



» 点击并按住显示屏。

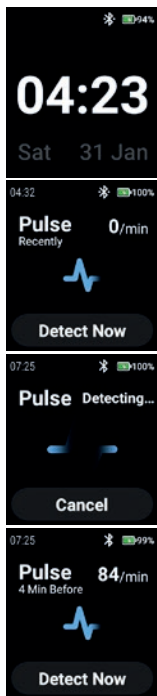


» 从右到左滑动，选择一个合适的手表面。



» 轻敲手表面孔以选择它。

› 检测脉冲 (手动)



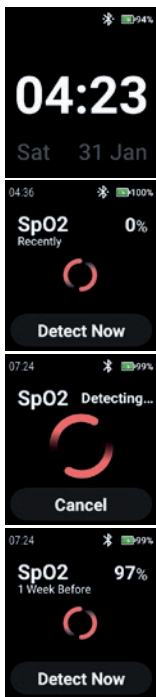
›› 从左至右轻扫。

›› 点选“Detect now”。

脉冲检测

脉搏/分钟的当前值显示在右上方。

› 检测SpO2 (手动)



›› 从右到左轻扫。

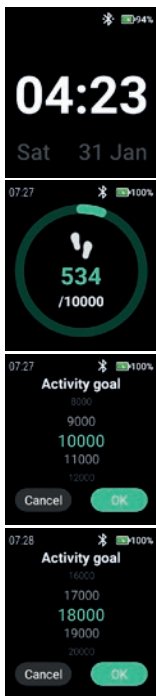
›› 点选“Detect now”。

检测SpO2

右上方显示SpO2的当前值，单位为%。

(正常情况下为93% ... 99%)

STEP COUNTER



» 从右到左滑动2次。

显示当前步数和当前选定的活动目标。

» 点击显示以设置/改变活动目标。

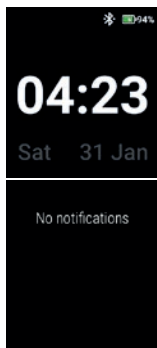
» 向上/向下滚动以选择适当的值。

» 用“OK”确认。

注意

计数的步数会在午夜时分自动删除!

> NOTIFICATIONS

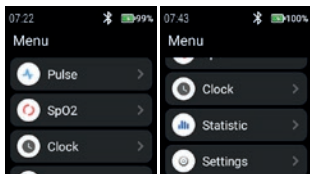


» 从上到下轻扫。

通知就会显示出来。

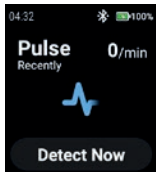
» MENU

» 按电源键进入菜单, 有以下选项。



PULSE

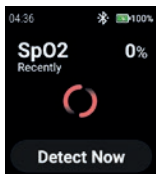
» 点 "Pulse" 进入脉冲检测。



见 "检测脉冲 (手动)" 一节。

SPO₂

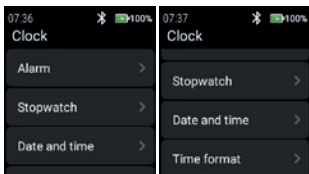
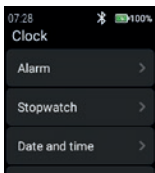
» 点 "SpO2" 进入SpO2检测。



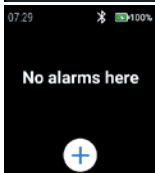
请参阅 "检测SpO2 (手动)" 一节。

CLOCK

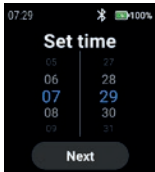
» 点 "Clock" 进入时钟菜单, 设置闹钟, 启动秒表, 设置日期和时间以及改变时间格式。

**Alarm**

» 点 "Alarm" 设置一个闹钟。

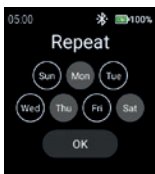


» 点 "+" 来设置一个新的闹钟。

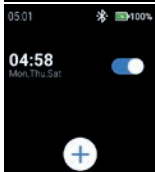


» 向上/向下滚动小时和分钟来设置一个合适的闹钟时间。

» 用 "Next" 确认。

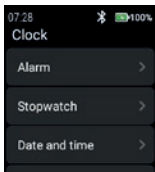


- » 选择要重复闹钟的日子。
- » 用 "OK" 确认。

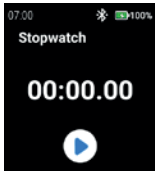


- » 启用/停用闹钟。

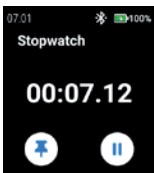
Stopwatch



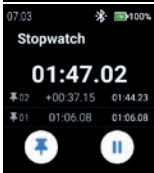
- » 点 "Stopwatch" 打开秒表。



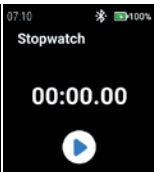
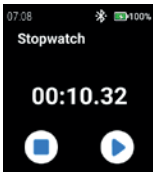
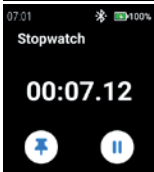
- » 点 "箭头" 符号, 开始时间测量。



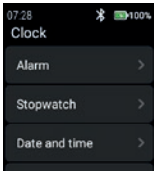
»点 "pause" 符号, 中断时间测量。



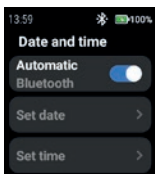
»点 "针" 符号, 可获得分割时间。



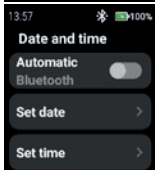
Date and time



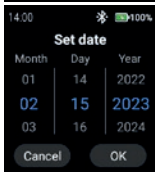
»点 "Date and time" 来设置日期和时间。



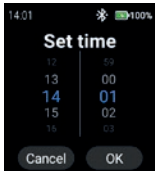
» 启用 "Automatic" 以使用网络提供的时间戳 (Wi-Fi (独立))。在与第二台设备 (智能手机) 连接时也是如此。



» 要手动输入日期和时间, 禁用 "Automatic" 模式, 并点击 "Set date"/"Set time"。

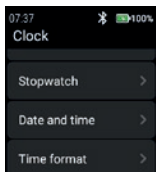


» 向上/向下滚动以输入日期。
» 用 "OK" 确认。

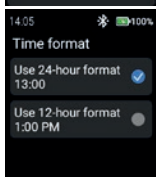


» 向上/向下滚动以输入时间。
» 用 "OK" 确认。

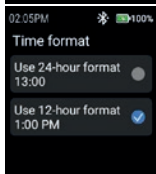
Time format



» 点 "Time format" 选择24小时和12小时格式。



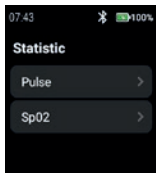
24小时制



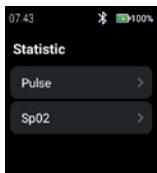
12小时格式

STATISTIC

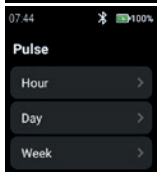
» 点 "Statistic", 进入统计菜单。



Pulse



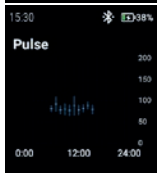
» 点 "Pulse" 来选择 "Hour"、"Day" 或 "Week"。



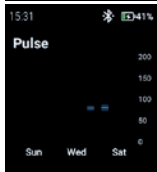
» 选择 "Hour"、"Day" 或 "Week" 后, 将显示相应的历史记录。



Pulse Hour

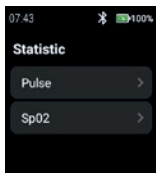


Pulse Day

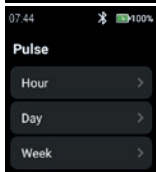


Pulse Week

SpO₂



» 点 "SpO₂"来选择 "Hour"、"Day"或 "Week"。



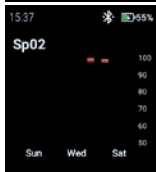
» 选择 "Hour"、"Day"或 "Week"后, 将显示相应的历史记录。



SpO₂ Hour



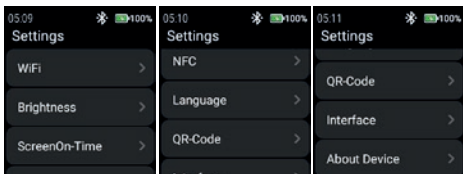
SpO₂ Day



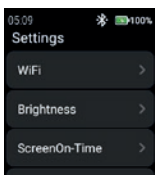
SpO₂ Week

SETTINGS

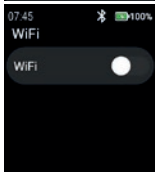
» 点击 "Settings", 进入设置菜单。



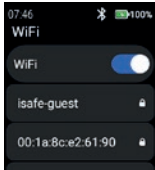
WiFi



» 点 "WiFi" 来设置WiFi连接。



» 启用 "WiFi"。



所有可用的WiFi网络都会显示出来。

» 选择合适的网络, 并在提示时输入密码。

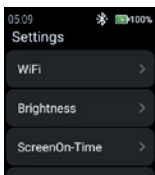
注意

在使用已编程的NFC-TAG时, 可以使用NFC功能来进入WiFi!

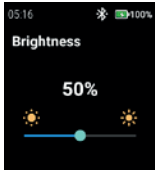


- » 输入WiFi的密码。
- » 用“复选标记”确认。

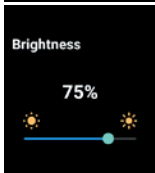
Brightness



- » 点击“Brightness”来改变显示屏的亮度水平。

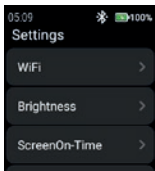


- » 要改变显示亮度的水平，请向左或向右滑动。

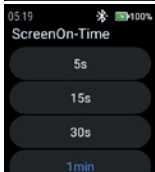


注意
更高的显示亮度意味着更高的电池消耗!

ScreenOn-Time



» 点击 "ScreenOn-Time" 来设置开屏时间。

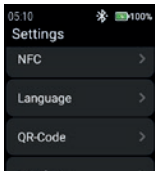


» 选择适当的开屏时间 (5秒...5分钟)。

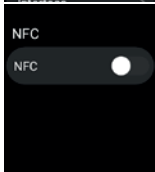
注意

更高的开屏时间意味着更高的电池消耗!

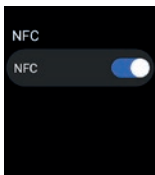
NFC



» 点 "NFC" 打开/关闭NFC功能。

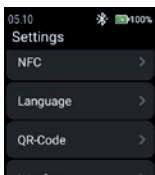


» 启用 "NFC"。

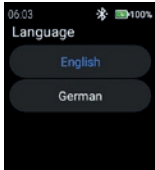


NFC被打开。

Language



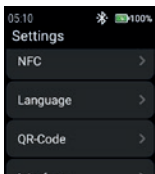
» 点 "Language" 选择语言。



该智能手表提供两种语言设置。

» 选择 "English" 或 "German"。

QR-Code



» 点击 "QR-Code", 显示QR码。

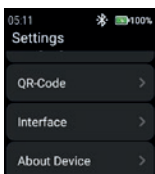


显示属于手表的 QR 码, 用于与智能手机配对。

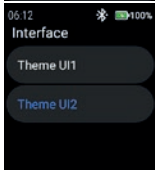
注意

为了与智能手机配对, 请在您的智能手机上安装i.safe CONNECT应用程序 (可在Google Play商店找到)。

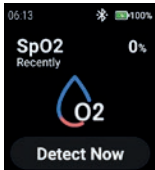
Interface



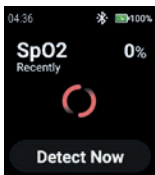
» 点击 "Interface" 来改变手表菜单图标的外观。



» 在 "Theme UI1 "和 "Theme UI2 "之间进行选择。

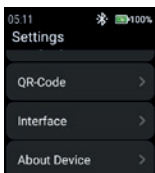


Theme UI1



Theme UI2

About Device



» 点击 "About device" 显示有关手表名称、型号、蓝牙名称、软件版本、序列号、蓝牙和WiFi MAC地址的信息，以及将手表恢复到出厂状态的可能性。

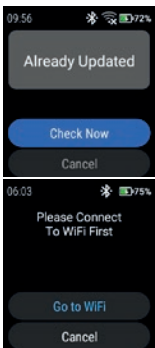
可选择的选项。"SW Version"和 "Factory reset"



SW Version



» 点 "SW Version" 来检查更新。

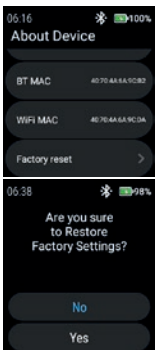


» 点 "Check Now" 开始检查更新。

如果手表没有连接到WiFi网络，系统会提示您连接到WiFi。

» 点 "Go to WiFi" 并按照 "Settings>WiFi" 部分的描述进行。

Factory reset



» 点 "Factory reset"，将手表设置为出厂状态。

» 点 "Yes"，将手表重置为出厂状态。

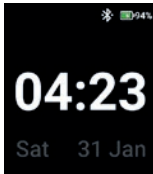
手表将执行出厂重置。



- بناء على مكان وجودك في القائمة ، اضغط على مفتاح التشغيل (1) للدخول إلى شاشة البدء / وجه الساعة أو للدخول إلى القائمة.
- اضغط على المفتاح الجانبي الأيمن (2) للعودة إلى الشاشة السابقة.

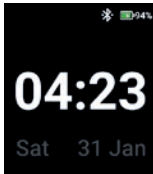
تعامسلا هوجو / تشارشلا ادب

- اضغظ على مفتاح التشغيل للدخول إلى شاشة البدء / وجه الساعة.

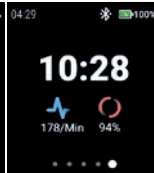
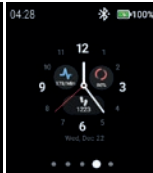
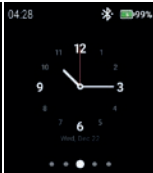
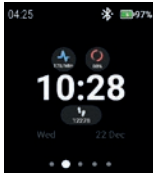
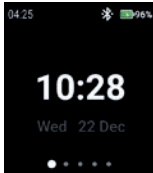


تعامسلا هوجو ري ريغت

- اضغظ مع الاستمرار على الشاشة.



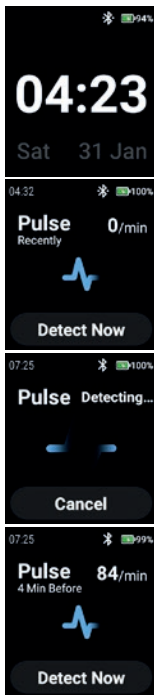
- اسحب من اليمين إلى اليسار لتحديد وجه الساعة المناسب.



اضغظ على وجه الساعة لتحديده.

كشف النبض (بدويًا)

- انتقد من اليسار إلى اليمين.



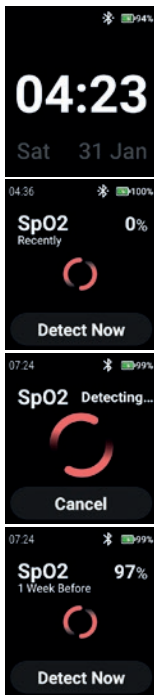
- انقر على „Detect now“.

- كشف النبض

- يتم عرض القيمة الحالية للنبض / دقيقة أعلى اليمين.

الكشف عن SpO2 (بديويًا)

- انتقد من اليمين إلى اليسار.



- انقر على „Detect now.“

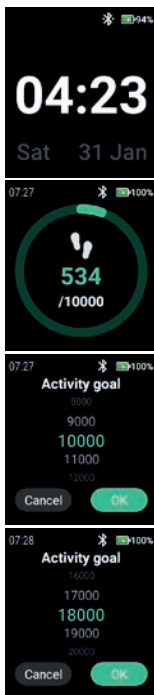
- الكشف عن SpO2

يتم عرض القيمة الحالية لـ SpO2 في % أعلى اليمين.

(الحالة العادية %93 ... %99)

STEP COUNTER

- انتقد x 2 من اليمين إلى اليسار.

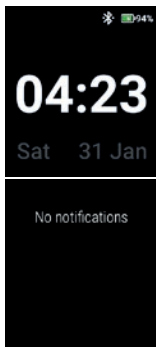


يتم عرض الخطوات الحالية وهدف النشاط المحدد الحالي.
- انقر فوق العرض لتعيين / تغيير هدف النشاط.

- قم بالتمرير لأعلى / لأسفل لتحديد القيمة المناسبة.

- أكد بـ "OK".

ملحوظة
يتم حذف الخطوات المعودة في منتصف الليل تلقائيًا!



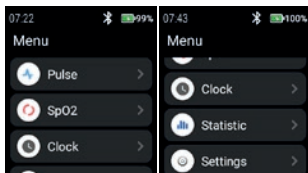
NOTIFICATIONS

- انتقد من أعلى إلى أسفل.

- يتم عرض الإخطارات.

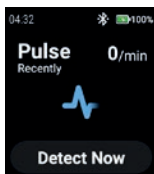
MENU

- اضغط على مفتاح التشغيل للدخول إلى القائمة بالخيارات التالية:



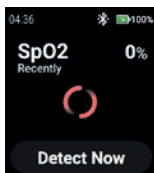
PULSE

- اضغط على „Pulse” للدخول في اكتشاف النبض.
راجع قسم „كشف النبض (يدويًا)”.



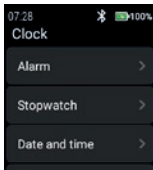
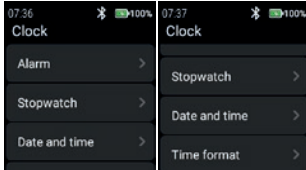
SPO₂

- اضغط على „SpO₂” للدخول في الكشف عن SpO₂.
راجع قسم „الكشف عن SpO₂ (يدويًا)”.

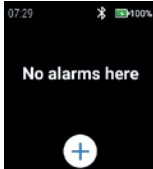


CLOCK

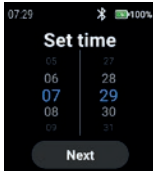
- اضغط على „Clock“ للدخول إلى قائمة الساعة لضبط المنبه ، وبدء ساعة الإيقاف ، وضبط التاريخ والوقت ولتغيير تنسيق الوقت.



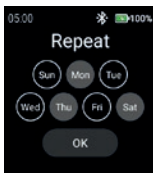
- اضغط على „Alarm“ لضبط المنبه.



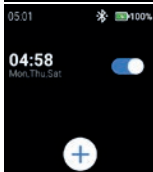
- اضغط على „+“ لتعيين منبه جديد.



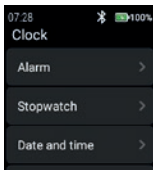
- قم بالتمرير لأعلى / لأسفل في الساعات والدقائق لتعيين وقت التنبيه المناسب.
- أكد مع „Next“.



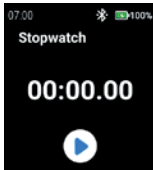
- حدد يوماً لتكرار التنبيه.
- أكد بـ,,OK".



- تمكين / تعطيل المنبه.

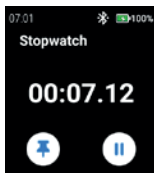


Stopwatch
- اضغط على ,,Stopwatch" لفتح ساعة الإيقاف.

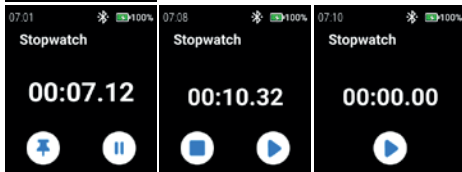
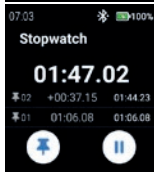


- اضغط على ,,السهم" - رمز لبدء قياس الوقت.

- اضغط على ,,إيقاف مؤقت" -رمز لمقاطعة قياس الوقت.

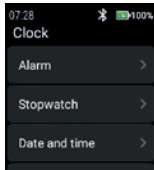


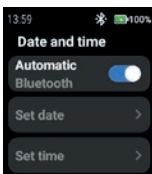
- انقر على رمز ,,إبرة الدبوس" للحصول على أوقات الانقسام.



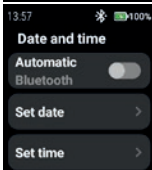
Date and time

- اضغط على ,,Date and time" لتعيين التاريخ والوقت.

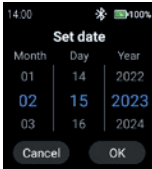




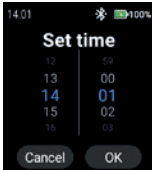
- مكن "Automatic" لاستخدام الطابع الزمني المقدم من الشبكة (Wi-Fi (مستقل)). أيضا فيما يتعلق بجهاز ثانٍ (هاتف ذكي).



- لإدخال التاريخ والوقت يدويًا ، قم بتعطيل الوضع "Automatic" وانقر على "Set date"/"Set time".



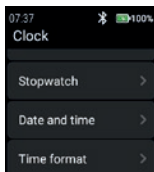
- قم بالتمرير لأعلى / لأسفل لإدخال التاريخ.
- أكد بـ "OK".



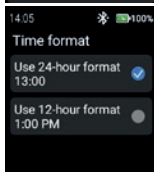
- قم بالتمرير لأعلى / لأسفل لإدخال الوقت.
- أكد بـ "OK".

Time format

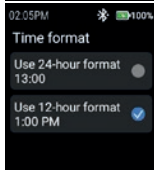
- انقر على „Time format“ للاختيار بين تنسيق 24 ساعة و 12 ساعة.



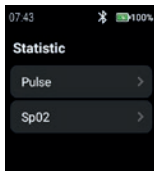
تنسيق 24 ساعة

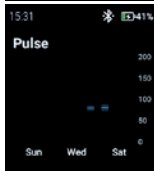
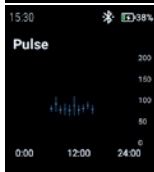
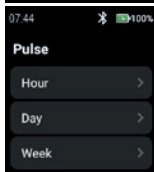
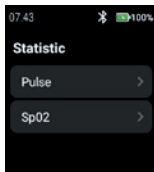


تنسيق 12 ساعة

**STATISTIC**

- اضغط على „Statistic“ للدخول إلى القائمة الإحصائية.





Pulse

- اضغط على „Pulse“ لاختيار „Hour“، أو „Day“، أو „Week“،

- حدد „Hour“، أو „Day“، أو „Week“، لعرض السجلات المناسبة.

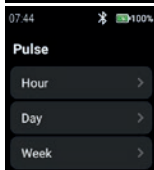
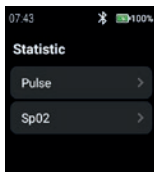
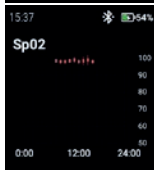
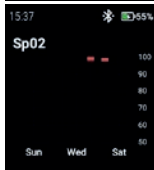
Pulse Hour

Pulse Day

Pulse Week

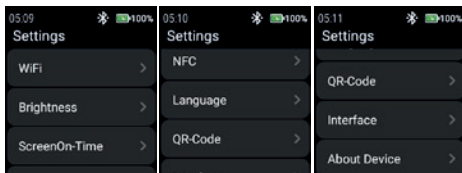
SpO₂

- اضغط على ,, SpO₂“ لاختيار ,, Hour,, أو ,, Day,, أو ,, Week,,

SpO₂ HourSpO₂ DaySpO₂ Week

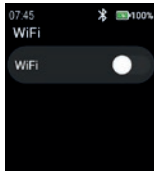
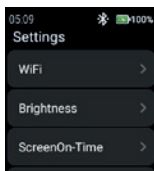
SETTINGS

- اضغط على "Settings" للدخول إلى قائمة الإعدادات.

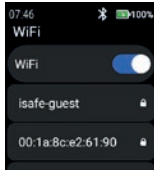


WiFi

- انقر على "WiFi" لإعداد اتصال WiFi.



- تمكين "WiFi".

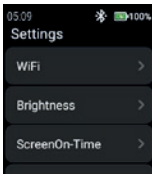


يتم عرض جميع شبكات WiFi المتاحة.
- حدد واحدًا مناسبًا وأدخل كلمة المرور عندما يُطلب منك ذلك.

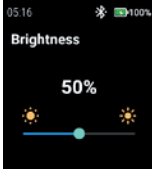
ملحوظة
من الممكن استخدام ميزة NFC للدخول إلى WiFi أثناء استخدام NFC-TAG المبرمج!



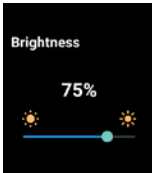
- أدخل كلمة المرور لشبكة WiFi.
- قم بالتأكد باستخدام "Checkmark".



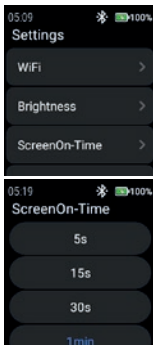
Brightness
- اضغط على "Brightness" لتغيير مستوى سطوع الشاشة.



- لتغيير مستوى سطوع الشاشة ، مرر إلى اليسار أو اليمين.



ملحوظة
ارتفاع سطوع الشاشة يعني زيادة استهلاك البطارية!



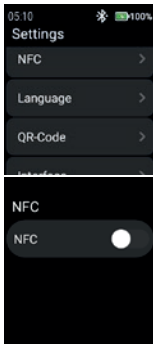
ScreenOn-Time

- اضغط على ,,ScreenOn-Time" لتعيين ScreenOn-Time.

- حدد الشاشة المناسبة في الوقت المحدد (5 ثوانٍ ... 5 دقائق).

ملحوظة

شاشة أعلى في الوقت المحدد تعني استهلاكاً أعلى للبطارية!

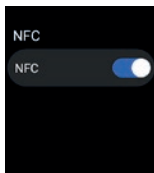


NFC

- اضغط على ,,NFC" لتشغيل / إيقاف ميزة NFC.

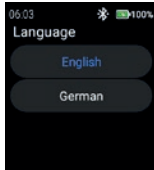
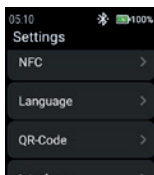
- تفعيل ,,NFC."

- تم تشغيل NFC.



Language

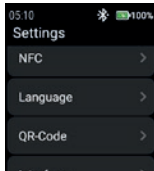
- اضغط على „Language“ لتحديد اللغة.



- توفر الساعة الذكية إعدادين للغة.
- اختر بين „English“ أو „German“.

QR-Code

- اضغط على „QR-Code“ لعرض رمز الاستجابة السريعة.





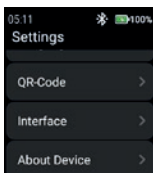
يتم عرض رمز QR الخاص بالساعة للاقتران بالهاتف الذكي.

ملحوظة

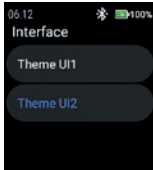
للاقتران بالهاتف الذكي ، قم بتنصيب تطبيق i.safe CONNECT (المتوفر في متجر Google Play) على هاتفك الذكي.

Interface

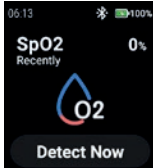
- انقر على „Interface” لتغيير مظهر رموز قائمة المشاهدة.

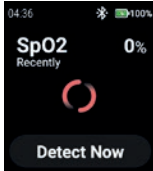


- حدد بين „Theme UI1” و „Theme UI2”.



Theme UI1

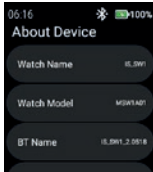
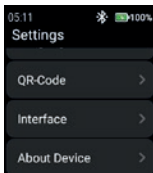




About Device

- انقر على "About device," لعرض معلومات حول اسم الساعة والطرز واسم البلوتوث وإصدار البرنامج والرقم التسلسلي وعنوان MAC الخاص بالبلوتوث والواي فاي وإمكانية إعادة الساعة إلى المصنع.

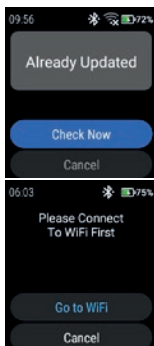
الخيارات القابلة للتحديد: "SW Version," و "Factory reset,"



SW Version

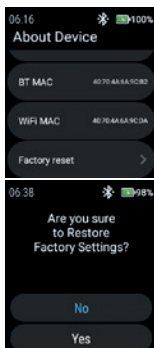
- انقر على "SW Version," للتحقق من وجود تحديثات.





- انقر على „Check Now” لبدء البحث عن التحديثات.

إذا لم تكن الساعة متصلة بشبكة WiFi ، فيُطلب منك الاتصال بشبكة WiFi .
- انقر على „Go to WiFi” وتابع كما هو موضح في قسم „Settings> WiFi”.



Factory reset

- انقر على „Factory reset.” لإعادة الساعة إلى المصنع.

- انقر على „Yes.” لإعادة ضبط الساعة إلى المصنع.

ستجري الساعة إعادة ضبط المصنع.



WWW.ISAFE-MOBILE.COM